~7th October 1996~

Good evening.

(general greetings)

Thank you once more for each joining together, in this meeting place. Let us give thanks to that Great Creative Force, to which we all belong. Thanks once more for joining together in service and in Love. I say to you all, let your hearts be open this time—let in that love which surrounds you all this time, let yourselves feel the upliftment and the closeness of those who come to you. For all these things, we give our thanks.

This time I would ask that you allow those who are near to come close, after I have spoken to you.

Les: Certainly.

So we will begin with your questions please.

Les: Yes I think I should ask if anybody else has a question they would like to put to you.

George: Perhaps I could ask a question about language in between-worlds communication. We have spirits who come through who have had life in other countries and sometimes they appear to be helped with our language, sometimes language seems quite automatic. Can you tell us something of this?

Yes I understand your question. Firstly let me say that all communications are based on the level of the communicator and receiver. This is of the utmost importance, because without the blending of the energies, there can be no communication. There has to be a raising of the vibration on your earthly plane, as there has to be a lowering from our side of life. Therefore those from our world, always will seek the one who blends closely with them; language does not matter, only in so much as the words are necessary for you peoples in this world. Without the language of words, communication with you peoples are difficult. So shall we take an example of one who is fluent in many languages, whilst walking your earthly plane? When that one passes to our side of life, then communication creates no problems, as far as the earthly language goes. You understand? George: Yes.

The problems arise when you have who has left this earthly plane, with only one knowledge of one language. Let us take your own as an example. You would only understand a communicator who would speak to you with your own words, unless you were able to use other languages. So in our side of life, you have to understand that it is not just one communicator, but a group of peoples who are working. So the best way of communication is chosen; the communicator himself will choose the vehicle, because of the blending. But sometimes we have people, that you know as 'gate keepers,' who will take charge, who will be fed information from others. That is because their energies are more subtle and blend more easily, do you follow me? (Yes—) You see dear friend, language in our world is not a problem, it is only when we wish to return, that we need to use words. So all help is available to those who need to speak in foreign tongues. I know it is something discussed in your world as to why shall we take an example, why one of a foreign tongue, should choose a British medium, who cannot understand the language. It is the blending of the vibrations, which are important. After all, you belong to the one school of spirit, you understand?

George: Yes, thank you.

It is not a problem in our side of life, but I know many peoples reflect upon it here. What does it matter after all, if the evidence is given and accepted. What does it matter who gives the information, who speaks in the tongue of knowledge, provided it is accepted and the Truth is known? It is not so important then, you understand?

<u>Les:</u> Yes, that is the main thing isn't it, the Truth of the communication.

Yes, if the evidence is accepted, it is given with Love, accepted with Love, then all barriers of language are dissolved; it is not a great concern. George: Yes thank you.

Les: Anybody else? If not I have a question.

Sarah: I do have one quick question: We were told that our illnesses are caused by dis-ease within ourselves. Small children who get say leukaemia, are the children really causing it themselves or are they coming back to perhaps suffer for something they did in a previous life?

I have to say, remember that illnesses are so varied, so when we speak of young children, of

course their lifespan upon this earthly plane, is too short for them to have caused illness. So in the main I have to tell you, it is something which has carried over from previous time.

Sarah: Right, thank you.

Les: Right, if I might put a question following on our talk about souls, it's been known through the years, that there have been many cases of 'doubles' appearing on the Earth. Recently there have been more verified instances of people literally facing a replica of themselves. The other day somebody asked me if I had a double, because they had seen me in their town, even to this type of glasses being worn. And that set me thinking, that if those people are in fact doubles, are two parts of that soul existing here together, for a specific reason and would their spiritual development be parallel, because having chosen different parents as you have told us, they would therefore have different characteristics, which would prevent them from being doubles, and yet that doesn't seem to apply and this puzzles me. Yes I understand your question dear friend. When you speak of 'doubles,' in the sense that you have described, of course they cannot be. They are two separate souls, with similarities similarities with human likeness, that is all. And there are many of those within your world, but they do not belong to the same soul aspect. The only time you can have true doubles, and I understand what you say and I relate to you the only true double is a part of your spirit being, which can exist apart from you. If you so wished, you can leave this physical being, allow the spiritual aspect, which is a 'double'—as you have used the word, I will continue to use. That double can travel much distance and be seen elsewhere—that is a true double. But the doubles you speak of, who belong to different parents, are not souls of the one.

Les: So it's really a coincidence?

If you wish to use the word, there are many peoples throughout your Earth plane. You have to remember that human beings have many characteristics which are similar. So it is not impossible that you can see two peoples who look alike, but be totally different. I speak now spiritually, I speak of the soul, not of the human characteristics.

<u>Les:</u> Quite, well this is what was puzzling me. But of course you can create your *double*, because when first I came to you all, I told you that there were many parts to you, as there are to all souls.

<u>Les:</u> What confused me was the fact that long ago you told us that soul-mates exist and their spiritual attraction takes effect, even though the physical may be quite dissimilar.

Yes, yes it is a misconception to assume that soul-mates are so similar that they must be alike, that is a total misconception, which travels your Earth plane and should be put to rest.

<u>Les:</u> Yes I remembered you telling us that and this is where the confusion in my mind arose about doubles. Well thank you very much for having clarified that.

But let me say one more thing to you: I am sure that some of you will be aware that on your Earth, people have seen peoples in front of them, when in fact they know they are somewhere far away. That is the *true double*, because it is the aspect of the soul which has left and gone forward, to another place. Now that truly is the double of the human aspect of the soul. You understand? (Yes—) I hope that clarifies it for you.

Les: Yes it certainly does. Thank you. George: Yes I could say that a particular known one, would be Sai Barber, who is a Master, who treads the Earth. I know he is particularly known to have appeared to people in different places. Yes, but let me tell you this my friend, that you do not need to be a Master, you all have these capabilities, I have told you this before, you all are spirit, therefore you are capable of all these things, but as in all aspects of your daily living, practice does make perfect. Sometimes it happens without your knowledge, when there is great distress, great love, great affinity between two peoples. This is a case of it happening without prior knowledge. So you see dear ones, you do not need to be a Master.

<u>Les:</u> You've answered a question before I put it, I was about to say, quoting only myself, if *my* spiritual double went somewhere for a specific purpose, would I as a physical being have knowledge of that—but you've just said no, it could happen without my knowing.

You do dear friend, you heal in your sleep; you do travel I assure you, but as of yet, are not aware of this aspect of yourself. Did you know I have been around you this day? Have you been aware of me?

Les: Yes I have.

Yes, well you see you are beginning. I say to you all, you grow much. Although our time spent together may seem some considerable time to you, in the element of time, it is but a blink of the eye. But in that time I see you all grow, I see your minds expand, I see your thoughts go forward, go upward and I see your questions become much more spiritual.

<u>Les:</u> It's very nice to know that we *are* progressing like that.

It is important that I tell you so, because I am grateful for the time that you devote to these evenings, to give your ear to listen to the Truth, to know that you will be emissaries of that Truth and that as each day continues, you grow and seek further; that indeed that spiritual aspect of yourselves, comes forward and shines brighter.

Les: Well we would like to thank you, for what you teach us, but you won't accept our thanks, so—

I ask not thanks, my thanks to you is being here with you. Without you, I could not spread the knowledge and the Truth that I bring. So for these times, my heart grows fuller with each meeting, my love for you grows, it enfolds you and gathers you to me. And for this I thank you all. I think just one more question this time, before we let you continue and if you feel you need to quietly discuss amongst yourselves, I will be happy for that, provided it is done quietly. Otherwise let those who stand close by and I tell you there are so many, too many to count, but the eagerness has to be put to one side, to allow them to join you.

<u>Les:</u> Thank you, any questions from anybody? <u>Jack</u>: Yes, just carrying on from the last thing, how do identical twins, where they look the same, act the same and appear to have a spiritual bond, how does that work?

Yes, we have discussed this before, but I will answer quickly for you. They are one soul, which in a sense has created the double, but created the double in two human personalities, but they belong to the one soul, that is why they are identical and inhabit the one egg in the mother, to be born as two personalities. Although in saying this, they are two different aspects of that one soul, do you follow?

<u>Jack:</u> I do indeed yes, thank you. **Does that answer your question?**

Jack: It does, thank you.

<u>Les:</u> We appreciate all that you have done again, I won't say 'thank you,' but you do go with our love once more.

I will leave you, but always know that I am with you.

All: Thank you.

There was then quite a long pause followed by an unexpected 'rescue' through Eileen, you may be able to listened to using this link:

http://www.salumetandfriends.org/resources/1996 10 07+rescue.s.mp3