

~24<sup>th</sup> June 1996~

Good evening.

(general greetings)

Thank you dear friends for gathering once more.

Les: It's a very great pleasure to be with you here.

Conditions this time, are not good. Therefore I will speak with you for a short time only.

Les: Is it anything we have done or not done that make the conditions not good?

No, it is *nothing* that you can change. I thank you for what you do each time. But the conditions surrounding us, are not as good as we would wish. Therefore, whilst we have the opportunity of speech, I will answer questions this time. But before we do, I wish to ask you that the next few meetings, that the instrument be left quietly, while I work with her. There will be others to speak to you, so it will not be quiet.

Les: I see, well we shall be very happy to go along with that and do whatever is wanted of us.

It is necessary sometimes, that we should work together in this way.

Les: Yes, I quite understand.

Now, do we have any questions?

Les: Yes I do actually. Last time you were here you spoke to us, very rewardingly, on the physical platitudes. There is a question I've been wanting to ask for some time. You have told us in the past, that when we come back to this life—which is done, not only on our own volition, but after consultation with councillors in your world—we know what we are coming to. I must confess this puzzles me. Does that expression mean that we are fully aware of the life we shall have when we come back here? Or are other conditions likely to interfere with what might happen, when we do come back? I ask this question, because I think we are all puzzled, as to why we should want to come back into a life, in a body that is perhaps *deformed*, not complete in some way, or suffering other traumas, which make life almost unbearable on Earth. This is, I'm sure a puzzle to us, as to why we should choose that. I understand that our choice is not physical, but is for the progress of the soul. But it still puzzles us, as to why we should choose that sort of life, with all its problems and complexities.

My dear friend, again we are speaking about difficult matters of your understanding. Of course each soul fully understands, what his task is about, before he reincarnates. Of course he

has put forward that aspect of the spirit, which is ready for growth, that aspect of the spirit that needs to go forward. Therefore let me say this to you: The soul knows *fully* what lies before him, in the lifetime to come. He *chooses*—we have spoken—he chooses what sex he will be, and I use the word '*he,*' loosely. He chooses which sex, he chooses which *people* he will return to as his *parents*, he will choose the *country* etc. What he is choosing, are *conditions*, which will place him in the most *apt* conditions, for the lessons he needs to learn. It is not for you to say, '*Why should the soul suffer?*' How can you say that? You cannot—you are speaking of physical conditions, which after all, is only one aspect of your living whilst on the Earth. There is so much more to the human being, other than physical conditions, the physical body, would you not agree?

Les: Yes, I would indeed.

Have you not seen examples upon your Earth, of people who you would term '*physically disabled,*' but who shine forth of the spirit.

Les: Yes, I have and I'm sure my friends have.

Yes, therefore we return again to the fact that you must not judge. You cannot judge my friend. You are thinking with your *physical brain* again.

**You cannot say that person is suffering, if ultimately, the soul has grown.**

Only when you return home, will you fully understand, what your lifetime has achieved. So often do we hear, '*Why do you suffer? Why do the children suffer?*' Always you feel it is an injustice. There cannot be injustice in a perfect existence. It is your *physical brain*, which puts these words together. I know you find it difficult. I have tried to simplify it, with simple words, but I cannot express enough, that you must move away, from this way of thinking.

Les: Yes, you have told us this before.

I know it is difficult, while you are entrapped within these *physical cloaks*. Always you must look to the wider scope of things—you must, if you are to begin to understand a little.

Les: Yes, I think we all know of a least one case, where a person is physically incapacitated to a great degree, nevertheless radiates cheerfulness, which is very apparent to those who go to visit him or her.

And that is the spirit within that shines forth. The physical impairments matter not to that soul, because they have fully accepted that that

is how they will grow in that lifetime. Whether they are aware of it or not, the *soul* understands.

Les: So it's the *soul* we have to think of.

**You *must* my friend, you must.**

Les: Even if we have no *physical memory* of what we have chosen to take on.

**Yes. I have to return again and say to you, that which I have stated to you in the past:**

**That each and every one of you, are responsible for any illness, that is created, whilst you are within these physical bodies.**

I know these words are hard to accept and so often we hear, '*But they were good people, why do they suffer?*' You cannot see what has gone on, within their minds. You cannot see the ***Thought Patterns***, which have created the **disease**. I do not mean, when I speak these words, that peoples are '*bad*'—no, they are *misguided* in their *thinking*. Have I not said to you, **THOUGHT** is the most powerful thing you possess?

Les: You have many times yes.

**Can you take *ANGER* as a thought? Can you see that if the '*ANGER THOUGHT*' is used daily, how destructive, it must be, in the time to come? It is the Power of the Thought, which you must control.**

Les: Yes, what you are saying is that if the person issues thoughts which are of anger, then the person is suffering because of those thoughts.

**Yes—*anger, resentment, fear*—there are so many things that you human beings suffer from. You do not always fully understand, that *what you think today, is your creation tomorrow*.**

**That is why it is so important that you change your *thought patterns*, to become *aware* of them. Can you understand?**

Les: Yes, I think you've given us all a great understanding, in what you've said.

**Let me give you an example: The child who is born and is resentful of returning—not the *soul* you understand, but the *physical birth*, the returning to these denser conditions, builds resentment, builds fear, builds anger. And so all of these things change the *finer patterns* within the physical body. After all, to remain *well*, all must be balanced. I know you understand this, but can you not see, that all these negative thoughts, are your creation tomorrow?**

Les: Yes, it's *cause and effect* again, as you have told us before.

**I cannot stress to you enough dear friends, how powerful the energy of thought is. You will never, whilst you tread this earthly plane, possess more power, than that of your thinking.**

**Has this helped a little, in your understanding?**

Les: I'm sure it has, it's helped us all I have no doubt. So, man's free will, does it come into it at all, in connection with what is chosen by us, in this life?

**Of course man's free will must be allowed, but it cannot alter the structure of what has been chosen. You can deviate from the pathway, but you cannot change it. You understand?**

Les: Yes, this does answer the problem I had in my own mind, as to whether it was man's interference, altering the predetermined existence, or whether the predetermined existence, was sacrosanct.

**You must always allow for man's *free will*. It is not a straightforward path that he walks, otherwise it would be too easy for him. That is not the purpose of your lives.**

Les: No, the basic *life pattern* remains unaltered, apart from the small deviations caused by man's free will?

**Man's free will can change and alter, but it does not alter what was planned. If he fails in his plan, then he must return again and perhaps again, until he has achieved what he desires. You understand me?**

Les: Yes I do.

**It seems complex, when it is put into physical words. But dear friends, when you return home, all will become simplified.**

Les: Good. Well thank you very much for what you have told us Salumet.

**Are you satisfied?**

Les: Yes I am, is everybody else satisfied with what has been said? Or any questions on it?

George: Yes, there is one that might connect. Some people—there are records of this, have dreamed their own death in advance. An example of this is the British Prime Minister, Spencer Percival. Now he dreamt that he would be shot by a man in a green coat, the next day. He was indeed shot the next day. It was an accident, he was not the intended victim. Would it be the

Higher self trying to give a warning, in a case like that?

**In what respect do you mean?**

George: An accident that would deviate away from the chosen life path.

**There are *no accidents*, dear friend. I do not like the term, 'accident.' If your term has come, then nothing will alter that. Can you see?**

George: Yes, I see. Would there be a reason for dreaming the end before it happens?

**We have spoken briefly I believe, if all *has always been* and *always will be*, then *past, present, future* coexists. I know this is a difficult topic also, but how can you see what is to happen, unless it is written there? You see, you cannot foresee what has not happened. We go into deep matters here, when we speak of past, present, future. All coexist. (Yes.) I do not feel that as a group, you are ready yet, for fuller explanations on this, but I am sure the time will come, when we can probe deeper into the subject. It is one subject that confuses and puzzles most of you humans. But he foresaw the event, because it was 'bound' to happen, if I could put it that way. You understand? So therefore you cannot term it 'accident.'**

George: Thank you.

Les: You said Salumet, that nothing can prevent us coming home, when the time is right. Now some time ago I got the information—I don't think it was from you—that if the predetermined time for death was hastened by an accident, causing them to leave earlier than had been planned, that soul would come over to you, but would be 'cocooned,' until the time came when it would have come to you, naturally.

**Yes, either the soul will be returned and sent back, or it will as you put it, be 'cocooned,' until such time as the return home was foreseen, if you like.**

Les: Yes, so death before it is planned, would be one of the deviations caused by man? (Yes.)

Thank you, that confirms what I was told.

**I hope it clarifies puzzlements in your minds.**

Les: Yes it does. It appeared to be contradictory at first, but now you've clarified it, thank you very much.

**I would say many things would seem to be contradictory; when you look into them, there is always explanations. (Yes—) Nothing would seem to be to your physical brains, to be so simple, but they *are*, when you are free from**

**this bondage of the physical overcoats. It *entraps* you all, it stunts your *growth*, shall we say—growth of spirit sometimes, when in fact, you should be looking further afield, wider, wider, wider.**

Les: You are certainly teaching us how to do that. If I can teach you all just one thing, one thing of acceptance, then indeed I am filled with joy.

Les: You certainly do that.

Sarah: Could I just clarify one point? When you say that the soul is 'sent back again,' do you mean it comes back then as somebody else? No—I must be quick with this one please—I must go. I am sure that some of you are aware of peoples, who have said they have died and returned; that is what I meant. They believe they have died, when in fact they have only temporarily been removed from the physical body. But you all know that you are attached, until there is a complete severance of the chord. You understand?

Sarah: Yes thank you.

**That is what I meant.**

Les: Well we know you must go now. I've had to alter our lighting arrangements a little. Are you quite comfortable with the light as it is?

**I am quite happy dear friend, it creates no problem and should there be any, of course I will let you know. But it has not created any, this time. I apologise that I cannot speak longer, but I must go.**

*I leave you all with my love, my blessing and the knowledge that I am ever near.*  
(general thanks)

Les: God be with you too.