

~22<sup>nd</sup> January 1996~

Good evening.

All: Good evening.

**I am happy to see so many here.**

Les: It is nice isn't it, to have them here once more.

**To place their daily living to one side, to join together for this meeting, I am grateful to you all. I encompass you all within my love and my blessings. I would like to speak a little of your daily lives. All of you, *all of you* in your daily lives, are as diverse as the stars in your skies. And this must be so, because you tread your own pathways. So to be gathered as one, is indeed a blessing upon you all. I would like to say to you all, my dear friends, that no matter what problems life brings to you, I ask you to *rise* above them, to keep within your hearts, the knowledge that life continues, that you will grow, that you will expand in consciousness, that all of you will meet again in times to come and still you will be as individual as you are now. But that will not—*(pause)* that will not prevent your coming together in another time. We have spoken a little upon this matter and I can tell you now that your future at some point, will be destined to be together to work for good. In saying these words, I don't necessarily mean, that it will occur upon this earthly plane. So remember my dear friends, these words I have spoken to you now and when once again you are joined together, then we can gather and give praise to that *Almighty Power*, who has all knowledge.**

Les: Does that mean that you again will be our tutor when we are together once more?

**My friend, once the connection is made, there cannot be a severance. I will not teach you, but you will know me.**

Les: Good, well that pleases us all. *(general agreement)*

**My teaching time is with you here, within this earthly realm. That is why it touches me so, that you all put your lives to one side, to allow us to gather together. I cannot express myself more fully, in telling you how much love you bring to me.**

Les: We are happy that you say that because I don't think I would be contradicted if I said that you are so part of us, that we can't imagine continuing without you.

**That is my endeavour in part, that all should feel that unity. We have indeed made many strides in that direction, whether you know it, or you do not, I can say to you, many steps have been gained.**

Les: That's very good news. I only wish that the feelings we have, each for the other and one for all, could be recorded, but that of course is impossible. It'd be wonderful of course if it were possible.

**It is recorded, as all things are, but not in the sense you mean. But these bonds can never be broken. Whether you leave and go separate directions, always there will be a bond that follows all of you, it cannot now be destroyed.**

Les: So it's ordained that we shall meet again at some time in that future?

**You will, and for the purpose of more work to come.**

Les: Good, I think I'm also right in saying, we're all pleased it won't be back on this Earth.

**Well, I will take that to mean, you will all be happy to come home. But I will tell you, do not anticipate it too soon.**

Les: No. *(little chuckle)*

**I know sometimes when days are dark, all of you wish for brighter/better futures. Can I tell you dear friends, your future will be bright. *(general thanks)* Take these lives as it comes, give praise to that Almighty Power, for all that you have been given—not only those things you consider to be good, but for the days of darkness and struggle, because then your soul is coming to the fore, is being strengthened, is doing work, which is innate to it's very being.**

**There is much coming to your earthly world. In time to come, you will see many changes, all around your world. There will be natural disasters, but there is coming a time of great love, within mankind. That is why we are gathering upon your Earth, at this time, to ensure that this time, Truth will come to many and that Truth will withstand all that is thrown within it's space. So be reassured, much goodness is coming to your Earth.**

Les: That's certainly very good news. It's what we are all hoping and working for.

**It may not be that it happens within some of your life spans, some of you within this room, will not see it happen, but be reassured that it is coming, for future generations.**

Les: That is the important thing.

Now I would say to you all this time, we have many here who would like to use others and I am sure that is acceptable to you. (*general agreement*) I say only, keep your hearts and your minds open to what is here, you truly could be surprised, if only you could leave yourselves open to us. (*general thanks*) If you have question, I will answer quickly for you.

Les: Yes thank you, I do have one I was hoping to ask last time, but you gave us so much information, I hadn't the heart to ask you to stay longer. Two ladies who come here for special development, have each been given gifts of crystals—white, coloured green, blue and gold. One lady has been told that she will use them much more than the other, but both have been given them, to assist with their development. A communicator speaking a little about the crystals said that the North American Indians, many hundreds of years ago, used to use crystals in the same way, but they sought them in the natural Earth and didn't bother to cut them or polish them, but they were still just as effective. What is the actual strength of the crystals and do they vary to any degree according to colour?

**We have spoken before about crystal healing. I did say at that time, that all of these things, are merely tools, towards what can be done by yourself. If it is felt necessary to use them, then by all means do. The crystal, as I told you previously, as all things upon your Earth have their own vibrations, so do these natural Earth crystals. What is happening in your time now, is that man is interfering with these natural elements of the Earth. He is digging them forth from your Earth, and in actual fact, is destroying some of the strength within the crystal, merely by excavating it from the Earth. Can you see?**

Les: Yes, thank you.

**But no matter, whether it be large, small or indifferent, each of these crystals, do retain part of the energy of the Earth, as do all things. I would say that the lady who has been advised to use them more, may do so safely. But I would advise that she allows her own guidance to do this with her naturally. You follow what I say?**

Les: Yes I do indeed thank you.

**It is much better that guidance is given, by her own helpers and guidance.**

Les: Yes I follow, thank you very much. I'll give that information to them.

As far as colours within the crystals go, you will not find any stronger than the pure clear crystal of the Earth. You see, when colour shows itself within crystal, it is almost a pillage of the stone, it has been robbed of *pure* energy. Are you following me?

Les: Yes I am, it's most interesting.

**Colours look very beautiful, but I would say the clarity and the clearness of pure crystal, has more energy within.**

Les: So the colours really are unimportant and it is better to stick to the pure crystal?

**That is why I say be guided by those who are doing the healing. Really the colours and the crystals are immaterial to the healing energies. After all, pure healing does not come from a small stone of the Earth.**

Les: No of course not. I've always been of the opinion that it was merely an adjunct and not really necessary.

**If it helps to focus upon the problem, if the one being used, the 'instrument,' and the person who desires the healing feels the benefit, feels the energy from it, then this can only be good. But I say to you, it is not necessary for good healing.**

Les: Thank you very much, you've confirmed what I thought actually.

**There is much on your Earth which is healing. I have told you before, to stand upon your ground with your feet bare and feel what is pure energy. You too can become a crystal. Can you see? The energy is from within the Earth, plus the energy you yourselves are. Nothing is a single unit, always I will teach you this. You cannot isolate one thing, you are *all* intermingled, whether it be with the Earth, whether it be without, within the regions of space. Can you see? You cannot be isolated.**

Les: Yes, and am I right in thinking that standing on the Earth as you suggested, feeling that energy or being aware of it, there is also energy coming from around and above, feeding back into the Earth?

**You are all *intermingled*, this *has* to be so, this *has* to be so. You cannot—what you take you must return. Can you see this? (*Yes.*) You spoke earlier of those known as Indians, who lived close to nature, as have so many other cultures in your world. They had the knowledge and the understanding that what is taken, must be given**

back—that it is *on loan*, I believe you would say, these days.

Les: Yes, but it is absolute truth, it is the law.

**Of course and this is why these peoples grew so in spirit, because their knowledge of the Earth, and all that sustained them in their daily living, they knew, *they knew* that this was TRUTH. That all around was that Divine Power, which they worshipped. You understand me?**

Les: Yes we do—fully.

**Now, I will say enough for this time.**

Les: Well thank you very much for what you've told us, it's enlightened all of us I'm sure. (*general agreement*)

**Now, let those who come, bring with them the love, give also yours to them and allow them to do and to use you as they will.**

*May the Great Creator of us all, travel with you on your journeys homeward.*

*May you be kept safe,  
may you be happy in all your endeavours,  
may you give love to your fellow man and  
may we all meet once more within the love  
of this room.*

Les: Certainly hope so, and our love goes with you again, God bless you.

*There then followed a communicator through Sue:*

**—everyone here knows someone who needs some help, some healing process. There is always someone known to someone who requires some healing of the spirit, regardless of the fact that they may not even be aware of it. But I say again to you, each one here, knows of someone who needs some help.**

Les: Yes I've know doubt you're absolutely right.

***We know of your healing clinics here and others in your Earth planes, but it is not essential, as I'm sure you realise, for people to come to your clinics.***

Les: No, we are quite aware of the power of absent healing, as we call it, spiritual thought being projected to those, even if they don't know it.

***So I would ask each one here please, to assist in the healing process, for those who require it.***

Les: Yes I'm sure everybody would be pleased to do that.

***I ask please, that each person, spends a little time at the end of their day, thinking of a particular person who needs help. I ask please,***

***that they sit quietly, or lie quietly; they can do this as they retire for the night. Think of this person, bathed in the healing colour, you understand?***

Les: Yes I do.

***Ask that the person by name, is surrounded with the healing colour and someone will hear and will do what they can to assist.***

Les: Thank you very much indeed.

***Can I also say, that this does not necessarily mean the person is suffering, from physical ailments, they can be ailments of the mind, which have no outward sign.***

Les: Quite, I understand what you mean and often him or herself doesn't know of it.

***I ask please that this is not done for once, but for a period of time. We do not expect you to remember perhaps every night. You all have busy times—but if you could surround these people with loving thoughts throughout different times of the day, this also helps in the healing process.***

Les: Thank you, I'm sure everyone here will be only too pleased to carry out those requests. (*general agreement*)

***And also, we are aware of the physical ailments of the sitters here, regardless of whether they are aware of them themselves.***

Les: I think we do accept without question that you know more about us, than we know about ourselves.

***We look after the people here, as they look after others.***

Les: Thank you very much for that, I appreciate it. (*general agreement*)

***And now, I leave you with my love and thank for the work you are doing on our behalf.***

Les: We thank you for having come and told us all that you have and I'm sure you won't be disappointed in the reaction you see here. (*faintly/very gently spoken*)—***I leave you—surround you and protect you all.***

*There then followed a brief communication through Jo, just to say that all instruments were back to normal now.*

*Then one came through Eileen, with a message for Sarah. She asked why the lady was not being used as a medium. Leslie then went over and helped Sarah to try to develop.*