

~30th October 1995~

It is good to be with you again.

Les: It's lovely to have you and before anything else, I want to thank you for a wonderful evening last week.

I know it has helped to sustain some of you, until we have met again.

Les: Yes, everybody thoroughly enjoyed the evening.

It will occur many times, because it is important that you all become as one.

Les: We were certainly well on the way last week to that and we were very, very pleased to have your two colleagues to finish off the evening, it was lovely to welcome them again.

I know that whoever comes, will receive your warmth and your welcome.

Les: Yes of course, you do know what happens without me having to tell you.

Now, before we have your questions, I want to say just something please: There are times in your lives when all seems dark, when life seems troublesome and we hear your cries, 'Why why, why?' I want to say I have been close by to one within this room, who has shed many tears. I will not indicate which one, they know, but I say to them, all things occur for a very, very good reason. If *only* you could accept those happenings within your lives and understand truly that you have been the instigator of those events, then life would seem so much simpler to you.

As doors close within your lives, let me reassure you that another opens for a much better reason. So do not hold on to your despair. By all means allow the tears to flow, but then release them, go forward, go onwards, because *all* is infinity.

I want you always to know this, I want you all to have the understanding of this greater being, who is part of your own being. Allow it to come to the fore and all of life's problems will become insignificant. You understand my words?

Les: Yes, it bares out what you have told us a number of times, that we must learn that we are basically spirit beings and the physical body here is of little importance to our development and it's interesting that yesterday evening we had some

people here, a lady who does give a lot of information, I have mentioned her before and we had to advise him, on the need to recognise the spiritual aspect of ourselves rather than the physical, because the gentleman was involved in one of the eternal triangle problems and was hoping to be told what to do. He was told what to do, but not in the way he was anticipating.

This is the hardest thing for you all to grasp, that you cannot have interference within this lifetime, within human frames, otherwise what will you learn? Nothing. If each step is placed before you, would not your pathway be too simple?

Les: Yes it would.

You *have* to learn your life's lessons, you *have* to fully understand and accept them, not as the physical problems as you see them, but as that growth of the *real* you, of that *spirit* of which you all are. That is what is important and this is what is so hard for you all to grasp.

Les: It certainly is hard and I know the gentleman to whom we were speaking last night, will find it so. But I have to explain the difference between the physical and the spiritual and of course in these matters, then the argument is constant and always unresolved, unless we accept the emphasis of the spiritual necessity.

There never will be harmony within your human lives, without that inner knowledge and spiritual faith, which you all have. You cannot have it, unless you reconcile each part of your beings, can you not see and understand this?

Les: Quite, I think we do understand it.

Even those of you within this room, whilst in the conditions of these meetings, of these spiritual happenings, all seems to be clear, but once you go your separate pathways, you go about your daily lives, sometimes these thoughts can go astray. It is natural, you are human, but you need to *train* yourselves within your daily lives, to know yourselves of who you truly are. Then and only then, will life become easier, happier and only then, when you know yourselves well, can you begin to go forward and give help to others.

Les: Yes unless we have learned fully, we shall never be in a position to help others, yes I can see that.

I have to say, I hear you say, we do try to help, but remember that spirit self knows more than the human brain. Whether your actions really

are true, whether indeed they come from that spiritual aspect of yourselves. Remember always, you cannot fool yourselves.

Les: That's true and again as we have discussed previously, it is motive that is more important than the action.

It is the reason behind the action yes. I have spoken long on this, but I wish to say, especially to those of you, who are finding life so difficult at this particular time:

Remember it is as a dream, it will become daylight, it will not last forever.

Les: Quite, it would do well for us to retain that constantly, it is difficult as you know as well as we do it is, but it's got to be accepted.

I do not wish to seem harsh in my remarks to you all, but I wish only to guide and to help you.

Les: We do appreciate that and we thank you for it, we know you are dealing in facts—we do understand that.

I want you all to become what you truly are, to recognise that being that shines forth amongst men. I want these things for you, whilst you tread this earthly plane. This I am trying to help you with.

Les: You certainly are and we do hope we are not disappointing you in our reactions to what you tell us. But you know I believe that we *are* trying.

That is what is important, that is what counts, if you do of your very best, what more can we ask of you?

Les: No, we can't say that such and such is going to be the end result of our being here, we can only aim for it and hope that we shall succeed, particularly with your guidance.

You are kind with your words, but I will accept them, thank you.

Les: And you know they're spoken with truth.

Now, let us have your questions.

Les: Right, questions anybody?

Dawn: Can I ask something? A little while ago I asked you about a limb for hind-quarter amputations and you said there wasn't one at the time and to look towards America for it. Do you think there's any sign of this coming yet in America?

I think you have to wait a little, but there is much development happening, not only within that country, but they will come forth *first*. But it is a joint effort with many countries around your world. There is one country in 'Europe' you say, called Germany? (*Yes.*) There are people there,

who are making great efforts, who are being guided in all aspects of work, not only that of which you ask, but there is one particular gentleman who is receiving inspiration. But it will come from the country you call America first. But it will come from around this Earth, not one place. It will come.

Dawn: Thank you.

Les: Any other questions? Debbie you received some information last week, concerning an approach to your brother? I don't know whether you would like to ask a question on that? Whether it was so, or whether you should act on it?

Debbie: Yes okay: Last week I felt I was in contact with the lady who used to own the house that we live in, in Guernsey. I felt like she was trying to give me a warning about some land that she was afraid would be built on, after the farmer died and I felt quite strongly that I had to advise my brother about this. Was this the right sort of feeling, or not?

Was it not told to you last time, to accept what came to you? Always we fear do we not, what comes to us, yes? Let me speak about the one you call brother. He is most sensitive, he would not reject what you tell him, but give me one moment please. (15 second pause) I have to tell you this land will be sold. You can forward what you feel, but it will be sold. The efforts made to stop it, cannot take place, it will eventually go, I hope this will help you to make your decision.

Debbie: Yes. Do we know when it will actually be built on?

That will be the reason why it will be sold, but there will be many problems arising from the sale of this land. I can tell you, there will not be houses built on this land, for much time to come, but there will be a sale of the land. Is this enough for you?

Debbie: Yes that's fine thank you. (*Good.*)

Les: Thank you very much for that, I know it's not within your normal province of teaching, but I did want the lady to have verification, because that is the first time that she has been used to that extent.

I have to contradict you there my friend, it is not the first time, it is the first time that she has verbally spoken of it. She has tended to reject what has come to her.

Les: Thank you very much, well I hope this will give her some assurance that what she gets is so.

That is why we wanted to work with *all* of you last time.

Les: Thank you very much. Are you happy with that Debbie? (*Yes thanks.*) Any other questions? Margaret, you've been wondering about your grandson in Hong Kong again, haven't you?

Margaret: Yes well Heather told me that I'm not to worry about him. Jette, (*A Kinesiologist friend*) gave my daughter-in-law some tablets and he was without them for 4 days and his character changed again, so she wrote to Jette to send some more and he has progressed quite a lot since then.

Les: Thank you, good.

Give this child time, that is all that is needed here, do not be concerned.

Margaret: Thank you very much.

Les: Sarah, any comments on your activities of last week?

Sarah: No I haven't any comments.

Les: You're quite happy with what you experienced?

Sarah: Yes I feel very reassured and happy yes thank you.

Les: Good, I know you were almost bouncing when you went out. (*laughter*)

Les: Sara anything you want to ask?

Sara: No I don't think I need to thank you.

Les: Mark?

Mark: No I think I'm okay thanks.

Les: George?

George: We have from time to time talked about humour and the value of humour. There are many types of humour on the Earth plane, some are quite nice and some are rather coarse—but there are many types of humour. Much of it is of no doubt great value and it's nice that humour continues in spirit realm—it's nice to think that it continues. I would imagine that as one progresses, the humour is refined to some degree, I imagine the coarse types go and the nicer humours probably persist. Is there anything further you would like to talk to us about in relation to humour?

Let me say this to you my friend: There is indeed much of what you call humour, on your Earth. It is part of your physical make up, it helps to make life easier for you, from what I can see, but I think I can tell you, that even as matter refines, then of course humour is retained and I would have to say, any matter which is heavy and includes coarseness of any kind, will eventually

be gotten rid of. As you become finer, become more attuned to that part of your being which exists on a higher vibration, then all coarseness disappears. But how would you define humour? I suppose you would say to some extent, that I have on occasion, been humorous whilst with you. (*general agreement*) But I have to say, it is a memory of humour that I bring with me. It is not something that is natural within me. Firstly, you have to understand that there is no need of humour, as the energies become more and more refined.

George: Ah, yes, thank you, I wondered about that.

We have spoken about the time when all speech ceases to exist and only the power of your thought remains as communication. But I think you are asking me the question, is there a particular point in your development, when humour disappears? I would I think say to you, 'Yes,' but it would take much time for this to occur, because you see, it mainly belongs to those physical attributes which you possess.

George: Yes that's very interesting, thank you.

I suppose, in a sense, you could say, 'good' humour, was a form of love, and that my friend is how I would look upon your term, 'humour.' It is an interaction between two people.

Les: I would agree with that description absolutely. We have often been asked by those in the immediately succeeding plane of life, to make sure we bring our sense of humour with us when we go to them.

Of course, because we have spoken previously, when you leave your physical being, you do not suddenly become someone so different. You are still you and all that you have been, remains with you for some considerable time. That includes, what you term, 'humour.'

Les: The laughter which has been brought back from the next life and which has been recorded, has been of extremely good value to those who have come investigating this work. They have been astonished at the laughter and to know that it still exists in the next world.

You see, all that is good exists for longer on those energy vibrations—all that is love, that is good, will continue for so much longer. Can you see this?

Les: Yes and I see what you mean about humour being love, because it does unite two people in

the sharing of something beyond the immediate physical problems.

And those of you who have that bond, can share what you call humour, without exchange of your words. You have a little of what humour would be, in the very best sense.

Les: Yes we enjoy our laughter together. *(Yes.)*
Lilian, any question?

Lilian: If I could ask one about my youngest granddaughter, whose rather slow with her speech. She is having help, but is there anything you could suggest that would help her even more? I think she is beginning to be a little bit frustrated.

Yes, can I say to you, you worry too much about this child. It is the anxiousness which is affecting her most. I would suggest you hold back just a little. After all, children are individuals in their development, as you adults are in your spiritual growth. So it takes your children time to readapt to earthly life. I am speaking to you from spirit, so please try to understand what I am telling you.

Lilian: I do understand.

Please step back from this child, the anxiety, the comparisons, are too much for her to take. She will come forth when the time is right for her. The words will come, but the more she is forced to use words, the less success you will have with her. Do you understand?

Lilian: Yes, thank you.

I do not say give up completely, but I have to say the mother is rather anxious.

Lilian: Yes I know.

You fully understand this don't you. She needs to just step back a little.

Les: And the child would be picking up that anxiety I would imagine?

Yes, she is feeling pressured. Do not doubt that children know what is within another human being. I have to say, most of you underestimate these children. You don't allow them their development time. There is too much within your world, that is set by time and by rules. Please allow her a little more time.

Lilian: Yes, thank you very much.

But the mother must refrain from too much anxiety.

Lilian: I'll tell her.

Les: Any other questions for Salumet? Jo? Sue? *(they were in deep trance)*

Dawn: Could I ask one more? I have a granddaughter of 4, and she keeps complaining about a tummy ache—She's been to doctor and he says there could be a urinary infection, but I don't think it's that at all—*(tape faint/unclear)*
No, no this child suffers too from problems outside her nature. Around her there is stress, which helps to create these upsets. Please be advised by the doctor giving advice, it is fine don't worry, don't worry about this. You see, children can suffer from conditions in which they are placed. But don't worry about this child.

Dawn: Thank you.

Les: Thank you very much. Any other questions for Salumet?

I want to say one thing about the child before I finish. That child is particularly musical and it would be good to direct her in that way, it would give her a release of emotions, which at this time in her life, she is not able to express.

Dawn: Thank you.

It is an avenue she should follow. I think for this time, I will withdraw from you and we will see what else can be achieved this time.

(general thanks)

Can I say, next time all are together, we would attempt again to use this one. *(indicating Sue?)*

Les: Yes certainly, thank you.

I leave you my friends, in the knowledge that all of you have grown in spirit since first we came together. You cannot see how much, as beacons of light, how much greater you shine forth, but I can reassure you all, that this is so. And you my friend, know and are becoming so much more aware of all that is happening around you.

Les: Yes that's true. We do thank you for having told us that, it gives us confidence.

I hope it provides you with more than confidence, I hope you feel that stirring within yourselves, of the knowledge and the love that you all have.

Les: Does everyone feel that?

(general agreement) We thank you once again. God bless you and we look forward to our next meeting.

There then followed a control through Sue who talked about Autumn:

—You are in the season where the *leaves* become changed.

Les: Yes you're quite right, we are, it is the season which we call Autumn.

Many colours many hues.

Les: The trees look very beautiful at this time of the year.

I say to you all, look at the leaves, become part of those leaves, experience the colours, feel the colours and listen to what they tell you. Do you understand?

Les: Yes I think we do. In fact we should be aware every time we see them, bearing in mind that there is no such thing as death, it is merely a transition from one form of life to another.

The leaves fall, the leaves are pushed into the Earth, where they give life and warmth, for new growth.

Les: Yes continuity of life, we do understand that and we accept it. I think we don't always realise the beauty that lies within all these changes. We must not look upon it as something ceasing, it is something beginning. We tend to look upon Autumn, as approaching the end of our year, instead of regarding it as the beginning of something new.

You speak wise words. When you look upon the trees, naked of their foliage, do not think of barren trees and cold nights.

Think only of the new growth, which is beneath the surface.

Les: I have always looked upon this as a physical lesson for us, if only we can assimilate it.

Use your psychic sight, to see into the new growth. Feel that spiritual growth, which surrounds you all. Let yourselves become part of the new growth and you will see what can be achieved. Do not think of barren twigs, think only of unique and vibrant existence.

Les: Yes we should always keep that in mind, I do agree with what you say.

Now I remind you all to look and feel and listen to the colours of your Autumn and feel the peace and the love which surrounds you all.

Les: Thank you very much, we shall certainly try to do that.

May the Great Spirit be around and within each one here. My love to you all.

Les: Thank you and with you also.

There then followed one through Eileen who came through with a fun/light-hearted chat to finish.