

~25<sup>th</sup> September 1995~

**Good evening.**

Les: Good evening. Would everybody acknowledge please?

All: Good evening.

**It would be beneficial to give me just short time longer.**

Les: Certainly, we shall do that. Thank you.

**That is much better, thank you.**

Les: Thank you, we shall make shall you get a little time longer next week and in future. I'm afraid it's our impatience, or my impatience to have you with us, that's responsible.

**I accept your impatience with gratitude—thank you. It varies of course with power available and other incidences which must be taken care of.**

Les: Yes I understand.

**So there can be no set time made. But I try to keep within your time boundaries, because I know your time is limited. Now firstly let me say you all have had much to think upon this past week.**

Les: You're right we have.

**Yes I thought you would be most interested in the speaker who came to you.**

Les: You're quite right, I think everybody was extremely interested and it was a great deal of information, which will be useful to us and which we have not had before.

**It is the tip of the iceberg, as far as your information goes, but we must take it slowly, as I keep reminding you. But I know impatience is something you Earth people are endowed with. So perhaps here we have a lesson in patience. Now I want to welcome the one who comes from over your seas.**

Les: Thank you, my daughter, thank you very much for your welcome.

**I am aware of who she is thank you, but I wish to say, her thoughts over past times have reached me. In fact, I think at one point she was almost aware of me. But of course she did not fully recognise what was happening. But let me welcome her here.**

Les: Thank you very much.

**I have to say, just a little about this one. She has trodden a hard pathway this time. Many things have been left unspoken. But she—and I know of what we speak, but I will say to her, she has reached that point within her lifetime, when things will improve.**

Les: Thank you very much for telling her and thank you for your kindness.

**She has been guided throughout many years, by her maternal grandfather.**

Les: Is that so?

**Yes, he does not wish to be made known at this time, but the opportunity will come, when he comes to her, to make himself known and the guidance with which he has endowed upon her. I know she is surprised by this information, but she should not be, there is a deep bond there.**

Les: You are quite right, there was, or *is*.

**I thank you, you are learning—there *is*.**

**Now, I will leave it there, but rest assured, she will end this lifetime, a much stronger person than when she came into it.**

Les: Thank you very, very much for that, I do appreciate it and I know she will.

**Now I would say to you, let me have your questions, because this time I would like to leave some time for others to speak, if that is acceptable to you.**

Les: Yes of course, who would like to start the questions? Anybody?

Dawn: I would like to say something. I have somebody for *Hypno-analysis*, who suffers from panic attacks. Can you give me any guidance on this, the trouble seems to be linked to his father, am I right in this?

**Let me say, this young man you speak of, is indeed a sensitive soul. You my dear friend, let me speak a little on the therapies that you use. You are a good councillor when the opportunity comes, but you are rather hesitant when it comes to that inner knowledge you possess. You are correct in your assumption, that the problem goes deeper. Take him back to infancy, take him back those steps further, to find the real cause. Does that help you?**

Dawn: Yes, thank you.

**You, my dear child, must be more positive in the help that you give to those people who come to you. You have a knowledge within you, which must come more to the surface. You are a good councillor, do not forget this. (*Thank you.*) Also I will say before I leave you. In time to come, there will be brought to you a child, a girl child, who will suffer many problems. Again I say to you, take her back to infancy. Please keep this in mind. She will be blond, blue-eyed child.**

Dawn: Yes thank you.

**Now, are there more questions?**

Sara: I have a question: My stepdaughter Ashlea, at the moment she wants to behave like a baby. I don't know how much to indulge her in this and I'm not sure why she wants to do this.

**This child we have spoken about before, she is highly sensitive, very exceptionally so, I would say. I will say this to you, as much as you feel you can, indulge this child in her fantasies, because that is what they are.**

Sara: Right, Okay so it won't effect her.

**It will not effect her, no. Please allow her scope to find herself.**

Sara: I want to do this, a lot of people around me don't agree, but my intuition tells me that she wants it and it's harmless.

**Yes, you follow that intuition because you are right. The others around I have to say, are incorrect in their feelings on this child. She is a most beautiful soul you know.**

Sara: Yes I know she is. I've been struggling a little to find my way with her.

**But she gels with you very nicely.**

Sara: Yes, so it is good to play with her on a child level?

**Yes, why not? After all, you should all be childlike sometimes, it brings you back to basics.**

Sara: Yes that's what I think.

Les: I think we all are without realising it sometimes.

**Of course, why not, there is nothing wrong in finding your own identity.**

Sara: Yes, right, thank you.

Les: Now if I might ask you about my own son, who last night was given some very wise information from your side, because he does suffer from an excess of emotion, which he finds difficult to control and he gets very annoyed with himself, because he cannot help people in the way he would like to and it becomes almost an obsession with him.

**Yes, this young man suffers from guilt, that is why the emotions are so rife. It is a guilt that goes back some time. We have to look further back within his life pattern, to find the true cause. This emotion which surfaces now in this lifetime, is something he has to go through. He knows within himself, the answers that he seeks. I cannot tell you what he must do, but if he will only give himself the time to sit quietly, he knows what he must do. (Does he?)**

**Of course, you must be aware of this my friend.**

Les: I am to some extent yes, but I didn't want to presume that I was right, if I was wrong. The guilt that you speak of, was that incurred in his present life or in a past life?

**This guilt is carried forward from a previous existence. He wants to help, but always he will find something that is more important *in his mind*. But he came here this time to solve those problems and those he must do by himself.**

Les: Thank you I appreciate the information, I shall pass it on to him.

**He will come to the recognition that the help to give to others must be uppermost in his physical thinking. There are ways and there are means, but firstly you must open yourself up to those opportunities presented to you. It is no good being offered something if you push it to one side and then say, 'Why am I not given this?' Can you see the comparison?**

Les: Yes I can.

**I am simplifying matters of course, but I am sure you can find the words to explain to him.**

Les: Yes with your help, I'm sure I shall and I shall be pleased to do it, because I would like to help him, it's a very real problem with him.

**I will try to influence him. I cannot change his life pattern, you know this, but I will try to invade him with our influence.**

Les: Thank you very much, that's kind of you.

**If only I could show you all the pathways you should travel, but of course I cannot. I can instruct, I can influence, but I cannot change it for you. *You as spirit* must recognise those things within your life, which need to be changed, which need to be worked upon.**

**Therefore you become much better people for it. I know this is hard for you to take sometimes, when life is difficult and all seems darkness. But remember, darkness is temporary and soon the light follows.**

Les: True. Well thank you very much for that Salumet, I do really appreciate it. Now if I could ask, unless anybody else has a question? I would like to go back to our friend of last week and his talk of work in the lower realms. Would there be—we quite understand that interference in another person's life here or there is not permitted as a rule, but would there be any circumstance where interference would be considered correct, in order to help a soul in those terrible conditions?

**I am not sure what you mean, ‘exceptional circumstances?’**

Les: Well, you would know better the reason for which a person is confined to the lower realms. I accept that it is his/her evil wrong-doing or actions that has caused him/her to be there, but would there be any circumstance which would enable you to help by interfering with his sojourn there and bring him out of it?

**There is only one reason why we can help those in the regions below, as you think they are, but of course you are surrounded by it. But let me explain a little: Those who help those souls, are guided from those *higher beings*. When first they accept their role of help, it is *very* difficult for them to see such tortured souls and they cannot step forward to help them. There *has* to be recognition by the soul in question, that they *need* and *want* to change. That is the only criteria for help. If you mean, that can they step forward and choose one soul from the others, then I would say to you, no.**

Les: I see, well that answers my question. Thank you very much.

**The soul himself needs and has to cry for help and as was explained to you last time, just crying for help is not enough. There has to be a change of *attitude*, there has to be a *want*, a *forgiveness* within that soul. Once that is recognised, then those who help can go forward, to separate them from the others.**

Les: I see, it still comes back to the fact that any sort of interference is not allowed, unless asked for.

**Not allowed. There is the temptation sometimes I am sure, when so much distress is seen, when souls cry out for help, it is only natural that you want to reach out to touch, to help, to cradle them. But the reason for help has to be a *genuine one*. I know this may sound harsh to you listening, but believe me when I tell you, they are surrounded with a love energy, but if it is denied and rejected, there is little that can be done for them. It is not that they are left unaided and unloved, that is not true. Indeed, the love energy flows around them, but remember it has to penetrate the very depths of their soul.**

Les: Yes I do understand that.

**I hope this has explained it further for you.**

Les: Yes it has. I didn't think it would be allowed, but I don't presume to find answers for things of

which I am uncertain, which is why I asked and I do thank you.

**I welcome your questions, it shows that you need to expand your knowledge of spiritual matters. Now I will say to you:**

*My blessings go with you, in all that you do. May you pass that blessing on, to those you come into contact with.*

**I will leave you this time, with my love. And now let us see who wishes to speak.**

*(general thanks + fond farewells)*

*A communicator then came through Sue and explained that they were attempting to transfigure the face of the medium, so that everyone would be able to see who was actually speaking, rather than Sue's face. After sitting for 15 minutes in silence, they explained that it was not going to happen on this occasion.*