

~4<sup>th</sup> September 1995~

*Before Salumet came through this time, we were discussing a postcard showing the photo of a face materialised in the presence of Sai Baba. Salumet refers to this during our communications:*

**Good evening my friends.**

All: Good evening.

**I bring with me this time, much love from many who know you.**

Les: Thank you—very nice to know that.

**It is good to know that you have thought upon my words spoken last time. I have been amused to have your thoughts reach me.**

*(laughter)*

Les: Yes I expect you have. It's lovely for us to know that you can share our humour you know.

**I will watch over you all.**

All: Thank you.

**Also I was aware of your discussion before I came, so may I say a little about what you call materialisation?**

Les: It would be lovely if you would, because there are many conflicting views about it.

**Yes, let me say firstly, you know that materialisations are formed by what you term 'ectoplasm,' yes, that is the word you use. But what is this ectoplasm? Let me say to you, it is matter refined, it is matter refined to a much greater degree than you would know it to be, but it is the matter to which *you* return, when you come to our world, but on a much finer level, can you see this?**

Les: Yes it must be acutely refined for our bodies here to be receptacles for the massive ectoplasm that is used.

**It is available within you all, but of course some people are capable of producing it in mass, you understand this? This is why you have people who can be used specifically for this purpose.**

Les: Yes, it's not generally available to everybody, is that so? Not in the quantities required?

**Not in the quantities required. It has to do with the spirit part of the human, who produces it, but it is only matter refined. There is much spoken about it and I have to say many wrong words are used to describe it.**

Les: I'm sure that is so, which is your comments now are very, very interesting to us.

**Also, what I really do wish to discuss with you, is not what the content of this is, but how it is produced.**

Les: Yes please, it's another form of energy, is it? **All life is energy, I think we have spoken many times. It is just energy refined to a degree that can be produced in the way shown. Let me say this to you my friend, I listen to you speak of the one upon your Earth known as Sai Baba, Yes? (Yes.) How is it possible for him to have the materialisations so often? I hear these thoughts so many times. Let me explain a little to you all; I return again to my favoured word, 'THOUGHT'.**

**Thought—you understand that don't you, the power of the Thought? (Yes.) When you are in the presence of one capable of producing this energy, what is happening is this: He uses the energy from the masses, people who are unaware of their own capabilities, people who seek help, people who seek knowledge. *These people* utilise that energy and they can use it, to use the thought forms, which would be expected, of a materialisation.**

Les: Yes, so what we would call a materialisation then, is not in fact a physical thing,—that's the only word I can use—but an expression of thought?

**It is the gathering of the thought energy, used by those persons capable of producing it, in the form as you see it, you understand?**

Les: So would that form be solid to a physical touch?

**Once the energy touches your physical Earth, it interacts with that more solid matter, which makes it solid to touch.**

Les: I see, thank you.

**Remember this always, there is never one energy, one energy, one energy—all combine together, to produce many things. It is the way of our communication with you. In the way that I use this instrument, is to be using not only the physical form, but the energies which I can utilise from her. Is this helpful to you?**

Les: It certainly is.

**Do you have questions for me?**

Les: Yes, so many people say, as was said tonight here, that the materialisation was in fact that of the man known as Jesus. But from what you say—

**Because—excuse me I don't wish to interrupt—because in their mind, the power of their thought—that is what they expected to see. So the energy, the power of the thought was utilised to produce the materialisation seen.**

Les: But the materialisation would be only that person's thought?

**Not one person, it would be a group energy.**

Les: A group energy, but it could therefore not be the man who it is claimed to be materialising?

**It may not be—let us clarify something whilst we speak upon this. When you have group thought, you can produce materialisation, provided you have the right person there to produce it for you. He will utilise the thoughts of many. But when you have materialisation from a single entity, I speak of a medium who is within a room, where thoughts are subdued, in groups such as these, then the entities produced are of a different calibre.**

Les: I see.

**It is produced in the same way, but not by group thought. Can you see the difference?**

Les: Yes and the group thought would be triggered in what way? Because presumably if it's a group thought, each member of that group would have to be aware of the need for a particular aspect of the thought.

**As—let me try and simplify it for you: If you have many things put upon your graph paper, what do you have but an average. So too the thought energy can be gathered together to produce, do you see?**

Les: But they would have to be concentrating would they, on the possibility of materialisation? That's what I was meaning.

**Yes, yes, I'm sorry, yes of course their thoughts are gauged towards what they would expect to see.**

Les: So the leading the exponent, who is the one capable of producing the materialisation, would previously have had to somehow direct the group thought towards that same target?

**He would use their thought energy. He would not necessarily have previously something in mind. It is a difficult thing for you to understand, but he is using energy, he is interacting group energy, with that ectoplasm that he too produces, to create materialisation in the form you see.**

Les: And the ectoplasm would come from that one person capable of producing the materialisation? Or would it be drawn from others? Because it's visible when it's drawn from the body, isn't it?

**Of course, he would produce the mass, he would be the yeast in the bread—that is perhaps a**

**simple way of putting it. Although you have all the ingredients, you need something to interact with it and that is where his capabilities, his knowledge, his energy comes into play.**

Les: So he is what we would call the catalyst (*Yes.*) for all these products, (*Of course.*) of which we are unaware?

**He will be drawing the ectoplasm and the thought energies from each and every one, because you see, you all have it to a certain degree. (*Yes.*) You have to you see, because you are after all spirit first and foremost.**

Les: So it must be within us, I quite follow. **It is within you.**

Les: So we all possess it, to a greater or lesser degree and just to clarify what you've said, the amount of ectoplasm possible for any of us to produce, is dependent upon our spiritual development?

**Of course it can be developed, yes of course, it is all—I have said this to you many times, there is nothing you cannot do, if you apply yourselves to it.**

Les: I'm going to ask you a leading question now, which you may have anticipated. Are teaching conditions within this group sufficient to produce materialisation here?

**I have waited months for that question. Let me tell you my dear friend, we have much to do and there is much to be done, so I will say to you, be just a little more patient, but there are the possibilities here.**

Les: Thank you, that's all I'm asking at this stage. It's nice to know there are the possibilities, because that does give us an impetus to concentrate more upon our own spiritual development.

**We wish to take it slowly, one step one step one step. But within this room, without the knowledge, each one of you do not have—and I don't say this lightly, you are unaware at this time, of what you are capable of producing. So do not doubt yourselves, any of you. There is much within you to give as a group and individually. You all will find your lives taking different directions as life continues, but remember always you will be used as a joint effort.**

Les: You may be aware since you know our thoughts, that I frequently have wished that as a group, it would be possible for us to produce some phenomena that would make an absolute

impact upon people outside this room, to teaching extent that they could not doubt the validity of what we are trying to prove to them. **This my friend, we know and understand. It takes some time, to gather together people of the qualities you now have within this house. It has taken many of your years to come to this point in time. Before I came, when first I came, I told you I had waited a long, long time.**

Les: You did indeed.

**We need to have the conditions, we need to have the people, we need the dedication. That is not to say that those that have gone before were not *right*, but it was not the correct *combination*, you understand?**

Les: Yes and what prompted that question from me tonight, was something you said last time, that we are here together now this life, to further the knowledge which we have and are continuing to gain from you. That is why my thoughts revolve around the possibility of there being something which as I said, would give an unforgettable impact to those outside this room. **It is what each one of you would wish for, it is what *all* of you humans desire is it not?**

*(general agreement)*

Les: Yes it is—Not for personal gratification, but to prove what we are trying to prove.

George: To help to make the world a better place. **It would not be given on those conditions, but once we know there is dedication to the work, we will provide.** Rest assured my friend, what is to come, will be proof to all who come within the confines of this room. But be patient, remember, the word to remember is ***'Infinity.'*** So your earthly lives, although they seem long sometimes to you all, they are but a ***'tinkling of water'***. So please, please be patient and trust that we ***will*** bring to you many things, much phenomenon for you, that you cannot doubt.

Les: Thank you. Well you've had enough patience to wait for us to be gathered together again.

**I have to say to you, it has brought me much pleasure to be with you, it has amused me, it has brought me comfort to realise the intensity within you all for this work, although I know you do not remember your past lives, but let me say, I will endeavour to help you to recall, not only the lifetime I have told you about, *(The Monks)* but others.**

Les: That would be very, very interesting to us all.

*(general agreement)* I must say we haven't dared to ask the question.

**I—you want me to tell you more, let me say this to you: When you leave this room tonight, before you meet again, *some* of you will have recalled details. Small they may be, but they will grow, they will grow and perhaps you could discuss before our meetings and see what you can remember. I will happily fill in any doubts or queries that you have. But firstly let us see what can be brought to the forefront of your minds.**

Les: It would be wonderful if we could remember yet another life.

**Let us concentrate on this one first! *(laughter)***

Les: Yes, that's why we didn't dare ask earlier.

**Don't be too eager. After all this life is the important one.**

Les: oh this one and the future is important.

**I say do not look to the future, look to what you have to do now.**

Les: Yes

**I can tell you, you will be amused. I promise you will be amused. Right, have you more questions for me?**

George: Could I just ask a little question about your term, 'refined matter?' ***(Yes.)*** We have some degree of understanding of chemical atoms.

***(Yes.)*** Would I be right in thinking the refined matter is also atoms, but of a finer frequency? **Let me say to you my friend, your word 'atom' is quite an apt one, for the knowledge that you possess, but it is in a much higher degree, than your atoms, your sub-atoms and the knowledge that you have on this Earth at this particular time. The energy I speak of as refined matter, is not known to you chemically. It has been studied as you know, when materialisation has taken place, that it is able to be touched, to be felt, to be classed as energy, but it is not, let me say, an energy known to you, at this particular time. It is refined to a much higher degree, it has to be, you see? How can it be known to you, when it belongs in *our* world.**

Les: Quite, I imagine it would be on a par, to the energy used to propel what we call UFO's?

**No, it is entirely different.**

Les: Is it?

**Yes, we speak—let me say this to you about energy: You will never fully understand the extent, the range of energies that there are, because you see, some belong to your Earth planet, others belong to the cosmos. And**

**although there may be interaction between some, you will never fully know them all, until you become spirit.**

Les: And I can imagine that we wouldn't be allowed to have that knowledge anyway, because we have a remarkable ability to make a mess of any information we do get.

**It would be most destructive to your physical being. You could not possibly touch these energy fields, you would be destroyed as human beings as you know it.**

Les: Is that so?

**Yes, yes, we speak here on complicated matters. You will never fully understand the topic of energy. There is much that is yet to be discovered and will be. Let me tell you, it will be found too beneath your oceans, some knew energies, but that is to come, that is in time to come.**

Les: And shall we—I don't know if you'll be able or prepared to ask this next question, but shall we as human beings be permitted to discover antidotes, if I could put it that way, to the force of gravity, so we can overcome gravity?

**That will not happen, that will not happen.**

Les: Because again we could prostitute it for warlike purposes. So we wouldn't be allowed to discover it—

**There may come the time, when the information is available, but it will never be put to practical use, it will not happen, let me tell you, it will not happen.**

Les: Well I personally am pleased to hear it, because I can imagine the disastrous results which would occur. Any other questions for Salumet?

Mark: Could I just check my understanding. What I understood was that it would be possible for someone to recall the picture of Christ, but this isn't actually the picture here, this is actually a group composite of what people think he should look like?

**I can tell you that is what it is yes. It was materialisation in the sense that you understand it, but you need to understand that these thought energy patterns, can be utilised and that is what you have there my friend.**

Mark: Thank you.

**But do not doubt it was materialisation, in a form.**

Les: And I believe that materialised persons such as that are able under the right conditions, to speak to us, are they not?

**Materialisations of people from our side of life, can communicate. The interaction of your earthly matter, with refined matter, makes this possible, as I have said. So the form can be felt, they can speak, they can be seen—yes of course.**

Les: Yes and I think that is the clearest most concise explanation of materialisation, I have ever heard or read and I do thank you for it, well we all do.

**I wanted you to understand just a little more. Too often it is said, 'Oh it is ectoplasm—' It could mean anything to you. I want you here within this group, to understand fully what is right. And this I hope, simply, is what I am trying to do.**

*(general thanks)*

Les: And that is our wish of course, to learn what is right and I repeat, we are extremely grateful to you for the explanation, it's the clearest one I have ever had and I think anyone else has ever had. *(general agreement)*

**Too much is spoken—too many words in explanations, which to me, is wasted energy, because it means nothing. If you cannot use words to help, then best to leave then alone.**

Les: Quite, and in all we read and hear, there are so many conflicting theories and ideas put forward, that many people have said to me, it's nothing but a mass of contradictions.

**Yes, this saddens me, because it is giving false hope sometimes to peoples, it is giving false information and this is what we now—those of us who come to your Earth planes, and there are many, around your world—we have gathered this time to make sure that the TRUTH is known. It is time in your Earth's history, that all must be exposed that is incorrect.**

Les: Good I'm very pleased to hear that because many have been disappointed when I have told them that your world is not an instant world of milk and honey and happiness. They have thought that they are going to Utopia, as soon as they die. This is because of what they have read in books, not realising that they are judging themselves each day, and fitting themselves for

the place they will occupy when they come over, by their attitude in this life.

**Of course, tomorrow you become what you were yesterday, simply that. How can you change? All you will do is leave your physical bodies behind, to expose to *all* what you truly are. It is simple, so remember you do not change. As you are, so you will be, when you come to our world—and not to be placed in judgement, but to see yourselves as you truly have been, in all your many lives. You will see the full picture, when once again you return home.**

Les: When we return home, you say we shall see all our many lives. I take it, it would be a composite of all those lives, would it?

**Firstly you will see what you have achieved, what you have left undone in this life. But of course this life is only one part of the rest of your lives. So you will see it in comparison to all, you see? You will have the full picture, you will know what you have not done, or what you have achieved.**

Les: So each life is effectively a brushstroke on the canvas and we can see what is undone?

**You cannot separate them my friend, you are more than one unit, I have told you this before and when you return home, you will see how you shine or how you have become dulled, by those—how can I say, experiences of this life.**

Les: Yes we are inclined to forget what you have told us, that we must think of ourselves as spiritual entities and not physical.

**Yes I want you to come to know to know yourselves as a *whole* being, who is working towards that *greater* self, that *higher* self, which knows all things and to whom you will answer. You will not be placed to be judged as many think, but you will judge yourself. So keep this in mind always.**

Les: I and I think everybody else, really love to hear you say/use the expression, '*when you come home.*' It's a delightful phrase.

**Of course. What other way is there to say it, because that is what you will do. After all, your death is another path. That is why it saddens us to see you grieve when one of your brothers or sisters return home.**

Les: It's lovely to hear it coming from somebody who lives there.

**I don't say where I live.**  
*(laughter)*

Les: No, but within those realms.

**I know, I am having just a little amusement, but of course I understand your meaning—yes. Now I think for this time I will take my leave. Remember what I have said, I will help you to remember your life together, which we have spoken upon.**

Les: Would we have had all the previous lives together as a group?

**No, no, not at all, not at all.**

Les: No, I don't know whether we could bare that! *(raucous laughter)*

**Let us first help you with the memory of this one, that amuses you all so much. So when next we meet, I am sure I will join you too, with much laughter.**

Les: Good, that's lovely. I do have one question, which is not relevant to what you have been saying, but it keeps—I'm constantly being given it to ask you, so if you'll forgive me I must: One of our ladies here suffers continually from a bad back. Are you able to give her any advice as to how she can deal with that?

**She wants advice—yes let me tell you, this lady needs to be gently stretched. Her spine is a little 'out of sync,' you would say and I know she has seen many people, but the degree it is out is very minute, but enough to cause problems. It would do her well to find someone who works upon the feet. I do not know if you have someone here who does it?**

Les: Within this room?

**No, within your circle of friends.**

Dawn: I do Reflexology.

**Well this is what I say can help. It is a slight, I would not say twist, it is slightly out of sync in the middle area of the back, not where she feels the pain, you understand?**

Les: Yes thank you.

**Can we leave it with the lady?**

Les: Yes I'm very grateful to you and I do apologise for bringing in such a question, after a wonderful evening, but it was so insistent that I should ask.

**Not at all I am here to help you all.**

Les: Thank you very much indeed. Well we give you our love again, God be with you and we look forward to our next meeting.

*There then followed a light-hearted communication through Eileen to finish the meeting.*