

~12th June 1995~

Good evening. I have been aware of many thoughts coming to me since last we met.

Les: Have you? That's good.

Many send their thoughts of confusion, of hopelessness, of despair.

Les: Not from us I hope?

I don't speak generally. But there are individuals who are seeking answers—a craving for their own spiritual unfoldment. Let me say to you all: I hear your cries of help, I hear your search for knowledge, I hear your confusion. Let me say this to you: As I have said before, spiritually you are all on a pathway of unfoldment, but you must go slowly. You cannot achieve the very top, before you step from the bottom. Do you understand me?

(general agreement) Therefore between those two areas, much in your life will seem confused. I say to you all, accept these many, how you would term, 'backward steps,' because in the long run, you will go forward. Again, I return to your own thoughts and how powerful they are. I will help you all as I have said, but I do not wish you to look upon me as one who can alter your lifestyle. I cannot do this for you.

Les: No of course not—

I can support you in times of trouble, I can help to uplift you, to guide you, to do much for you. But all of you are indeed in charge of your own lives.

Les: Yes we do accept that we must be.

Try to transmute all of daily negativity into love. In this way you will find your own development growing. Each step becomes lighter. I know for some of you, it seems too heavy a task at times. I want to say to this one, *(Lilian)* she has gained much in spiritual knowledge in quite a short time, but still she has moments of despair, where life indeed seems heavy.

Lilian: Yes.

Yes my child, we know. I will say this to you: There are many good times to come in your lifetime here. You will be uplifted in those stormy times, you will feel the love that is around and about you, because you see my dear, you are surrounded by many known and unknown beings, who want you offer you their support.

Lilian: Yes I know I get strength from somewhere sometimes.

You *will* be given the chance of a journey, much further than you would imagine. I say to you child, when this opportunity comes, it will be most beneficial to you, to accept. Please keep these words in your heart and in your mind. There is much to come for you. *(Thank you.)* I would say to you this time, it has always been my intention that each one within this room, should grow, their gifts of spirit should be expanded. And so for this time, I will quietly withdraw and say to you, please accept what we are trying to do with you. All will be given something, so please open yourselves to those energies. I would say to those who are unsure of themselves, please to speak of what you are given.

(Before the silence began, Les thanked Salumet for bringing the most interesting guest at the last meeting, known as the 'Light Escort.')

I am happy to take your thanks and of course I will bring forth many more. Each stage should be of interest to you. But before I go, I will say just a few words on the state of your Earth at this particular time. There is much that is going on within your world. Much sorrow, much havoc and much worldly confusion, which gives us cause for concern at this particular time. We are aware of troubles in the countries to the east of you. I believe you term it, the continent of Asia. *(Yes—)* There is trouble brewing, but let me reassure you all, that whatever troubles come forth, nothing will destroy what we have come to do.

Les: Good, that's certainly comforting to know.

Always you will have these troubles stirred up in many areas, but let me say to you, there is now more light within your world, than there is darkness.

Les: Good, that is comforting.

I tell you this in advance of time, so that your minds can be still, be at peace, be at one with love. Now I thank you all for this gathering. I ask that the Creator bless each one of you, for the time you give, for the knowledge you seek, for the love you extend to others and for your very being. Now I leave you quietly, to continue with the other. *(general thanks)*

After a short pause, Eileen began to get clairvoyance: *The name Alistair, a stone animal next to huge gates and a country—(she was given the name 'Thailand.')* The gates opened revealing many steps going up. Someone stood at the very

top, dressed all in white, wearing a pointed head-dress encrusted with gold. She was allowed to enter, though she couldn't move her feet at first beyond the threshold. There was an incredible feeling of coming home and she wanted to weep. She described it as being like music inside, though it wasn't and Les said she was hearing the energy. The man smiled, welcoming her in. It sounded like it was difficult to describe the beauty of this place. A bird alighted on her shoulder—Eileen began to weep, as she said she had to return, overwhelmed by it all.

Les then added his own clairvoyant impressions: *I'm being shown an enormous cross. It appeared to be of gold, jewel-encrusted, of the utmost craftsmanship. (voice changes as Les starts channelling) **Around the base of it are a number of similar crosses. And each one of you here is being given one for your strength and encouragement, for the work you wish to do. Accept this, keep this symbol with you, remember it is always there for you. Use it for strength, use it to give love, use it to protect you from harm and accept that it comes from places far beyond your conception at this time. Your colleague has been given just a glimpse of an anti-room to one of our temples, which is based upon a temple, which existed here, long before your time. And what your colleague has seen, is but a dim reflection of what exists beyond that anti-room. Now can you begin to imagine what beauty there is waiting for you all, when you have travelled the paths you must walk, in order to reach such sublime, such sublime results for your efforts. We give you these crosses of beauty and energy and strength, in the hope that you will in your lifetime here, each and every one, recall this gift and use it in the correct way, for which it is given. May the great sun shine upon you at all times, may the Earth be good to your feet, may the waters cleanse you of your troubles and may the moon above give you peace and serenity in your life. I bid you farewell.***

A bright jovial one followed through Eileen briefly, encouraging us to report on whatever we'd been given. Some of the sitters had been aware of different things, but we'd been reluctant to speak. Another briefly followed through Sue, bringing another gift for everyone:

—I wish also to give a gift to each here. It is the pure white lily of love. Please to ask each one

before they retire to their beds this night, to open their minds, trying to see the white lily. Please hold the image, keep that image close to your hearts and minds. Recall that white lily of love, if ever your thoughts stray into dark places, come back to the white lily. It will bring much joy to all here. Now we will close with a prayer of love:

*'Oh most heavenly Spirit,
Let the love shine around and within these special people here.*

*Let them feel the presence of your love and light, in times of darkness and despair,
And let the light return to their inner selves,*

And the Spirit within.

God bless each one here, until we meet again.'

Amen.

(general thanks)