

~1st May 1995~

(This evening Leslie's daughter Madeleine was visiting from Canada)

Good evening.

Les: Good evening again.

I thank you for your welcome.

Les: We missed you when the lady was away last time.

You know that no matter whether she be present or not, I always am around you.

Les: Yes we knew that last time actually and as I have said before, we are very grateful for the knowledge. I have no doubt you are aware of what happened at the last meeting.

All happenings are for a purpose, (of) this you are aware. There is much to be done and we will endeavour to use what energies are available to us.

Les: Yes we understand. It's unfortunate that the instrument that last week was being prepared, is herself ill this time and so can't be here, to her great disappointment.

We will do what we can for her. I have to say her energies are much depleted, but we hope to rectify this in time to come.

Les: That's very kind of you, thank you.

The very fact of her returning shows you that always we are at work.

Les: Quite, I never doubt that for a minute, it never ceases your work, I know. we've had too many examples of that over the years ever to doubt it.

I want to say to you this time, there is disharmony around and I ask all of you to focus your thoughts on those energies. Do you know of what I speak?

(Yes—) **I ask that all of you now, just for a few seconds of your time, to focus your love energies, can you do this please?**

Les: Yes we certainly will.

You see my friends, how these energies which we have spoken on before, travel so much further than those within this room. *(Yes.)* So now I say to you, please to send those loving thoughts. *(pause for about 20 seconds)*

I hope you feel the love surrounding you all.

Les: I'm sure we do.

Some find it difficult to focus.

Les: Yes, because of our awful human minds—brains I should say.

I want to say to you this time, if there are any amongst you who need my council privately, I will do my best to help.

Les: Thank you. So they may call upon you?

Yes.

Les: Thank you.

There is someone who awaits a letter, is there not?

Sara: Yes.

Yes, you have been anxiously waiting. *(Yes.)* Yes, let me tell you it is coming and what you are wishing for will happen.

Sara: Oh Thank you.

So many anxieties. I wish I could still your minds. But you need to learn for yourselves. I only wish I could comfort you all in times of need, in times of distress. But let me say to you, these are times of learning; they are the times to make you strong, to bring you closer to that true reality of self. So often I hear you say, 'Why me, why me!' I say to you my friends, do not place yourself upon a pedestal, because all of you are as important as each other. There is no one individual who walks upon your Earth, who is of more importance than another.

Les: No it is sometimes difficult for some of us to understand that. In my many years I have come to accept it, without any question.

Yes, it is a matter of time. It is a learning process. Now I feel, do you need to speak with me?

Les: Yes please. We have a new lady here tonight, from a far country Canada, who is very keen to do the work to whatever she can, that we are doing. I'm going to trespass on your kindness to ask if you can tell her, as you have told I believe all of us at various times here, whether that is going to be a probability for her.

Let her come closer to us. Yes—you my friend, have very vivid dreams yes?

Madeleine: Yes.

Yes. Sometimes they have caused you a little distress, no? *(Yes.)* Yes. Let me say to you: Do not let this be. You are indeed a channel which we can use for good. But you have been a little afraid in the past yes?

Madeleine: Just a little.

Just a little. You are afraid a little now let me tell you, but do not be so. You my child, will travel widely within this world. I hear you say, 'I don't think so?' but I tell you, you will. There is much for you to do within this movement. But I say to

you, just be a little more patient for the time being. You are aware of your guidance, yes? (Yes.) Yes. They come close to you, but sometimes I have to say, you close the door, yes? (Yes.) Yes, this is something you must learn to overcome. It comes down mainly to a little discipline on your part, but as a channel you have much to give. You have put pen to paper also, yes?

Madeleine: I'm not sure I understand? You have that ability, please to use it.

Madeleine: I'll try.

There is a young child who is special to you, is there not?

Madeleine: I have—I'm not sure if there is one in particular—

No my dear, there is one who is special to you, there is a bond between you that will never be broken, a boy child yes? (Yes.) If it not a strong bond now, then it will come, but you should be aware of it. You want to heal don't you?

Madeleine: Yes I do.

But I have to say, that is not the way forward for you, there are other roads to be opened for you.

Madeleine: I'm happy there is a way that I can help.

It will be shown to you, don't worry. (pause)

I ask you to write down these vivid dreams that you have. That is the beginning of your work for us and in doing so there will come a flow of words from that pen that you use. It will be of guidance to you and will point you in the direction which is necessary for your development. You have a quick mind my child; it has stood you in good stead so far in your life.

But now is the time to quieten it down just a little, just a little. My blessings go with you and you will work closely—(faintly)

Madeleine: Thank you.

I have to say to you all, I feel your disappointments sometimes, when you feel that there is a path that you wish to tread and it is not always available to you. I have to say to you, all of you have jobs of work to do. It may not be what you desire, but it is the pathway that is the wisest for you. I ask only that you accept it with loving hearts, with open minds, with a generosity of spirit.

Les: Following up on what you have said, we would ask for your help, to accept those conditions, if they are not what we wanted.

I come only to help you, I come to comfort, to love you, to instruct you and I hope to be a friend to you all.

Les: You certainly are that, without question. **There is one with you, whose psychic awareness has been opening gently. They are afraid it is their imagination.**

Les: This is often so unfortunately.

Let me say, it is not imagination. I have been working with you all and I hope that our time here continues, that each and every one of you are aware of this.

Les: Well I certainly have been and I hope everybody else has. Would you like to answer individually so that Salumet knows what is going on in our minds? Dawn how about you, have you been aware?

Dawn: No—

Les: You haven't, Lilian?

Lilian: I've certainly thought about you sometimes.

This dear lady denies much, let me say. She is much more aware than she knows.

Les: Yes I feel that too.

Lilian: It's my doubts that—

It is her mind yes which creates these doubts. I—

Les: So get yourself another mind. (laughter)

Lilian: I'll try—

Les: Sorry I interrupted, my apologies.

Let me speak now, please forgive me. The lady Dawn has the capabilities but does not devote enough time to those quiet moments.

Les: She is a very busy person, yes.

But unless you give the time, we cannot come close, you understand?

Dawn: Yes.

But you are capable if you wish.

Dawn: Yes, thank you.

Les: Sue?

I will speak for this one. We are pleased with how she is coming along. We are happy to see her awareness is reaching higher and higher.

Les: Yes she certainly has been hasn't she. Nice to have you confirm it.

Let us continue.

Les: Debbie?

Debbie: Sometimes I feel an awareness, but I'm not sure if it's my imagination or not.

Les: Here we go! (laughter)

Yes you see we have doubts again.

Les: Why do you think it should be your imagination Debbie, I'm sure Salumet would be interested in that?

Debbie: I think if you want it to happen, you can almost *will* yourself to—

Les: I wouldn't agree with that, the mind's not strong enough at the moment, otherwise you would *will* your back better. (*Debbie has back trouble*)

Debbie: Well maybe I should say I'm looking for things.

Les: Of course you're looking, we're all looking, but when they are presented to you on a platter, you want to scrape them off.

Debbie: Oh I don't do that—

She has little doubt, but don't be too concerned, as time continues, she will see the evidence of her own eyes and feelings. Don't be too concerned my child, it is happening.

Les: You have told her she has got the potential. **All of you have the potential, all of you are spirit clothed within these bodies, of course you have what we call *potential*. It is rather a negative phrase I think, because the awareness is there, it is—how can we say, '*stifled*'?**

Les: Yes it is, it is there.

It needs to come to the surface, that is all.

Les: Paul.

Paul: Yes, you've come into my mind once or twice this week and I've felt uplifted from it.

Let me say, I have said before, this young man has much to give. It is not your imagination that I have been with you, because I have BEEN with you, you need to recognise it and accept it.

Paul: Yes, at the moment I just get a vague feeling of everything's all right and I feel on a higher level when you come, but—

Yes, I say to you, just acknowledge it and that is all we need. We need to have for acknowledgement to go a step further, can you understand that?

Paul: Yes, would it help if I wrote it down, what I feel at the time?

If you so wish yes, it may reaffirm what you are feeling. but certainly if it helps you, then do so.

Les: I have repeatedly to tell people Paul, not only you but many others as the work goes on, that they must acknowledge what they feel, so that those that are presenting it, know in fact that it is getting through to the person.

Paul: How do you acknowledge?

Les: Just say thanks very much I know you're here—quite simple. You don't have to go down on your knees and make a long speech, just say yes thank you, I know you're here; that's all that's needed—then they know they are getting through to you.

Also you see, we cannot force upon you, we cannot force ourselves upon you. Until you accept each step, if you like, we would be interfering, and this we cannot and will not do.

Les: Ok Paul?

Paul: Yes Thanks.

Les: Don't forget just acknowledge it, that's all you have to do, mentally will do.

Paul: I'll give you a good hello and a wave!
(*laughter*)

I will listen closely.

Les: Margaret?

Margaret: Well I have been away for two months.

Les: That's no excuse. (*laughter*)

Margaret: I have missed the comfort I get from here and I'm so pleased to be back.

Les: But don't forget that you can use this not just here.

Margaret: Well I did ask Salumet to help me once when I was in Hong Kong and I'm sure he did, because I was able to tell my daughter-in-law, in a nice way, what the problem was.

Les: Good, so you were aware of him—good.

That is all I need you see, the contact with you and I will be there. But don't be concerned, I know you have lives to lead and busy lives they are too. But do not forget that not only do you need to feed your physical being, but you need to feed your spirit as well.

Les: All right Margaret?

Margaret: Yes thank you.

Les: Sara.

Sara: Yes, I've had a difficult time last week, but I did feel at one stage, a cool draft of air behind my back which I couldn't account for and I felt someone was with me.

Les: Did you acknowledge it?

Sara: I can't remember, I think I probably did.

I have to say, the lady was a little surprised and taken aback. You are not afraid of these things, but a little doubtful sometimes too. This young lady is a very sensitive soul as I have said before and much is available to you, if you so desire.

You did indeed feel an awareness was with you and indeed it was someone who comes close to you at all times and you will have the awareness

even stronger, because they are determined to make their presence known to you. But it will be slowly, slowly.

Sara: Yes thank you.

Les: And don't forget please Sara to always acknowledge it, it is important.

Sara: Yes I'm sorry if I didn't, I will next time.

Les: George.

George: There are moments when I feel guided, I sometimes seek ideas and an idea seems to come and I don't think it's my own intelligence and I do sometimes find I slap my head and look up and say 'Thank you!'

Yes we know and we are thankful for what you do. I don't feel I have any more advice to give to you—we are happy with the way you are progressing.

George: Thank you. Can I also say, through my life I have experienced some beautiful coincidences, which are way beyond ordinary chance, and they just give be a nice reassuring feeling.

Yes, well let me say to you all, each and every one of you, have your own helpers, those who love you and those you would not instantly recognise, who have been with you, since you first entered this earthly (realm?) So you are all well looked after, you are all given divine love, which you would find hard to express yourselves, but let me say it surrounds each and every one of you. It is just your own awareness that is lacking and that is one of the reasons why you need a little help. Not only will it help with your soul growth, it will help with the work that is to come, you understand? (general agreement)

Les: Well thank you very much for that Salumet, it's very helpful to everybody.

And also you my good friend, you have found within the last few months, a great expansion of your own awareness.

Les: You are absolutely right.

Yes, and that is as it should be.

Les: Yes I have been very pleasantly surprised.

You should not be, you have the knowledge so you know what is available and there is so much more to come.

Les: Good. Yes I must say it's a wonderful feeling when I am positive that you are with me, as you have been—not necessarily you personally, but the energy from your planes.

I am happy for you, it is good to here it put into words and for that I thank you all. Now, can I say I will leave you this time, with my love and my

blessings and I am going to leave you this time and I want to bring someone through this lady here, (Sue) who will speak to you for a little time, just to end this evening.

Les: Right, we look forward to it and thank you once again from us all. Our love goes with you as usual and we look forward to our next meeting.

Before I go I want to say to the gentleman, the older gentleman, there is a window which he must attend to in his home.

Les: Thank you. Did you hear that George? There is a window in your home you must attend to.

George: Oh right, yes thank you. (*probably a bathroom window, which was a little dangerous for the grandchildren*)

The one through Sue then followed:

Good evening.

Les: Good evening to you and a very warm welcome from us all.

Let me say each one here needs to concentrate upon the colour blue, do you understand?

Les: Yes.

If at any time the physical body feels weary, if that body is suffering as bodies do from distress, you comprehend me?

Les: Yes we do indeed.

The colour blue can only be of great benefit.

Les: It's what we call the healing colour.

There are more than one.

Les: Yes quite. That is the one we usually think about when we are distressed and are as you say, in need of physical help.

Yes—you may think I am repeating only knowledge already given to you—

Les: No not in the least.

But it can slip the human mind, in times of distress. Mental distress also requires gentle envelopment with love and blue, you understand me?

Les: Yes we do understand you and thank you for your information. I expect all of us neglect the concentration we should make upon colour and colours in times of physical need, but your reminder is very opportune and we do thank you for it.

Sara: Is there any particular shade of blue?

Les: No just blue, it encompasses all shades.

Of course. The blue that you would concentrate on in the physical, would vary a great deal, compared to the spiritual colours of blue. This is only because none of you here, have yet to see spirit colour in all glory, you understand me?

Les: Yes, we can't imagine it, we can only think of our own dull colours.

Therefore it is immaterial what shade you concentrate on, we would supply the colour in spirit.

(tape ends here unfortunately)