

~17th April 1995~

Good evening.

Les: We do appreciate you coming, when there are only such a small number here.

Thank you for your welcome once again. I have to tell you numbers make no difference to my coming, but it does alter things for the visitors who I wish to bring to you. Therefore for those reasons, we will leave the coming of the visitor, we will wait till there are more within the room.

Les: Thank you, there should be at our next meeting. This happens to be a holiday in our world and of course they have to take advantage of it, for the sake of their children and relatives, to get together.

Do not be concerned, we are aware of these happenings. But you know that we are affected sometimes, by the lack of 'people power,' I will call it.

Les: Yes, I quite understand.

Yes, you see I have developed communication skills if you like, which makes it far easier for me.

Les: Yes, it is certainly far easier now, than when we you began, isn't it.

Yes, of course. So I apologise to you here, but I do promise you your visitor will return as soon as it is possible. I will tell you in advance as usual. I am so sorry you have been put to unnecessary trouble.

Les: It's no trouble at all Salumet, absolutely not. **I know it takes your time and for that gesture I thank you.**

Les: We love having you anyway.

Paul: You couldn't keep us away.

Les: And we appreciate you coming—you heard that comment?

I do and I am humbled. Thank you *all*. The pleasure is mine, I believe you say.

Les: That's right, but it is ours too. It is the highlight of our week, this meeting. (*enthusiastic agreement*)

I have been listening to you. There is one who wonders where his pathway lies, this time. Let me say to the young gentleman, the knowledge will come. He is still young in earthly years. He has much to learn and perhaps a little patience also. The knowledge will come to you. Try not to dwell *too much* on what your spiritual pathway must be.

Paul: Just get on with what's in front of me now?

Yes, that is what I say to you. Give thanks all of you, for your very being. The very fact of your being here, is enough to give thanks to that Great Divine Being of Love. You should offer yourself for that which has been placed in front of you. In that way you will develop what is necessary for your life, whilst on this Earth.

Les: Quite, I think we could all say positively that we do, do that now willingly. Starting with myself, I say so quite emphatically and if each would like to answer individually, they are at liberty to do so now.

Paul: Well I always try and begin a meditation with offering myself.

Yes good, but I have received your thoughts of, 'where is my pathway leading me?' Yes, I have been aware of your thoughts. So be still, listen and go forward.

Paul: I wonder whether to—well, it's silly really—when the right thing comes I will know I'm sure. **Yes, you are a little harsh on yourself. I have to tell you all, all of you are a little hard on yourselves at times.**

Paul: We like to know everything at once, I think. **Yes, this is why I say, you need to learn a little patience. It is a much-used word in your world, but it is a word that means so much, if only you can truly understand it's true meaning.**

Les: Yes, I would agree with you there, it does take time. It took me a long time to learn the full meaning of patience.

May I say my good friend, you are still in the learning process.

Les: I'm sure I am, yes.

It is not something that is successful shall we say, in one lifetime.

Les: No, because as one learns more, one wants to learn still more and even so, the need for patience becomes predominate again.

Yes, it is a shadow which continually follows you. It is that part of yourself, which is always hovering behind, you see? But provided it is kept where it belongs, then you can move forward with greater understanding for all things.

Les: Yes I absolutely agree.

Before we continue, I would say to you my friend, have you not been aware of someone's presence around you?

Les: I have yes.

Sara: I have I think. At times I've looked and wondered if there is someone in my room.

Yes, I will come to you in a moment. I wish to speak here firstly. (Les)

You have felt the presence of someone around?

Les: Yes I have indeed.

I speak of recent times. You are a little hesitant I would suggest, in accepting fully what they are trying to communicate to you.

Les: Yes I must say I haven't actually been aware of any actual communication, I've just been aware of a presence.

Can I say to you then, when the presence is felt, if at all possible, and I am aware that it is not always suitable, will you please enter this room and allow that presence to communicate with you?

Les: Yes certainly, I shall be pleased to.

If need be, I would suggest that you turn on your machine, your speaking machine, yes?

Les: Yes I understand.

And sit quietly, so the communication can take place.

Les: Yes, and will that communication come out on the machine?

It should do. We will work upon it for you.

Les: Thank you very much, I shall certainly do that.

It will be good evidence for you.

Les: It will be for all of us. Yes I promise to do that. I felt it twice and it was so strong that I spoke to my lady Ruth, thinking it was she who was with me.

No, I can say no—no it is not she, but I understand why you would feel it to be so.

Les: Yes, it was so strong.

This will be communication concerning the work you are doing here. If it is not suitable, of course we understand and adjustments will be made.

Les: Thank you, but I will leave the machine ready at all times.

I thank you. it is good to be amongst those who are willing and loving, in support of the work and communication we are trying to achieve.

Les: Good, I look forward to doing that. God bless you, in all you do.

Les: Thank you.

Now let me come to this little lady. This gentle soul, let me speak to you. You also have been aware, yes?

Sara: Yes. A few times I have looked to my right and to my left, thinking there is someone in the room.

Yes you are right, your sensitivity is increasing. You are a very sensitive, feeling young lady, let me say that to you. Do not look for whoever is with you—just be still, send out your thoughts of love and greetings and you will find it becomes so much stronger. But do not turn, do not suddenly try to find—send out your loving thoughts, in love and welcome and you will become aware, I don't say soon, because these things take time.

Sara: Thank you.

There is one with you, who is indeed a beautiful soul. She will make herself known to you, do not doubt it, but we come back to that word again called PATIENCE. There is so much happening, so much going on, that at times, you must be wondering where is it all leading to. These thoughts I am aware of. I have said to you all, there is much to be done, much to come, much for you to be aware of. Which one of you has thought that the sound of the birds singing and yet there are no birds? Yes, the gentleman across from me, Mark.

Mark: In the night I did, when it was dark.

You see, I know what all of you are experiencing.

Les: You have heard them have you Mark?

Mark: I have yes very fleetingly, that it was dark, but the birds were singing and I was surprised.

Do not be surprised, any of you. I said I would be close to you all. Remember this, that all of these happenings—and I am aware that it does create doubts within your minds—remember it is my way of showing you all, of how close I am to you. I hope you will accept it in the way it is given, in loving help.

Les: I'm sure we all do thank you.

Sara: Yes thank you, we are very grateful.

Paul: I wish we could do something for you. (gentle laughter)

Well my dear friend, perhaps I will remember your words. You DO give me so much, if only you knew, if only you could see how much is being given to me, by the very fact of my being here with you all and the love and support that I feel from each and every one of you. It makes my task so much easier. For this I am indebted to you all. Without your love, this task for me would not be possible. So you see, although you are happy for me to be here amongst you, let me tell you that it is *you* who give so much to me. For that I am eternally grateful.

I think this time, if you would like to ask some questions, I will be happy to answer you.

Les: Yes I have one I wish to ask please. You may be well aware that at our other meetings during the week, we have been asked if we would allow the particular medium or instrument to be used, in the way you are used, for further information from those higher beings and those from other planets. I have said yes, because we would be delighted to assist the work in that way. We were also asked not to refer to such beings as 'aliens,' because they objected to the term. I can understand this and I fully appreciate their feelings. We at the moment, suggest that we should call them our, 'alternative friends,' so as to distinguish them from such as your good self. I would like to know if they would prefer to be known in any other way, or by any other name?

I see. This would indeed be correct to address them by their name. After all, you would not call a stranger from another country an alien. So to some I would say, it is offensive, but to the majority of our 'Cosmic friends,' I would prefer to call them, because after all, it is such a vast expanse. Your universe is one of many. To the majority it offers no offence, because they understand that your earthly understanding is much below their own. It is rather like seeing a small child and the wrong words that they use. You have compassion and understanding, do you not?

Les: We do and I'm grateful for our Cosmic friends for feeling that.

Yes, but I must say to some, it does cause offence.

Les: And we apologise for that now please. We do not wish in any way to cause offence and in future they will be known to us, as our Cosmic friends.

I would suggest may I?

Les: Please.

I would suggest that at the beginning of any communication you may have with our friends, that you indeed ask them what they would be prepared to accept, in the way of names. Because I have said that to the majority, it matters not. So it would be up to you, to discover which peoples are finding it offensive.

Les: It is a very good idea Salumet and I will do that at the next opportunity.

Let me say a little bit about these friends. Most are loving beings, who far outweigh in

intelligence and in love and self-awareness. I have said before that you here on this Earth, are rather dense in matter and knowledge. So you see, they show you only understanding. They do not wish to come to you, full of misunderstanding and aggravation. They want to show themselves as the beings of love and light that they are.

Les: That is why we want only to offer then courtesy for their attention here.

What you must always remember, each and every one of you, we all developed from that divine spark. We may differ in our outer garments, but inwardly we *all* are the same. This is what you must remember, all of you. Why do you have so many prejudices within your world? It is FEAR—it is fear which causes these things, I have spoken to you before on that subject.

Les: Yes you have.

It is why you have such things as your racism, because peoples look different to you, which creates the fear within. It is a lack of love and knowledge and understanding, that the spirit that all of you are, comes from the one source. Remember your Earth, is just one tiny planet within the universe, within the Galaxies and within the whole of the cosmos. So accept those who come to you in love. Allow them to give you the communication they wish to offer. Accept it and accept their friendship. So I say to you my friend, speak with them, get to know how they feel and then decide upon your name.

Les: Thank you. Yes I appreciate your advice and I will do that. One of them at our last Wednesday meeting, when he said he worked on various planets, I say 'he,' I don't know the term, I asked how many and he said 32. When I said how did he appear to them and that did he take on the semblance of those he was visiting, he smiled and said he was amused at our constant desire to put everything in human terms. He said you will not understand this, but I am energy, I have no body. **Let me say, you move away from gender, when you reach a particular state, you become one mass of energy. We have spoken slightly on the male and female energy, within the one unit, yes?**

Les: We have indeed.

When you reach the state, the form of being without gender, it becomes easy to *form* yourself within either gender, when it becomes necessary. These are matters which you may

find a little odd or strange, but my friend, this happens. So probably what I will say, 'him,' because that is the term you have used—when 'he' visits other planets, you say he takes the form that they possess, yes?

Les: I follow.

This is possible, but *only* when that state has been reached.

Les: So 'he' must have reached the stage of extremely high development then?

You speak of development as you know it. Let me say to you, this is a difficult subject, for you human beings to understand, because in the state of the cosmos, you my friends, are very low down on the scale. So you see, there are beings who always have been formless, if you like, who have not possessed these human forms. It means not necessarily that they have risen greatly, but shall we say their starting point is different.

Les: I see, their starting point is different and much higher spiritually than ours?

Yes, yes you understand.

Les: Well I feel even more privileged that he should have returned to us.

Yes, when first I came to you, I said many, *many* were gathering. This means not only within your Earth, but in many planets. Do not think that yours is the only planet which is in need of help, because I can tell you, that is not so.

Les: Presumably many of these planets have not been visible to our astronomers and will not be, because of their distance.

They will never be known, because even with extended knowledge, even when you leave these physical overcoats behind, you will not be aware of much that is there.

Les: No, I can accept that too, because it's merely another small step in our learning.

Yes, it is too vast to explain to you, for your understanding, For your general understanding, it is too great.

Les: Yes, our scientists use the term nowadays of an expanding universe, but it is quite obvious from what you say, that even they have no conception at all, of the extent of the universe.

The expanding universe, it is an expression which brings a smile to my so called 'face.' It is energy expanding. Yes, they see so much, but know so little.

Les: Yes, I was hearing on our radio news this morning, that scientists have now discovered, in

space or the ether, the amino acids which create life. And they are getting all excited about it.

Are they indeed. (*laughter*) I say no more. (more laughter)

Les: I think that is the most stunning expression you could have used.

George: They seem to be ignoring the most vital part of life.

Les: Quite, again, the amino acids are the physical life and they are missing the spiritual interpretation

George: They have found a thread of an overcoat. **I think this gentleman has said, they have touched upon a thread. How many treads are within a tapestry? The tapestry of life is deeply woven.**

Les: Yes I have used that simile quite often, saying that we have are merely making one thread of it, or part of one thread, in the work we do here.

Can I say to you, your Earth would be one thread within one piece of twine.

Les: Is that so. Really insignificant aren't we? But we are not in the overall plan.

Please I don't like the term, you are *ALL* insignificant. We are *ALL* part of the divine plan and each particle belongs together. *ALL* of you are necessary.

Les: I remember us being told long ago, I quote part of it: 'Individuality is important, only when it ceases to be important to the individual, which is a paradox, but very true.

It is not important when you reach that stage of knowledge. You leave behind much when you reach that state of awareness, of *awareness* of who and what you belong to.

Les: Yes, so therefore the individuality would cease to have any importance—

The individuality is important, whilst you wear these overcoat, but once you free yourself from it, then you have the wider scope of knowledge before you, where much can be achieved and much can be learned.

Voice fades to a whisper, spoken with great feeling:

I feel all as beacons of light, within very, very dark clouds. All of you are units of Love, which attract to you all the negativity of earthly life, which can be broken up to create even greater light.

Les: Thank you for that.

Mark: Do you have any advice on breaking up the negativity when it comes?

I say to you, use your expressions of love, that is all that is necessary.

Les: Thank you.

I leave you all this time, with love which will sustain you, until we meet again.

Les: And our love goes with you and ask God's blessing on you and thank you again for all you have told us tonight.

Paul: Another beautiful evening.

Until next time, may you go in *peace*.

Les: Thank you Salumet.

There then followed a delightful happy lady called Hester, who filled the room with wonderful laughter, helping to lighten things before we closed. Les had at first thought this one might be a 'rescue.' Here is the link if you want to listen. (6 minutes long)

<http://www.salumetandfriends.org/resources/hester+17+4+95+lightening+not+a+rescue.mp3>