

~20<sup>th</sup> March 1995~

Good evening my friends.

Les: Good evening.

**Much has been going on since we last met.**

Les: Yes it has. I know it has on our side, but did you mean on your side?

**Remember always it is a joint effort. (Yes—)**

**Let me begin with just a few words this time please.**

**(Yes—) I have been aware of your many thoughts, your many questions, all of you. I want to say to you all, as I have done previously: I cannot live your lives for you; I cannot change your lives for you; I can only influence and try to guide you. That does not mean your thoughts and your desires are thrown to one side. I know there are among you some who have doubts—and I don't mean that unkindly, you understand?**

Les: No, we accept it as a statement of fact.

**I will do all I can to help you all, you realise this?**

Les: Yes I'm sure we do.

**And I know you will understand that the reply to your questions and your thoughts, will not always be what you want.**

Les: No, we understand that too.

**Therefore, let me say to you: I gather all of you within my thoughts, within the help and the boundary, with which I am able to give to you. I hear your cries for guidance, your cry for wisdom, your cry for *many* things—and let me say, all of those thoughts are here.**

Les: Thank you. You take them to your heart—**I want to speak to the lady at the end.**

Les: Right—Dawn? (Yes.)

**Within her group of acquaintances, she is in contact with an elderly lady.**

Les: Is that so Dawn? Answer please, keep the voice contact going.

Dawn: Yes it is.

**I want you to be a little more attentive to this lady. She is not forthcoming with her speech, but she is in need of some comfort and you my dear, can supply it. Just listen to her. Look behind the words that she speaks to you, because you see, there is a lonely soul, you understand who I am speaking about?**

Les: Yes I think so

**Yes you do. Send forth your thoughts of love to this one, she is in much need. Although the front that she presents to the world, is an entirely**

**different one, you would agree? (Yes.) Yes. That is all I have to say this time.**

Dawn: Thank you.

**I want to say this time that there are many who would like to use your instruments. And so I am prepared to devote some time to this. Because the more aware each instrument becomes, the more we can bring you.**

Les: Thank you.

**So I would say, is there any questions before I leave you for this time?**

Les: I will ask in just a moment, but before I do, I would like to thank you on behalf of all of us, for your colleague who came to speak at our last meeting. It was most interesting and we are grateful to you for having brought him to us.

**I am pleased that you found it to be so.**

Les: We did indeed and we hope that he will be able to return one day, to speak again.

**I wish you could see the many who wish to come and perhaps you would realise the difficulties therein. There are many to come my friend; many, many, many interesting peoples. But knowing him, I do not doubt that he will return to you.**

Les: Good. We are glad to know that, but of course we also do accept that whoever you bring, will be of benefit to us and so whoever it is, we shall welcome them and be glad to hear them speak.

**I can say to you, I will bring only those of an informative nature. I trust you will find it so, indeed I know you will.**

Les: Oh I'm sure we shall, thank you very, very much again. Now, any questions for Salumet?

**Always I am surprised! So many questions when I am not here and when the opportunity comes, silence. (smiles)**

George: Well, I do have one. I'm continuing to write my book and I'm about half way now and I quite often feel I'm having some help with it and I feel there are perhaps spirits not far away. Ideas come and go and I don't think it's all me. Would you like to say something about whether there are spirits not far away during our consciousness, as opposed to in our dreams?

**I believe we have touched upon this subject a few times. Let me say you are all guided by many. There is no *one* guidance around you. All of you have more than one helper. We have spoken before on many things, about your scientists, about your writers, about your**

musicians. All are inspired from our side of life. I said to you previously, continue with your writing and you would be helped. Of course by that I meant you would be inspired, at the correct time. I am not saying *all* your thoughts are inspirational ones, but at certain times, when your awareness is heightened, then of course we come close to you. So your assumptions are correct.

George: It's very reassuring and I'd like to say thank you.

**I do urge you to continue with your task.**

George: Thank you.

Les: Thank you. Any more questions? *(pause)* I have just one short one. You asked us some time ago, to give time to one of our sitters, a gentleman. I'm sure you are aware we have been doing that with very good results and we were asked that he should be sitting next to you at this meeting. This has been arranged.

**Let me say to you, you may find that this evening will tell you why that was to be.**

Les: Thank you very much again. God bless you, our love goes with you.

**Please to lower your light for those to come.**

Les: Yes certainly.

*We then sat in silence for a time, before one came through who needed some assistance from Les, in realising that they no longer needed to hold on to the pain, now that they were no longer on the physical Earth plane.*

*One then began through Sue:*

**—I come to say that while instrument is being used, then instrument is experiencing some extraordinary feelings. This is to show the difference between the physical and the spiritual being. The instrument is of course human form, yes. I have to tell you that I am not of the human form, as you know it.**

Les: You are not of the human form as we know it?

**No, can you understand?**

Les: Yes I can. Does that mean that you normally inhabit another planet?

**If that is an easy explanation.**

Les: And have you ever lived upon this planet?

**Not this time, no—not this time, but in what you would call the future, I will walk your lands. But that is not for some time yet.**

Les: I see. You will walk upon this Earth at a distant time in the future.

**That is the future plan, yes. But it will depend on whether your planet improves and becomes less hostile place.**

Les: Yes I understand. So am I right in saying that you are what is known on this primitive Earth, as an alien being, from another planet?

**Yes, but that word brings to mind in your minds, little green creatures. I am neither little, nor am I green—*(laughter)***

Les: I do hope I have not offended you, but in our minds, no such things exist.

**No, that's right. It would take longer than I can afford here to explain my appearance, but as you are aware, after the physical appearance, becomes THOUGHT only, yes you understand me? *(Yes.) Therefore I can say I have no real physical attributes, you understand me?***

Les: I do understand.

**My words are being given to me by another. Therefore the words I use are not easily recognised by me. You understand?**

Les: Yes I do indeed and I appreciate the effort that it must be causing you, in order to communicate with us; primitive beings that we are.

**That is your word, I would not be so unkind. I say not primitive, but unworldly, yes you understand me?**

Les: Yes. But we do consider ourselves to be primitive, in many respects. We have so much to learn.

**Yes, but it all takes time—not one lifetime, but a whole universe of lifetimes.**

**Now instrument needs rest from my words and personality—yes is that right, 'personality'—needs to return to herself, yes. I leave with many, many thoughts of L-O-V-E for future and trust and hope for this planet in time. Farewell, farewell to you all.**

Les: We do thank you for your visit. There is much of course we cannot understand, but we are very grateful to you for what you have explained and for your interest in our Earth. We can only hope that the future will be much less hostile for your intended visits. So that you will be able to come. We would like to see you tomorrow, that is how we feel about these things. In the meantime our love goes with you and we say God bless you all. **One more thing: This one here, tell her much to come from this one here.**

Les: Much to be done with her, good. I'm very glad she's come back to us.

***I leave you now.***

Les: Thank you very, very much. Goodbye.

*There then followed some fairly short 'rescues,' followed by a visit from one called 'Fayre' through Sue, who Les recognised from a previous meeting. She came partly to show how she had learned to speak English fluently now and partly to welcome someone back to the group, who had been absent.*