

~16<sup>th</sup> January 1995~

Good evening.

Les: Good evening to you. We do thank you for being here once more.

**I am always pleased to come.**

Les: Thank you.

**This time as last, perhaps we can begin with your questions and end the time on other things.**

Les: Certainly.

**Then let us begin please.**

Les: Right. Well, the first question I would like to ask you, is about so called 'ghosts'. There are various theories existing on this Earth about ghosts. Some are said to be the residue of thought imprints upon matter, which recur from time to time, sometimes at regular intervals.

Another theory has it that they actually are a physical manifestation of people from your world. Of course, the two are entirely opposed—references. I wondered if you could give us some information about these so called ghosts?

**Yes. Let me begin with that please. These two theories are not as opposed as you may think.**

Les: They're not?

**Not at all. There are of course, events which happen, that leave their stamp upon your etheric world. I believe this category, would be your first answer. You have such instances, not only of ghostly figures, but of ghostly 'things,' shall I say?**

Les: Yes, you're quite right, we do.

**For example animals, solid objects such as trains, as aeroplanes and such like. These things are 'residue', as you call it, that have been left behind, caused by a surge of energy at the time, whenever the occurrence took place. Can you see?**

Les: Yes, I understand.

**It has such an impact on the energy levels of your etheric world, that it is almost 'stamped', if you, on it.**

Les: I see.

**When you speak of ghostly figures, as beings from our side, let me talk a little on this. Of course, you will be aware that people from our side of life, can be seen as whole, can be touched, can be spoken to, are seen as they *should* be, as they *were* if you like.**

Les: Yes, I have personally have had that experience.

**But also, you can have almost a shadow of that self. It comes down to the usage of the energies, once again. That the person trying, does not have the knowledge or the help available to them. So, instead of the solid form, you have almost an image, mirror image of that solidified form.**

Les: I follow.

**Again, we come to the energies, the higher and the lower energies. Do you follow me? (Yes.)**

**Also, when we talk of ghostly images, then again we talk of the thought patterns, stamped upon the etheric. Always these thoughts are in the etheric energies, not in the physical. But of course, they transform themselves through to the physical. Are you following me?**

Les: Yes I am, thank you.

**So perhaps you can see, that the two thoughts are not actually opposing, they are two separate ways of using energies.**

Les: Yes I suppose a parallel would be a better description.

**That is a much better word.**

Les: Now going back to the images imposed upon our etheric, of 'non-persons,' do they ultimately disappear, does their energy pattern lessen over a period of time, as we know it?

**It can do. It would depend on thought that keeps it alive. This can be—how can I put this to you? I am lost for the word. If the thought patterns are built enough, to encourage this image to remain, then it shall, but eventually of course, the energies must subside. It may take a little or a longer time. As I say, you people on the Earth, can in fact hold onto these things, by your own thought patterns. So you see, in a way you are instigators of the energies that are showing themselves to you.**

Les: I was going to ask that actually. If somebody does experience one of these 'sightings,' lets say, would his or her own thought patterns, enable that apparition, whatever it might be, to build energy from the thoughts of that person seeing it?

**The energy will feed from the thought pattern, yes that does happen.**

Les: So that would enhance it and therefore enable it to stay longer.

**It enables it to remain longer.**

Les: I see, that's interesting.

**If the thought, if the person who sees the images upon your Earth, were to see and let go,**

then there would be nothing for the energies to feed upon. Thus the time that it would remain, would be much lessened.

Les: I see. And I suppose also it depends upon the impact, upon the viewer, as to how much the image is able to replenish itself, from that thought and sighting.

**Exactly, you have almost a boomerang effect.**

Les: That would explain then why some images, many hundreds of years old, are seen very, very clearly, quite frequently.

**Yes, of course.**

Les: Thank you. Well that clears some of the controversy there has been about these images and so called 'physical' ghosts.

**It applies also to the phenomenon you call 'poltergeist.' What is that but thought patterns. The energy feeds upon it, the pure energies and of course is able to use and create these things.**

Les: I believe you did mention, in an earlier meeting, that poltergeists use the lower forms of energy.

**Of course, they use lower, but also they can use the very pure. Always remember positive and negative. That is an important aspect in your world.**

Les: Yes. But I think poltergeists are often associated with the appearance close by, of young children. Would they therefore be using pure energy patterns from those children?

**In the case of very young children, then the energy patterns would, of course be pure.**

Les: Yes. I thought they would be.

**As we get to the older children, then the energies are changing. They are almost coming to a peak, perhaps that would be the way to describe it to you. And so they can be used and misused.**

Les: And misused, yes. And whilst we are on this subject of poltergeists, would that be ascribed to the rare occasions, when a physical body is actually consumed by fire, for no apparent reason?

**No, no, it is an inner energy. I have told you, the energy that creates that, is an *inner* energy. It is an energy that has, to put in simple terms, gone wrong.**

Les: I see. And would the person so consumed, have been responsible for that burning?

**They are totally yes, they may not be aware of that, but yes. Let us take the word 'consumed,'**

**that is exactly what has happened. The body has been consumed by the overpowering energies.**

Les: And the person so consumed has been responsible for it?

**Yes. It may not be from one lifetime. It has to be a build up of abused energy. That within the physical, becomes contorted, and has to have an expression, if you like.**

Les: Yes. What would be the result to the etheric body of the person so consumed?

**The etheric body would of course, be shocked. But ultimately would face up to the fact that they are responsible. So therefore would go from there, to counteract, if you like.**

Les: Therefore would have to begin the process of progression.

**Would have to, yes, yes.**

Les: That certainly gives a most interesting answer to it. One I've never seen or read before. Thank you, I appreciate that.

**We are talking of energies not known widely, to man.**

Les: And of course, there cannot be any physical explanation of it, because the person has been consumed and is therefore unable to give the explanation.

**The word is very apt, to be 'consumed.' That is exactly what has happened. We are talking of difficult things again, when we talk of energy, because your knowledge of energy is very limited. I would feel you would find it difficult to even imagine what energy feels or looks like. But it is something that can be felt, as you realise it can be felt in many ways. So it is something that has to be spoken of later in your time.**

Les: Thank you. Yes, we look forward to some of these people, that you are going to bring to discuss these things.

**Yes. I don't say you will understand them, but I will be happy to bring them along.**

Les: Thank you. No, it will be, even if we don't understand them, it will give us a better inkling of these things. We can't hope to understand them all in our physical awareness.

**All too often, you *physical* beings are looking for *physical* explanations. Once again I say to you, the power of your thoughts. Look always to that and you will find many, many answers.**

Les: Good. Yes, this is what I try to emphasise when I try and describe the next world, to newcomers here, who wish to learn.

You cannot. There are many, many ways of describing the next stage of life. And of course, your own minds will create that which you will encounter. So you see, there will be no 'standard,' if you like.

Les: No, you are quite right, there won't be. **So it would be wrong to say you will see this, do that, meet this one. Only the soul itself, will know what to expect.**

Les: Yes, to follow on what you said and for the sake of all our sitters here tonight, the other evening we had a communicator, who said quite emphatically, that he still enjoyed meals, **(Yes.)** such as he had on Earth, and he knew he had to think of them and they were there. **(Yes.)** Now that would to many people, seem strange and impossible. But it does illustrate what you were just saying. That he thought of the dishes he liked and would still like to have, and was therefore able to have them.

**Remember always, that our side of life is a life of 'THOUGHT'. All of life works upon thought and mental communication. So it would seem only natural that these should be developed. It would be best for all of you, as I have said before, to try to develop these things, whilst still in your physical overcoats. It would make your emergence into our side of life, so much easier for you.**

Les: It will indeed, I agree. It is very difficult for people to understand that thought can operate in that way.

**How often do you 'sensitives' feel the thoughts, the feelings, that come from those you love, or others who are close to you? It would seem natural to you, yes? (Yes.) So you have to think of it on a wider scale, that instead of those you love, or who are close and near to you, that with all peoples, this is possible. And we have said that thought travels much, much more quickly than the speed of light. It is instantaneous.**

Les: Absolutely instantaneous—  
**So if you wish to have something to eat, to drink, to see someone, to do something, provided these things are within, shall I say, your 'allowances,' then they will be yours.**

Les: Yes, until such time as we realise the so called, 'physical' requirements are no longer necessary.

**Sometimes we have the thoughts from people still in their physical being saying, 'What will happen if I cannot do it?' Don't be concerned,**

**you can still use the physical words, which will be understood, by those who are there to help you, until such time that they are not necessary, then you can discard them.**

Les: Of course. Thank you very much for all that. Very enlightening. Now, to an entirely different subject, you did tell me last week, when I was speaking about somebody—one of the abbots, I'll reiterate—and you suggested that it should always be checked in case there is a mistake, or somebody has got *in* when they shouldn't. Well, we had during the week, a request that a certain person should be asked to sit on the floor, if that person was agreeable at the next meeting. Is it all right to accept that as a factual request, which will have benefits? It has happened before, several times in the past and I know communicators have preferred to sit on the floor, rather than a chair as we know it and I understand the reason. But I thought I would like clarification in this case.

**There is no reason why that should not be so.**

Les: Thank you. I accept that, thanks very much. Now, I've occupied a lot of time, has anybody else a question?

Dawn: Could I ask a question please? I did understand that if I did healing on my dog, I thought it would get better. But he didn't. Could I have your comments on that please?

**Yes, of course. Let me say this to you: Everything that is said, is spoken as we see it. I have said we have more foresight, which is of course very true. But let me say this to you: As you physical beings have your own free will, let us go to the animal kingdom, which is next in line to you human beings. They too have a life force, a spirit being, as you are well aware. At the time I spoke to you of this animal, he should have recovered, is this not what I said to you? (Yes.) The animal was ill, but the information I gave to you said he would be well. Now we come to the equivalent of your own wills. It is not quite the same thing, within the animal kingdom, but they too are aware of the thoughts and feelings of others, you understand? (Yes.) When the life force is depleted, as it was with this animal, the healing that you gave, should have brought the animal back to full health. As you are aware, this did not happen. What in actual fact happened was that the spirit aspect of the dog, actually gave up, gave up on his own life force. The dog was picking up negativity from others who**

surrounded it. I am not saying you, but there were others who were around the animal, who were giving off negative thoughts and feelings. Can you accept this? (Yes.) You can. So you see, the animal, especially in the state of a lowered life force, did not in fact have the *will* to struggle onwards, in the same way that you human beings sometimes, I believe you say, 'Give up the ghost?'

(Yes.) Yes, so too this can happen within your animal kingdom. I did not speak untruth to you, but of course the animals too, have the right to make their own choices. The animal *should* have recovered but did not. I know these things are painful for you all to accept, but it should be a major part of your spiritual instruction, to know that each and every one of you, that all animal, all plant life, have their own choice, can create their own structures, whilst a part of your physical Earth. So you see, the animal actually made the decision. (Yes.) I hope that has been comforting to you. I know it is always painful when you lose loved ones, but remember that they have *really* gone to a better way of life.

Dawn: Thank you.

Les: If I might add, you of course, can be reunited when you go on Dawn.

**The love bond cannot be broken. Many people believe the animals do not have a soul. That is entirely wrong. Those animals upon your Earth plane, who have united themselves with a physical being, create a love bond, an energy, that will not be separated. So rest assured, in the knowledge that you shall meet again.**

Dawn: Thank you.

Les: Thank you very much. Any more questions for Salumet?

George: Yes, You've answered many of our questions lovingly and patiently. Many different types of question. Do you enjoy answering some more than others? Do you have a preference for a certain type of question?

**Forgive me if I smile. Of course not, I have come to try to inform you of many aspects of many questions and answers that you seek. I do not have any preferences as you put it. I am only happy to do what I can. I am grateful that you have allowed me into this place, wherein you all sit patiently, devotedly, searching and seeking.**

George: Thank you. it is we who are most grateful.

I am always humbled by such kind words and I accept them graciously. (Thank you.)

Can I say, this time to continue to see what else can be done within this room and I must say, that always I am happy with the way each unity is progressing.

Les: Thank you, that's very comforting for us to know.

**I only wish you were aware of all the background work. But for this time, my friends I say thank you.**

Les: Oh we thank you and all our love goes with you and we look forward to our next meeting. God bless you.

*There then followed a quiet period, followed by a communication through Sue:*

***I have been waiting for this opportunity. I present to this room, the ball of life. It means little to you now, but is to be of enormous importance in the coming time. Much power will evolve from it's centre. Power which will enable more highly evolved work and communication. We intend this place to be of importance, not just for these people here, but for others unknown to you at the present time. Do you understand what I am trying to express?***

Les: Yes I do indeed and we're privileged—we shall do our best to ensure it is used wisely and for the benefit of others—

***More information regarding the use of this project will be told to you, when you next converse with our friend. For now, accept it into this room and await its purpose.***

Les: Yes we do accept the honour—

***Now, may God and the light be with you. general goodbyes/blessings***