

~21st November 1994~

Good evening. I feel the warmth of your greeting once more. (*general thanks*)

Les: Yes, we love having you with us.

I bring with me tonight, these rays of unbounding love, which tie you all together. (*Thank you.*) We need to begin just a little slowly this time.

Les: Thank you. From what you have just said about the unbounding love, is of particular interest, because I've felt as soon as I sat down this evening, that there was a great deal more power than usual.

Yes. I am still working with this one, in many ways. She is being instructed in what she needs to do, from her side. But tonight I am trying to usher forth, more of myself. But I have said to you, it takes a little time.

Les: Yes you have said that. It's very interesting to feel the differences which are occurring.

You should *all* be aware, that within the room, there is differing energy. I hope that the sitters are becoming more aware, as the weeks go by.

Les: I feel I can say, I'm sure they will be much more aware of it. Perhaps they might even experience what I have tonight. I quite thought I was being elevated physically.

If you are unaware of these energies within your physical beings, worry not. Your *spirit* selves are aware of it. I want to say this time, about the instrument here, (*Eileen*) how pleased we are, with the way that *she* too, is making progress.

Les: Good, she'll be very pleased to know that.

At one time, we rather thought that her own will, created too many blockages. But I can say, *that* has cleared and we owe her our gratitude for what she is doing now.

Les: We would certainly second that. We appreciate it too.

I don't wish to say the others are not progressing, but this one has spent many years of your time—perhaps to begin with, a little doubtful, a little confused—but now her mind is open to all that can be given.

Les: Good. As you've said before, patience, patience.

I will say, because of the development that is beginning with her, she also will find that her life *here*, begins to fall into place.

Les: That's splendid. Thank you.

If there are moments of quietness this time, forgive me, but it is that the instrument is being used, rather differently this time and it will become necessary for speech to cease momentarily.

Les: I understand.

So do not worry if it goes quiet. I will continue, when it is right, you understand me?

Les: I do indeed and we shall not break the silence, we shall leave that to you.

Now, I am sure there must be some questions.

Les: Yes I think there will be, but I would like to ask something, in which I think everybody will be particularly interested—this is the power of thought, about which you have often spoken. In the next plane of life, how does thought govern creativity? Are there special groups of people, who undertake training, to use their thoughts for particular purposes, such as building specialised places for learning, for hospitals, for learning, for instruction, for libraries and so on? And are there others, who specialise in the production of literature, or painting, or similar matters?

Let me speak on this. As you are here in your earthly bodies, people who need other people, thereby following your groups, your doctors, your architects, your scientists—many thoughts created by each group, so nothing changes.

When you come to our side of life, what is different? There are of course groups, who because of their awareness, their development, naturally will graduate together. Of course, we have groups who use their thoughts for *good*.

But let me say, each soul is their own powerhouse of thought; that is not unusual, it is normal, *normal*. But as you have here your groups who gather, so too must we. The collective power of thought, is stronger—you can understand that, rather than one single **THOUGHT wave?**

Les: Yes, indeed we can.

Thought is used as you have said, to create our spirit hospitals, for use of all knowledge, that is useful to mankind. I don't like to use the word 'superior beings,' but I cannot find another suitable word, therefore I will use it. We have beings who together create much, much goodness. They are the teachers if you like, within the spirit world. They use the power of their thought, for many, many things. And so it comes to be, that when an individual shows he is ready to be taught, in the way of creative

thought, then we have, how you would term, schools of teaching and learning. It matters not what the learning is for, but if the desire is genuine, then they can be helped. These beings are also used much for the work of influence. You have heard me speak of the people upon your Earth planes being influenced, have you not? *(Yes we have.)* We have people who work solely for that purpose. They would work through another. This may be difficult for you to understand. They would use another soul, who then in turn would influence the person here, because of course, it is difficult to come from whence they belong.

Les: We quite understand. An intermediary would be necessary.

Yes, sometimes it is rather like a ladder, taking step by step downwards.

Les: Yes. That to me is quite logical.

But we have many halls of learning, we have many groups, yes, and I say, the power of *all* thought, is so powerful, so creative and also so destructive. It is an energy, that needs to be harnessed correctly. And those in our world too, need to learn just that. Is that helpful to you?

Les: Yes, it answers the question fully, thank you very much. I can see there is unlimited power to the thought, and what it can create within your world.

You see that the thought, can of course, I think you would say, 'run haywire?' So sometimes it needs to be channelled correctly. I am afraid that whilst in these bodies, the power of your thoughts, are not fully appreciated. Therefore, therefore you lack the *control* of it. How often do each of you, try to exercise your thought processes? Do you have full control? I would say to you, you do not.

Les: I would agree with you entirely. I can only speak from my own thinking, but I know, much as I try to control my own thinking, it does become a random affair. Very seldom can I concentrate for any appreciable period of time.

That is why it is important to learn to exercise control. That is why it is necessary for us to have these teachers in our world, who can teach when it is necessary. Do we have more questions?

Les: Yes, has anybody questions?

Sara: Yes, I've got a question. Can you tell us if there is any truth in palmistry and numerology?

As each of you are unique beings, you come to this life as *such*. I would say to you, your palms are your blueprint, if you like. You will not find any two hands the same. They too, are unique. It shows what is meant to be, but the other hand, shows what you have made of life. *All* is marked upon, not only your hands, but the whole of your casing. Your feet, your head, your eyes; each part of you, is unique to each person. That is why it is possible for people, I think you say, to *read*, to read. *(general agreement)* It is only because they have made study of these things. You know of course, all of you, that in your time, your finger prints can be used, because they too are unique. Let me say, you have two hands, one left, one right. The whole of your body, is positive and negative. You all are polarised to a certain degree. I can say to you, if you wish to study these things, do not dismiss it as trivia, it is not, it is your own unique blueprint, of what your life is about. I can say, your **left hand** denotes *all* those aspects of your life that *can* happen. But then look to the other one for the balance and there you will see, what you have actually achieved. And like many things, it does not stay the same, it changes throughout your lives. The lines you have one day, may alter in the future.

Les: This is the lines on the right hand?

The **right hand will change, as your life progresses. *(Thank you.)***

Sara: Thank you, that's what I thought actually, it confirms what I thought.

Les: I would like to add one question if I may to that please, does that apply equally to everybody, whether they are right or left-handed? Would it always be the left hand that is the indicative one?

Yes, it matters not, how they use them, we are talking once again—I always have to go back, that basically, you are energy. You see? *(Yes.)* These physical 'clothings' create some problems, but the **left hand shows all you are capable of, the **right one** will tell you how you have used, or even abused—**

Les:—What a mess we've been making of things—*(chuckle)*

I leave that to you.

Les: Thank you very much for that explanation. That's a great help to everybody, because there has been a lot of controversy about these things. **I would not say—I will continue with the lady's questions. Numerology, is partly superstitions.**

Of course if you think again, we come to thought, if you think your number is lucky, what in fact are you doing? You have created the thought of luck. Can you see? (Yes.) You can I tell you, create your own disasters, create your own luck, create all that is around you. But basically, how you look at the numbers, I would say, is mere superstition.

Sara: Thank you.

Let us continue.

Les: Thank you. Are there any other questions for Salumet?

Dawn: Could I ask one. I'd like to ask a question about eyesight. One has eye tests for glasses—Do you believe that regardless of age, that you can get good eyesight by doing exercises? Or should one have a stronger pair of glasses?

Those are true words. There is no reason why anybody should need support in any of their senses—any function, should until the last breath of your physical being, be sharp and acute. There, you can see by those words, that you can in fact help yourselves greatly and I know what you speak of, when you say 'exercise the eyes.' Like everything, your eyes can become used to being used, with glass upon them. Because the body becomes older, I believe I have said previously, the ideal is, that the physical being, should remain healthy, provided it is taken care of, not only by means of being fed, but by your mental attitudes. There is no reason why you should not depart this life, fully equipped with *all* that you were born with. So you see, it is unnecessary for your eyesight, to deteriorate. I know you will say, but we all become older, it is natural. I say to you, it is *NOT* natural. What is natural, is that you should leave your physical being in a good state, that the soul should discard that physical being, quickly, quietly and easily. *All* of your physical malfunctions, are indeed created by your own doing. I feel you all saying, 'We find this hard to accept.' Is that not so?

Dawn: Yes—

Les: It is difficult to accept, yes.

Yes, I feel it from you. But there—if you look around, you will find the people who never need to use spectacles, who never have deficient hearing—all of their senses are intact. I have said to you, and I will say to you again, *find* those senses once again, it is never too late. Because you have allowed all of your senses to

be depleted, what happens is, that gradually they become more and more useless. You would agree with me? (Yes.) That is why I have said to you, develop those senses; taste, smell, hearing, eyes. All that you have been endowed with and there would be no reason, for these things, these glasses, your hearing aids, your loss of smell and taste—all these things need not be.

Les: I must say that though many in our animal kingdom live to extended ages, I've never seen one with glasses. (*chuckles*)

You speak true words. I would not say that all animals retain everything perfectly, that is not true, but in general they are much, much better off, than you human beings.

Les: Yes, there's bound to be a little deterioration, I agree.

Not *bound*, but there is.

Les: I mean with the animals.

Yes. You could do much to help yourselves.

Develop those senses that have been lost. The lady is correct, your eyes can be strengthened and you should all adopt the practice. (*Salumet mentions ways to develop our senses in sessions 10th and 31st October 1994*)

Mark: Do we carry our physical defects from other lives into this life—from being 'lazy' and not using the senses properly, in another life, do we carry that defect into this life?

It would depend on how deeply imbued it was, on that part of the personality. It can be, but usually, you do not carry forward these things. It would be an exception, rather than a rule. But it can happen.

Les: If it can happen, would that be, by the will of the person concerned, or because of other influences or factors?

It becomes like a split part of the personality that breaks away and is imbued upon the consciousness. It is so strongly imbued there, that when the soul returns, if they do, it can go forward with them.

Les: Thank you. But that would only apply to a physical rebirth and not to an etheric body, living in the next world?

It is part of what is past, to put it simply. Of course it cannot stay within the etheric body, but it is retained within the mind. It is split from the personality, because of the strength of the conviction, whatever the problem may be. Can you see?

Les: Yes I do, thank you.

It's rather difficult I know, for you to understand when I say, 'split away,' but remember I have told you, you are not one unit. This is where the difficulties arise when we speak of spirit. Most of you know only of an etheric body, which travels onwards. You are in fact much, much more; much, much more.

Les: Yes we obviously have a great deal still to learn.

I think this time, just one more question please.

Les: Thank you. Anyone with a final question?

Dawn: I have another, if nobody else has—I'm afraid this is about an animal actually, a dog I have. It keeps coughing and the vet said it's the heart. Would you know if this is so, because I think in a way it may not be?

You say your animal (*pause*)—Your vet, you call them, is partly correct. There is strain being put upon the heart, but that is not the problem. I would say, look to the kidney area, that is putting strain on the heart. But the problem lies in the kidney area of the dog. The dog also is a little unsteady, is that true? (*Yes.*) Yes—don't be too concerned about that. The problem you find, is that you don't know what to say to the vet, is that not so? (*Yes.*) Yes, I say to you, you, *you* can help this animal if you so wish. Would you be prepared to do what you have to, to help? (*Yes.*)

Les: To give healing you mean?

Dawn: Not to have the operation—

Les: No, well try the healing, Dawn? (*Yes.*)

This animal has a very great rapport with the man in your life. Although he is a little loathe to understand this work, he too could be of much help. I would like you in times of quietness, to place your hand between the two front paws, two front *legs* I mean, of the dog. (*Yes.*) The other hand upon his head. (*Yes.*) You may find your hands being guided. Do not be afraid to let this be. This animal will recover. (*Thank you.*) Please use your hands to help the dog. (*Thank you.*) I wish to say one last thing about the animal. Will you gently sing to it? (*Yes.*) It will respond much to that. (*Thank you.*) I leave you all, with my blessing. (*general thanks*)

To you (*Les*) I say, don't be surprised if within this room, there is some phenomenon. It may come suddenly.

Les: We look forward to it. Thank you for telling us.

Don't be alarmed or concerned.

Les: No. We know it will only be for good, and for our help. God bless you.