

~7<sup>th</sup> November 1994~

Good evening.

*(general greetings)*

**I ask please may you lower the light a fraction this time?**

Les: Is that satisfactory?

**Thank you. My purpose for that is that I am trying to use instrument (*Eileen*) on a deeper level this time and I think for comfort, better to have lower light.**

Les: Yes, of course.

**I am so happy that you have all gathered once more, to meet again, to listen to me.**

Les: We're very, very happy to have you, and I have quite a number of questions, mainly arising from what you have previously told us.

**I will be pleased to answer for you.**

Les: Thank you. Excuse me, I will have to turn my back to you, while I put a small light on. *(reads notes)* You have spoken to us in the past about UFO's and we were very interested in what you said. Recently, in the last few days as a matter of fact, there has been a marked increase in UFO's, in the North of the country, in Scotland, to be precise. So much so that a community has organised a gathering to discuss it further and ask the government for further information, which they believe is being withheld. Can you give us any further information on that?

**I will try—I think what you speak of is nothing new in that area of your country. But of course, what is different, is that awareness has become much more profound. It is not that suddenly there are more craft. It is just that people's awareness, as I have said, (has) become more profound—they have become aware. It is not unknown to your government here, or in other countries. It is not something new, but something they have been aware of for quite some time. I would say to you, even from the beginning of your century.**

Les: Is that so? So long as that?

**I think if you were to face your governments, and I say that is now happening, because of the interest shown by the ordinary person, your governments can no longer deny what is happening.**

Les: I'm very pleased to hear that, because I and many others like me, have been of the opinion for a long time, that there has been what we call a 'cover up,' in these matters.

**It is understandable, only in the way that your governments have been afraid of the fear it would cause amongst your communities. But, of course, they deny the intelligence of the common person. But no longer can they deny what is known, because as you have said, the 'people power,' will insist upon the truth. As I say, not only in this country, but in all of your World, these sightings have taken place. It is not uncommon and it is not new.**

Les: So there has been a general consensus of opinion throughout the World, by the government leaders, that nothing should be published?

**I say they have been afraid.**

Les: Yes, this is what I thought. They're afraid of 'panic stations,' to use our expression.

**I believe I have said to you, if you were to speak to the people who have travelled into space, they could tell you much, much more than has already been spoken of.**

Les: You've certainly said that. And the inference was that they have seen a great deal more than they have been allowed to tell.

**They have been instructed not to speak, but I can tell you, amongst some, it has caused some major problems.**

Les: Has it?

**It is an awareness that cannot be denied.**

Les: Quite. And can't be covered up for very much longer, I would imagine.

**Because of the increased awareness, then it will *all* become much more open and people at last must make their own judgements and they must stop and think.**

Les: Good, we're very pleased to hear that.

**But, it is nothing new.**

Les: No. It's just that it's coming much more into the purview of the population as a whole.

**It is what we have been striving towards, that this time, the knowledge that is known, will never be denied. It cannot be allowed as it has in past ages, to be put down. It will come out *(louder)* and so it will remain. The time has come *for people*, for people to know what life is all about.**

Les: Splendid. Yes, you did comment on that before. And another piece of media news, made me think of you this week, too. The French government is now apparently being much more concerned about a 'religious attitude,' towards their politicians. In other words, they have to be

much more answerable to the people than they have been. And that also made me think about what you had told us about 'people power.'

**Yes, you have seen a great increase in this, have you not, over the past few years in particular.**

Les: That is quite true. Yes, we have.

**It is something that must happen. For too long have your peoples been kept down, have been denied the right to serve and speak as they wish. It could not continue. That, as I have said previously, is one of the reasons we have gathered, and that we must now spread the word, so that it cannot be denied. It is happening all over your world. Of course, there will always be those leaders, who will try to keep down their peoples, but that will only happen for a very short time. I speak in particular of those rulers, those men of greed and want. But eventually, the people must speak, and follow their hearts.**

Les: Good. That's most interesting, thank you.

**I cannot say to you, 'All will be rosy,' in your near future. That is not true. But we are working intently on the changes that are afoot. At this time, as you can see from your televisions and your radio communications, these things are happening.**

Les: Yes, they are indeed. And we feel very privileged to be part of this group, in at the beginning of the 'explosion,' if I can put it that way. As I'm sure it will be an explosion when it really begins—an explosion of opinion.

**Yes, perhaps the word is a little unfortunate. It has been a gradual build-up towards knowledge. It has been happening mainly throughout this century of your time. Too often, as I have said, it has been denied, but this time we work towards the truth. The truth can never, never be extinguished.**

Les: Yes, perhaps the word 'momentum,' would have been a better one for me to use.

**I would agree with that one, thank you.**

Les: We are certainly delighted to hear this, because once it does begin, I am sure it will open up many, many more avenues of knowledge, learning and interest. And I have said many times in the past, a moral revival. I'm not going to say a religious revival, but a moral revival.

**I am unhappy sometimes to hear that this word 'religion,' is still so important in your world. It would be much better to use the, 'love of mankind,' that he could bond together from**

**every area of society, to make a unified 'religion,' I say reservedly; the religion of love and of brotherhood. I know that your world religions have served the people well. If it has caused them to have comfort, so be it. But now is the time to place it all to one side and everyone to join together, to seek for that God-consciousness, which is within you all. But it is coming—**

Les: Good. We look forward to it. Now, my next question touches on other things you have told us before, deviating from this subject. But I know some people in this group are still concerned about some 'rescues' we have, because they consider that those who come back for help, have been in their traumatic state and aware of it for many, many years sometimes. I believe I am right in saying that somehow, they are 'cocooned' from that, and they do not suffer the pain or the mental torment, which caused their death.

**Let us speak a little on this again. (Thank you.)**

**You know you all are clothed in a physical body. You have an etheric body, which is closest to the physical. We all understand that, do we not?**

**That is the part, which 'departs,' if I may use the word, when the physical being dies. It retains that part of the personality that showed itself in the physical being—goes with the mind, which belongs to the spirit part. The brain part of the physical being dies, but the mind is retained. Within that mind, lies all the experiences of your earthly lives. Is that clear to you all?**

Les: I believe so. Has anybody any questions on that, before we go further?

**I would like to explain as we go along, if there are any problems.**

Les: Anybody any question on that? You understand that the mind activates the physical brain and is free on the death of the physical brain. That is quite clear to you all, is it?

**So, the spirit takes with it the experiences of the earthly lives. If the knowledge of that being is limited, then of course when the spirit is freed, then he is in 'shackles,' if you like, by his own mental knowledge. Can you understand that? (general agreement) How can it be so, you do not suddenly become 'Angels.' You carry with you all that has been *felt*, all that has been *learned*, all that is '*you*.' Some unfortunately, are not well-equipped in the ways of spirit, they are spiritually 'poor.' So, this is where the problems arise. If you have knowledge of spirit, of what**

you are about, there should be no problems. You will leave that physical being behind and you will go to that place that you are meant to be. You will be greeted and helped on your way. That is the normal pattern of things. You understand that?

Les: Yes we do, thank you.

Now we come to the group of people who have problems. Let me firstly say to you, there are many views on what you expect to find, when the spirit leaves the body. Let me take an example. If you are deeply religious, in any of those religions of your world, you will expect to find, what those teachings have taught you. So, in actual fact, what you expect is what you find. That sometimes is difficult for people to comprehend. But it should not be so, because again we come back to that very powerful thing called **'THOUGHT'**. What you *think*, is what you *are*. We come to the people, of course, who have a traumatic passing, where they are almost 'shot,' from their physical bodies, perhaps rather too quickly and they are lost. Or you have the people who have suffered from illnesses, and they too retain their pain. But all are met by someone. But whether they accept that person's greeting, is entirely up to them, because, you see, you still retain that free will. It is something you carry with you. You do not lose it on your physical death. That free will is still active. Do you understand that? (*general agreement*) So, of course, if the free will remains, you are in fact still 'individualised.' The problem lies then, when people cannot or will not accept help. They are lost and sometimes we cannot reach them to bring them forward and that is where your rescue circles help. I believe we have spoken a little on that.

Les: Yes, we have in the past.

**But, let me say to you here and now: No one suffers. It is where the word in your teachings comes from, the word of 'limbo.'** It is a grey area, if you like, where people come. They neither can come back, nor can they move forward, because their own mind is blocking it. Does that make sense?

Les: Yes, we have used the word (*limbo*) frequently in rescues.

**But let me say—try to explain a little simply for you. You may be in pain, you may have worries, but when you are in your sleep state, does not**

**all the knowledge and the pain disappear from you?**

Les: True.

Try to imagine a state of sleep, where you are cushioned from all those troubles, those daily troubles that you suffer from. This is a simplified way of explaining what happens to those souls in distress. They are 'buffeted,' from their pain and their anguish, until such time as they are ready to accept that they need help. I do not mean they are forgotten or neglected. We have souls in our world, whose 'job,' if you like, it is to help and protect these souls. They do *not* suffer for years and centuries sometimes. They are 'cocooned' from all that. But they are being influenced, if you like, in that time, until such time that the realisation comes to them, that they must be helped. They are either brought back to your 'rescue circles,' or they move forward with those souls in our side of life, who are there to help them.

Les: Thank you very much indeed. That is going to give a great deal of comfort to many of our members, I know, who could not quite grasp that they are not suffering. Not so much in this group, but in others, where we still deal largely with rescues.

**I think perhaps the problem lies in the fact that when they return to your rescue circles, their last memories come back with them. That is for identification purposes and so that you too can help them. How otherwise can you know what you are dealing with? You do not have the mental fortitude to cope with it, unless you know the physical problems and what ails that soul.**

Les: That's right. Good. I'm very happy to hear that, because it does confirm what I have told people. But coming from you, it is going to give them even more assurance that these poor people do not suffer for many, many years.

**No, we could not have that.**

Les: I couldn't imagine it for a moment, but neither could I explain fully, how they were protected. But you have now done that. Thank you very much indeed.

**It is the simplest way. It is almost like a sleep state that they are put in. That is the closest I could come to tell you.**

Les: That's adequate, thank you.

**Are there any more questions on that?**

Les: No, I can tell rescue circle members that—they'll be very pleased to hear it. No, I think that wraps that one up quite nicely. The next one I was going to ask, is we are having a great deal of anxiety in this world at the moment, about what we call 'global warming.' And now and then, the subject of the melting ice caps raises it's head and there are 'panic stations,' about borderline cities and towns on the coast, being flooded by a rise in water etc. Then we have further anxieties, because of man's use of chemicals and so on. You know it as well as I do, I'm sure, causing a hole in the ozone layer, which gives us this global warming. Are we in fact responsible for global warming, and is global warming occurring?

**Let me answer that for you. First of all, let me say man is an instrument of fear. So much fear within your souls, within your hearts. That is why we have gathered. That is the reason behind this interest, this *awareness* that is taking place. Yes, global warming is happening and yes, man is responsible. But in saying that, let me tell you, that the world is *not* static, it will not stand still. There will always be the natural occurrences within your world, which will create problems. That is nature—that cannot change. Speak to your astronomers and they will tell you that also, The world as you know it, your Earth, will not stay the same—it has not stayed the same, since it began. You agree? Your continents have split, islands have sunk, islands have raised from the sea—It is all part of nature. So, to a great degree, it is a natural occurrence. But what is more worrying, as you have said, is the chemical aspect of your Earth, the misuse of these chemicals in your world, the severance of the forests, the abuse of the land, the killing of your animals on land and within the seas, the pollution. I can name so many things—and yes, I have to say, mankind has much to answer for. But I say to you also, be optimistic, because we see the change of attitude, which is coming. It has already started and it will continue. At last, in *all* of your earthly countries, man is beginning to see what he has done and is now beginning to redeem himself. So, you see, be optimistic—fear not, it is not too late to change the attitudes of your governments, of your peoples—and I say to you, it is coming about.**

Les: Well, that's certainly very good news, because the majority of information we get about these matters, is very worrying in the way that it

is put over. There never seems to be any hope in it. But from what you say, and from what we know ourselves, of the emergence of factions interested in preservation of the world, does give us hope. And we must try and exercise positive thought, I imagine, in all these things.

**I was about to say to you, rather than your world all fearing what is happening, why not try your positive thoughts and see what can occur? It should be a worldwide thing, if only you could see what you could do, with your own powerful thought patterns, you would see such a difference in the whole of your world.**

Les: Well, we can certainly begin it here, and hope to pass it on to others.

**But the fear is understandable. It is one of the reasons for our space travellers coming here, to try to help you. There is nothing to fear from them. They mean only good, and that will become apparent.**

Les: I'd love to be able to see one. I'd be happy to welcome them, I'm sure we all would.

**Continue with your thoughts—(smile?)**

Les: Thank you, now, one other thing, which is rather nearer home. A few evenings ago, you told us to give special opportunities for development, to a certain gentleman. (*Andy*) We did this, and he did attend for some time. It was said that he would work closely with two ladies. But he's recently had various problems, which have caused him not to continue coming. We're hoping that he will resolve these problems and return once more, because we are all sure that he had great potential. Can you confirm he'll be back?

**I think you will see him return. I think there will be no doubt upon that. He will return, but give him time. You cannot force these things, but he does need time at this particular time. Uh—whatever the problems may be, and I don't wish to elaborate, they will subside and he will return, if only by the influence which we are about to help him with.**

Les: Good. Well, that's encouraging and I'm sure the ladies will be very pleased of what you've said.

**But you know we cannot interfere with his free will. We can only influence, but you will see him return.**

Les: Thank you. Let's just exercise patience—I think I've had my quota of time and questioning. Has anybody else questions?

George: Yes. I wonder if you could tell us something about war and peace. Out of love must come peace, not war. And yet, war is a condition which may bring the best out of people sometimes. So, it's slightly confusing, but some of us feel that peace is the only way in the world. Can you say something on war and peace?

**I will try. Of course the perfect world should have perfect peace. That is why, when I speak of religion, it has caused more problems, than it should have done. Wars are caused by man's inhumanity to his fellow man. They are caused by greed and many other things. There can sometimes be good from these wars, but I would say to you, ultimately they are bad and not much good comes from them. Perhaps the fellowship of man, together on one side, is an area of good, which results from wars. But of course, that is something that should be taking place in any case. Man, as I have said, has much to answer for. So often we hear the cries of the people, 'Why does God allow such things to happen?' I put it back to you, why does man allow these things to happen? They have moved away from all that is good and noble. Their lives have become one of greed, of hatred and anger. Too often through your ages, have we seen the results of your wars all over your Earth, not only in your times, but in times gone by, men killing men. What do these actions show? It shows how *poor* in spirit you have all become. It causes great sadness in our side of life, when we see how much hatred abounds. You were not placed upon this Earth, to hurt another human being. But you will say to me, I know, what of these people who wish to steal another's lands? What of those tyrants? They cannot be allowed to roam free. *(voice becomes more forceful)***

**I say to you once again: *PEOPLE POWER - THOUGHT POWER*. You have within yourselves, the power to change your whole existence upon this Earth. Wars are damaging not only to people, to the countries, to your world as a whole, but the repercussions rebound within the space that surrounds your world. You cannot see these 'waves of hatred,' as they travel through your space. This is perhaps another subject we can go into—but wars are damaging. They can never be good, and even the peace that follows, is one of false hope. If only**

**you could see those people, who come to our side of life, those who have suffered because of wars, each and every one of you, would strive, would do your utmost to be peaceful. Peace, really should be your heritage, whilst upon this Earth. And that is what we, too, are striving towards—*Peace for all of mankind*.**

George: Thank you. A wonderful answer.

Les: Any other questions?

George: Yes, if I may. There is someone I know who lives in the village of Hook, who about a year ago, fell out of a tree and broke his neck. He has been to hospital and his condition has stabilised. He now lives in a wheelchair. He has no use of hands or legs. Umm—Given that his higher self agrees, can he in principal be helped by a spirit surgeon?

**It depends. I think we have spoken too, on this matter. If it is a part of what he has to endure, whilst here in the physical, then it is something he must endure whilst here on Earth. But of course, if he is in touch with his higher self, as you say—if the higher self, I prefer to say that *soul aspect* of himself, agrees, then he can be helped. It is a case of cause and effect again. There is no reason why he should not be helped, if it is meant to be. What has he tried to do?**

George: I know that he has had healing, but apart from that, only conventional surgery, only the material approach.

Les: Has he had any spiritual healing?

George: He has had channelled healing, but—**Let me say this to you. This one can be helped to a certain degree, but he will never be fully mobile. This I can tell you. But if he wishes to *reach* within, reach within himself, link to that higher aspect of himself, then he could achieve a greater improvement than he now has. But I would have to say, it will not be a full recovery. I think you could yourself offer him words of encouragement—help him. I will come again to say, sit in those quiet times, to meditate and reach that higher aspect within himself. He may be astounded as to what *can* be achieved. I will say to you, I will see what I can do to help him.**

George: Thank you so much and I shall certainly speak with him and encourage him.

Les: Thank you Salumet. Any other questions? I think we are probably running out of time now. Any other quick questions?

Sara: Can I ask a question? The little girl that I see at the weekends, Ashlea. I think she's quite

frustrated at the moment. Can you give me advice on how to help her?

*(pause)* **Does—let me see—The child, does she complain of her legs at times?**

Sara: I don't think she has, but I have wondered about her legs, yes.

**This child is gifted with animals. Has she shown that aspect of her nature yet?**

Sara: Definitely, yes. She wants to pretend to be them, yes.

**She is very gifted with them. I would say, try to help her, by listening to her and encouraging her to speak with the animals, because I tell you, she does have that ability. It is an outlet that may help in the frustration that she feels. It may be that she does not fully understand the feelings that she is experiencing at this time. But her gifts with animals are very much to the fore. So I say to you, encourage her, all she may. If she speaks to you sometimes, in language that seems nonsensical, do not laugh at her, take her seriously and you will find that you will help her, in the way that she most needs.**

Sara: Good. Thank you.

**The more animals that she can be surrounded with, or be in contact with, will only be to her benefit.**

Sara: Thank you.

**And ah—now I say to all of you, thank you for gathering, for listening to me. Thank you all. I say one thing please, before I leave you, that the instrument needs a little longer quietness this time.**

Les: Thank you.

**Until we meet again, God bless you all.**

*(general thanks + fond farewells)*