

~17th October 1994~

Good evening my friends. Again I am happy to be here with you. We need to begin just a little slowly this time.

As time goes on, I am beginning to have more control over this instrument. I am instructing her, as to what she needs to do to help.

Les: Thank you. I know she'll be very pleased, when you are able to take full control of her and so shall we all be.

Let us continue this time, with some questions if you like, but advise you go slowly.

Les: Certainly. The first question I'd like to ask, on behalf of one of the sitters, is if you can elaborate on what you term, 'soul-mates.' You have spoken about soul-mates at a previous meeting, and the lady wasn't sure what is meant by the term.

Of course. It is unfortunate that we need to use these words, but let me try to explain to you.

Soul mate is an element of your own spirit, if you like. I need to go a little deeper than we have so far. I have said to you before, that you are not single units. Can you understand that, firstly? Do you understand what I mean, when I tell you that?

Les: Yes I think so, we don't say that we can understand fully, but it has become clearer, as the meetings progress.

As your soul develops, so you gain in knowledge and love, throughout the many ages and developments of your many lifetimes. Your soul-mate, is in actual fact, a part of the original spark. Can you understand that? It is like the pea that is split in two. It cannot ever be divided, in a sense. When the two come together, they form as a whole. Remember, I am trying to explain in simple terms. You separate the two parts of a pea, they can go in their separate ways, but when they reach the point they can be joined together, they become as one. Soul mates are intimately one whole. It matters not what their sex is, male or female, that is not important, but the meeting, the joining of the two 'Sparks', I would prefer to say, when the joining comes, nothing or no one can separate them. They can in actual fact, meet down through many lifetimes, not always as soul-mates, but in other degrees of relationships, can you follow me?

Les: Yes, so the two individual sparks, have to exist as such, for their own development, do they?

Soul mates will develop at the same pace, otherwise they could not be joined as one.

Les: Yes, that was what I was going to ask. They develop separately, but both within a predetermined plan.

Exactly. When they meet in a lifetime, which I have said is not usual, it is not the norm for you to meet always with your soul-mate, but when it happens, nothing, *nothing* or no one can keep them from coming together.

Les: I see and are they then indivisible, in the lifetime during which they've come together?

Of course, if they come together, then they will not be parted. But that does not mean there will be a continuation, as the souls move forward. We are on to deep matters again, but I hope I have explained it more this time. You could have mother, with a child, who are actually soul-mates, it is not necessarily always true, that it is female and male together. You have this idea that it is man and it is woman, that is not quite true.

Les: That's something new for us, yes. Thank you for that explanation, it's certainly cleared it.

Is it sufficient for you this time?

Les: I'm sure it is thank you. Which brings me to the next question I was going to ask anyway. We have discussed planes of life and they are unlimited, as you've told us, but let us for simplicity's sake say, when a person goes into the next plane of life, immediately following this, is there any stipulation as to how long they stay there? Does there come a time when they have to leave it, just as on Earth, there comes a time, when we have to leave, owing to death?

There are many deaths and many births. It is the continuation of your soul's growth, as I have said. But no, there is no time limit. Until the soul is ready to move forwards, by all accounts, with it's own knowledge and foresight, it will not be moved onwards. It matters not, time is irrelevant to these matters.

Les: So there is no external influence to make that soul move on, until it itself is ready?

There is influence, but ultimately the soul makes his own decisions. Always, *always* there is influence help and advice, but we cannot interfere, as we cannot with you. We can try to help, to help them to see what they must do, but time is another subject that we must speak on.

Les: Yes thank you, that certainly clarifies it for all of us I'm sure, because in all I've read over the years, I've never come across a positive statement, such as you've just given, it has always been inference and ambiguous remarks, as to the length of time a person or being spends in the next plane and the inference has often been, that there comes a time when it has to go on and I couldn't accept that.

Why—it does not make sense, if you use your logical mind, why should it be so? And time is not of your making, as it is here. We must speak on that another time.

Les: Thank you. Now we had a very interesting happening last evening. Just as you asked me to ask you to assist in the development of a gentleman, who's not with us tonight, there's another lady who comes on Sunday evenings and she's having individual development. Last night she was being used for individual rescues and then a gentleman spoke through her, saying that he had been asked to come to me for advice. Well, I knew almost instinctively what the advice had to be, because two ladies here, are very interested in horses; it is their business, their means of living—but they also love the animals and have both expressed a wish, to heal them. They've both been told of course that they can do so and have started, in fact. This gentleman who came through as a rescue wanted advice and I suggested that he might help these ladies in the healing of animals, because he'd been a vet on Earth and was disappointed he couldn't follow his calling, because the horses were virtually perfect, when he sees them in the next world and he was quite frustrated. So I've asked him to help these two ladies—I presume he'll be given special powers to help them, since this is his desire? **If the desire is a genuine one, then it will be looked at. I cannot say now, it will happen, it will depend on the gentleman's own development. If the desire is genuine, it will be taken further; he will be advised and it will be seen to be done, if all things are suitable. You cannot just give things to people who desire them, if they are not entitled to them. Can you see that?**

Les: Yes, we were told long ago that the desire in itself, is not sufficient in this work.

Exactly, but if his desire is genuinely to help not only the animals, but the ladies of whom you speak, then there is no reason I can see, that it

should not happen. I would suggest they do not call on him just yet, the situation will arise, when they will become aware of him, if that is to be. But I would say refrain from calling his name, for the time being.

Les: Right, thank you very much for that advice. **I must say, although we have spoken of the power of your thoughts, when you desire something, it depends also, on how much and how *genuine* that desire is. Of course you can desire, but for the wrong reasons and we must be concerned, for the growth of the soul of the being.**

Les: Yes, I have no doubt myself, from the way he spoke, and his obvious pleasure of the fact that he'd be able to do the work, if permitted, that he's genuine, just as the ladies are genuine, in their love of the animals.

The fact that he was brought to you, is a good indication that he was being—how can I say—not tested, but helped in his desires. But it does not necessarily mean that it is clear cut and he will be able to do such a thing. It will be discussed with his, how can I say, I don't like the word mentor, but it is the only one I can think of at this time. He will be helped, I am sure.

Les: Thank you very much indeed, the ladies will be very grateful for that answer.

But please do not call on him, you could be doing the wrong thing, at this particular time.

Les: I see, thank you. There's a lady here, who wishes to ask a question about her daughter, may she ask? **(Yes.)**

Margaret: It's my daughter in law. She lives in Hong Kong, she phoned me today about my grandson. He's sort of hyperactive and intolerant to certain foods. I've been trying to convince her about the power of thought and that, but she's wondering if there's anything else she can do to help him?

Let me have a moment. Yes, yes this child you speak of is rather frustrated. He needs to have more outlets for his intellect. He is an intelligent child, is he not?

Margaret: Yes, he's not 5 yet, but he is at school and he is intelligent, yes.

No matter what the age, we are speaking of an individual. I see sometimes, that children are not given full scope, when it comes to matters of their intellects here, their feelings and their desires. Children rather have a hard time of things, I think. This one needs to be guided a

little. He has a deep thinking mind, although so young. Your daughter in law, you say would be advised to sit and speak to the child, more often, on matters that concern him, rather than the parents. He has foresight this child. It needs to be encouraged. I can tell you now, he is someone who will development along the road of life, with many problems, but he will indeed be very lucky in his lifetime here. But he needs the encouragement now, as well as looking at what he is, in the way of his eating, but this you already know, do you not? (Yes.) Look to that aspect, but look too to the inner child, look to that intelligent force within him. He needs to be spoken to, not spoken at, do you understand?

Margaret: Yes I do yes.

He needs more outlets, for his active mind. I cannot say what that should be, that is up to the parents. But I am sure if they look at the child closely, then it will come to them. He has some problems with his sleep patterns too, does he not?

Margaret: I don't know, he doesn't when he's at my house.

It is his mind, which is over-active. The foodstuffs contribute, but that is not the whole problem. They need to know what he is about.

Les: Would it be as well, if his parents spoke to him, as if he were older than he actually is?

I think that would help yes. They see him only as a child; he is in fact a very intelligent soul. He needs an outlet for that intelligence. Children are so often put down, as being only children and in fact they are so much more.

Margaret/Les: Thank you.

Jackie: That's typical, because they want to do much more, they want to go places and do their own thing, but it's not entirely safe for them, I'm talking now about an older child.

Of course you need to stay within the boundaries that you set, I don't mean that, I mean the intellectual side needs to be expressed and I would say with the child in question, let him express himself on paper, if he can. It matters not, whether you think it is intelligent or not, it is what *he* is feeling. The praise and the guidance he gets now, will stand him in good stead, in future years. I hope that will be helpful to you.

Margaret: Yes, thank you very, very much.

Les: Your comments will go actually to the lady in question, on our recordings.

Are there any more questions?

Les: Yes, if I might, before I ask further questions, I wonder if you have yet been able to contact anybody whom you've proposed bringing here, to give us information on other subjects, or is it a little early? Am I being impatient?

I quite understand your impatience to speak to others. Let us wait a little longer, so I can be sure that conditions are perfectly right. I know it probably seems long to you, but again, it is only a very short time. I will tell you in advance, when I intend to bring others. But I said I would bring them and indeed I will.

Les: Oh I'm sure you will, I wasn't doubting that for a minute—right I'll cancel my impatience and thank you very much.

I thank you for that service.

Les: Now, anybody else has questions for Salumet?

Brent: Yes, I always come back to this problem in life of how much is determined and how much is up to our free will. It almost seems impossible to resolve the two things, because it seems to me if someone goes for—has an illness and goes for healing, and is healed, that's a huge change in the person's physical life; it would seem to be a form of interference and yet you say you are not allowed to interfere. So I suppose you'd have to say that his going for the healing is predetermined. So I just wish you could say some more about that?

I see, always the questioner, yes? When someone goes for spiritual healing, do you not see that it is his own free will that drives him there? That is not interference, that is the spirit's own free will.

Healing will only occur when the spirit part of you is 'touched'.

I believe I have touched on this matter before, but obviously you need to have it clarified once more. Why do you suppose there are cures, as you say, and some are not cured? The problem lies within. If the spirit part of you is touched and that is what spiritual healing is all about, then there is a cure. But to receive spiritual healing, you must first use your own free will, to go to a healer. Can you understand that? (Yes.) But you feel healing is interfering? How can it be interfering, when the spirit itself has asked to receive help? Are we to say you have come to us for help, you cannot receive it? Would that not seem wrong to you?

Brent: No, that would seem to be wrong to me, but it often seems to me that you can see and predict the future and at the point of which the individual exercises his free will, it would seem to me it would be impossible to predict the future. I totally agree that if someone asks for help, they should be given help, I only chose healing as one rather large change that appears in the physical world. I don't know if there are other changes that can be made in the physical world, but if you take the case of free will, it does seem that it is really indeterminate, what the soul will decide.

I think we need to discuss what you human beings are about. You are more than physical matter, you know and understand this, yes? (Yes.) You know as you come, what you need to achieve, this I have said also, you see that? (Yes.)

With your free will, you determine which pathway to take. You can keep on the pathway that you should take, or you can meander in all directions, you understand that? (Yes.) Let me speak then of illness. What is illness within the human form? It is a disease of spirit, which manifests itself through the physical body. How can the physical be cured, if the spirit is not touched? We agree on that do we?

Brent: Yes I accept that.

Your physical being is a covering for the spirit, that is all. So when something goes wrong, you leave the straight and narrow, as you call it, you take the meandering pathways. You in the human form create your own illnesses. It is not the pattern of your life usually, I don't say in all cases, because sometimes that is the path that you choose. Some choose to have some form of disability, some choose to have some illness. When that is the pathway of the spirit, then no spiritual healing can change that. Do you understand that?

Brent: Yes, that's consistent with other things that I've read.

But on the main I would say, all illnesses are manmade. Therefore how can you say, it is foreseen, it is caused by the free will of man, in his human form. Does that make sense to you?

Brent: Well, it's a bit difficult to understand all of this, I'm sure everyone else has the same problem, but yes, I follow you I think.

I'm trying to keep it simple, as always these matters are not straight forward. Man comes in many forms. Spiritual healing comes from us, to help you along life's pathway, but it is mainly to

touch that spirit, to spark that side of you, that needs to be expressed, can you see that? (Yes.) Man is responsible for his own life. Although it is known what the ultimate end will be, we cannot hold him—you cannot hold us responsible, for how you live your lives, whilst on Earth. I know it is a difficult subject for you, but you are endowed with the free will, to do with your life, to make the best of it and go forward and unfortunately, we see so many, who reject what they know and take the wrong pathways. Have I been helpful to you?

Brent: Yes, but I don't think I'll ever understand how the ultimate end can be understood, if free will is allowed to operate, I don't think it's possible for us to understand that, because we think that either things are determined, or they're not.

They are only determined within a structure. Your free will allows you to do much that is not within that structure. If we have—let me try to simplify it, if you have a playing field, with how many players shall we say—let us take the number ten for now. We have a playing field with ten players; the ultimate goal is to reach the other end of the field. Three or four of those people will go directly to the other end of the field; they are the people who are following their true destiny, if you like. Let us take another three, who may meander all over the field to the left, but ultimately they too, will reach the other end of the field. They may have more obstacles to go over, but ultimately they too, reach the end of the field. Let us take the other four. Perhaps they think they know a shortcut. They leave the field entirely and for some reason, they find it difficult to find their way back, but they do eventually. You see, all of those players within the field, have their own free will, but at the end of the day, there is a destination, which they must reach and within the structure of the field, it is up to them, to decide which way they go, towards their end. Can you understand that?

Brent: Yes.

Does it make a little more sense? I know it is very difficult for all of you to understand these things, but somehow you seem to think, you are all placed within this Earth—that the knowledge is known, everything is known, which of course it is, but there have to be some guidelines, you must agree on that, otherwise there would be

chaos and there cannot be chaos, within a perfect structure. Does it make sense to you?

Brent: No, but I think it's a little bit clearer, thank you.

Les: I had this problem Brent, just as you have, many, many years ago. I found this helped: I was looking at a point-to-point race at the time, and drifting away in these thoughts, it occurred to me that you could compare it to the rider being the soul and the horse, our physical self. The rider knows that after a gruelling race, there is a stable and adequate feed for the horse, so he tries to direct him, through the various motions of the point to point, and the various places. The horse is wilful and keeps deviating and going off track and has to be pulled back each time. Now that to me was fairly symptomatic of what happens, that the soul is trying to direct the body, the physical being. The physical being is exercising free will, by careering off course quite frequently. So, how does that sound? It helped me—you're welcome to it.

I think the fear lies within this one, that he really does not like to feel controlled. I am sure you would agree with me there.

Les: I can imagine that too.

I don't hear the gentleman's voice.

Les: Is that so Brent?

Brent: No, I think it would be very comforting to know that everything is going to be under control and that though I might make errors, I'll ultimately end up in the right place.

I don't think the words speak as his heart does. But I hope it is a little clearer. It is a difficult thing for all of you to understand, but yes of course free will is a powerful thing; the thought again, is such a powerful thing.

Sandra: You say that we've all lived in this room before. Why have we come back, is it that we didn't fulfil what we were supposed to do?

Let me speak a little on that subject. I have said it is not obligatory to come back to the physical being, but of course there are times when the soul feels, it is the only course open to him, for his own growth. It can be for many reasons. It may well be that he did not learn a lesson, that he was meant to, and he wishes to return.

Sandra: So it's the same soul?

Not necessarily, we must deviate a little from this. Let me say, you are body and spirit, the spirit part of you moves on, the soul I prefer to call it. Your soul will never change, it needs to

grow. But an element of your soul has the need to return, I believe I have spoken on this also.

Again, we are into deep waters.

Sandra: Will we have travelled near enough the same path, or will it be a totally different life?

I'm not clear what you mean?

Sandra: If we'd lived before and come back again, would we be learning by our mistakes now, would it be a similar time again?

You would know what you had to achieve, let me repeat that to you. But when you return to a physical body, that memory is wiped out, if you like. You would not learn, if you knew exactly what you had to do now, would you? What would be the exercise in that?

Sandra: But would we be totally different personalities, or the same personalities, the same characters?

You would choose that for yourselves, it would depend on what needed to be learned. You may return in another gender. If you had been female, you possibly could return as male. You may return as a baby, who has to be returned quickly, to our side of life. There are many possibilities.

Sandra: So it's not just failure as such, why you come back?

I don't like to use that word failure. It is not considered failure.

Sandra: Well, that you have to learn more than, learn by your mistakes perhaps.

Not necessarily, you have to learn—you may return to help another. There are many reasons why you may wish to return to a physical body. Not always that you need a lesson for yourself, it may be that you have agreed with another soul, to return with them, if you like, to help them in their soul's growth.

Sandra: So because I'm a twin, were we twins before?

Not necessarily. It is a decision that was taken. Once again I must say, you need to move away from the idea that you are always a single unit. I think always you are going to find this difficult to understand.

Sandra: I would love to know what I did before though.

Brent: Could I just ask, you speak of the lessons, a soul might want to learn. What would be an example of that? Would it be to learn compassion, or something of that sort?

I will try to give you an example. Let's say you had lived a life of cruelty, depravity and a life full of non-love for your fellow man. It may be, that when you have faced yourself and let me say, you are your own judges—it may be that you feel you need to learn love, to give love to someone else. So you may decide that you would like to return again, to be able to express yourself in a much better way. It may be that you would decide, to return as someone who cares for another person, let's say for example, someone who is unable to care for themselves. You would then redeem the life you had led previously, by looking after and giving love to someone who badly needed it. In that way, you would help your own growth and also another soul. Do you see, it is not always what is just for the betterment of yourselves, but always, *always* you must be thinking of others. There are many reasons for returning.

Brent: Thank you.

Sandra: One of them must be for us coming here, there's a reason for us all ending up coming here? **It sometimes takes many, many years to bring together, people who should be meeting. Yes you are correct in your assumptions there. You, at a particular time in all your lives, are meant to be together, that is quite true.**

Les: If I might amplify that, it was you Jackie was it?

Sandra: No it's me.

Les: If you knew how many people had been through this house, sitting in circles, but not staying the route—there have been dozens who've started and fallen by the wayside, as I say. But at last there's a cohesive whole. Of course you haven't known the past and how many have been through here and believe me there have been dozens. Some have started on their own, but many just gave up, not having the patience to stay the course.

Sandra: But we haven't come back just to do this have we? I mean they say to do healing with animals, have we come back just to do that?

Les: I don't know, I can't answer that for you. You have to make your own decision on that?

Sandra: Well yeah we will, but I wondered if it was planned that we come back and do this?

Les: Well as I say it's your decision, you may have wished to come back to do it, as part of your own growth of the soul.

Sandra: I'm sure there're lots of people who wish to come back that can't.

Les: What makes you say that?

Sandra: I would have thought, because not everyone has—

Please let me speak. It is not always necessary to return to a physical body. I have said previously, that is not a happening that always occurs. It is possible, that you can go forward in our side of life, without actually returning to a physical body. If the decision is used to return, then all, *all* of us would help that to take place, provided as I have said earlier, the desire is genuine. Always you must keep in mind the motive behind all things.

Sandra: I found it difficult that I made the decision to return, when it sounds so nice over there anyway.

You are speaking as

Sandra: A person, not as a soul.

Yes, this is the problem, you must try to see yourselves, *all* of you, as *spirit first*. The human form that you are now, is only a covering for that spirit, which is eternal, the real you, that part of you which will continue. So that is why you find it so difficult. Always you must try to see the wider scope of things. I will have to tell you this many times I think.

See yourselves not as just a physical being, but that *spirit*, that *eternal spirit*, which will go on and keep growing.

It is the spirit part of you that makes the decisions, which helps you along life's pathway, which eases your trails and tribulations, whilst you inhabit this physical being. That's why I say to you all, listen for that inner voice that is the part of you that will guide, *guide* you whilst you are here.

Sandra: Did you say that it didn't have to be the same spirit, when you come back?

How can you be the same? The spirit remains the same, but you will not be the same in the physical. You may return as a gentleman, you may return as a young child, who may remain for only a few months of your years, on this Earth. It depends on the reason behind why you needed to come. It is another subject which is difficult to understand. We hear so often, 'They were only babies, why did they need to be taken?' those babies you must remember in the wider sense, are spirit beings, who made a

decision to do just that. I know it's difficult for you all, but you must look on a wider scale.

Sara: This is how we would explain the Third World poverty and the children who die very young.

Always we have to speak of cause and effect. Sometimes it depends—we have to look back, before we can look forward, we have to see what has happened within that area as a whole, of how the people have used and abused the land. There are many factors which govern these things, it is not one solitary thing, which decides, it is a multitude of things and that is why it is so difficult for you to comprehend. Cause and effect are important words. Do not grieve, do not grieve for children who go on. I know how your hearts burst when this happens, but you should rejoice, because in fact they are returning home. Too often we see you grieve. If only you could look on the wider views of things, your lives would be much more simple, you would have less problems, you would be able to cope with life's trials. I hope that has explained it a little more to you all.

(general agreement + thanks)

Les: Are you able to take more questions?

I think just one more this time.

George: It might be fitting, can I ask a question about our limited understanding—take an example, 'Time.' I like to visualise a model and I think it helps me a little to understand things. I see time as a circle and we on Earth plane are travelling this circle. We can see a little ahead of us, and we can see a little way behind us, but if we are in spirit realm, I guess it's a little more like being at the centre of the circle and being able to see it all, being able to see the whole circumference. And as it is a circle, it goes on forever and time becomes eternity. Does that seem a sensible sort of model that might help us to grasp the meaning?

I understand your words, but I would say, within a circle would be a limitation. I would rather say to you, be outside the circle. That is your eternal growth. Do not enclose yourself within the circle. Although you could see the circumference, would you not see much, *much* more, if you were outside, looking around?

George: Yes indeed.

And don't you have the expanse?

George: Yes, could I add to that, that in trying to understand light and the way light travels, it

seems to have some of the properties of sound in air, so I'm using sound as a model, for trying to understand light, so that light seems a little bit like a compression wave, travelling at a very much faster speed than sound. Does that model strike you as being at all reasonable?

Light is in fact of a very much higher vibration than your sound. Yes, when you speak of sound, you are speaking of a vibration which is denser.

George: Yes, yes but I was wondering—I realise there is an enormous difference between the two, but there seems to be a slight similarity of principal, between the two.

There are similarities within each and every vibration that exists. You cannot separate them, as single units, like you cannot separate yourselves, as single units. All things counterbalance each other. So of course there are bound to be similarities, although they are separate. Can you see this? *(Yes.)* Everything that exists must be in balance with each other and if you have vibrations which are higher, vibrations which are lower, ultimately they have their line—lines, if you like, of structure. You have the lower to the highest, but each has its own individual reason behind it, if you like.

Les: You did explain to us a little while ago, that there are vibrations within vibrations.

Yes, this again we must speak on, on a more deeper level. The word vibration in itself is not an adequate explanation. We need to go into much deeper matters. But all I say to you, there are many levels of vibration, but each interacts with the other, although you see them as separate things. We will discuss this too, on another occasion.

Les/George: Thank you.

Les: Well, from everybody I wish to give you our thanks once more; a very interesting and enjoyable meeting with you.

Thank you all for your warm welcome, until we meet again, I wish you love, happiness and more knowledge.

(general thanks)

Les: And our love goes with you, God be with you.