

~19th September 1994~

I thank you for your welcome.

Les: We're delighted to have you again.

It is good to be here again. (Thank you.) I am happy that so many have attended once more.

Les: It is nice to see them all, isn't it?

I have been aware of the thoughts that many have been sending me since the last meeting.

Les: Have you? Good.

Let me say, it is not always necessary to keep your questions for me on this evening. I will endeavour to help each one of you, as I have already said to you, if you need me, I will try to help.

Les: That's extremely kind of you. We do appreciate it.

But I have been aware of the thoughts being sent up to me. So if there is one who wishes to speak to me now, please let them do so.

Les: Somebody who would like to speak to Salumet? Any special query or problem you have been hoping to be answered?

As I have said, it does not always need to be asked in this room. I will help them, even if it does not happen quickly, I will always *tend* to the *thought* that is sent to me.

Les: Thank you very much. I'm sure they'll begin to recognise that in the future and deal with it more easily, than they can at the moment.

It may take some of them a little time to recognise my presence with them, but no matter, I will be there if I am needed.

Les: Thank you, I'm sure everyone does appreciate that and will look forward to becoming aware of your presence with them.

I would like to say to you, before we continue further, next time, next time within the room, I would like to try something different. It will involve the young man who we have asked you to help. (Andy) If he is so willing, I will ask that he be seated in the centre of the room.

Les: Certainly. I'm sure he will be, because his progress is much greater than I had anticipated. I've been pleased—

Did I not tell you so?

Les: You did—

But of course, it is imperative that we have his acceptance to do (it).

Les: Yes of course. Do you wish to ask him now? **It matters not. You can inform me at the beginning of the next meeting.**

Les: Right, I'll do that, but I'm quite sure he'll be agreeable.

I hope we can achieve what we want to, but let me reiterate my words: Things must go *slowly*.

Les: Yes we quite understand.

But we will not be disappointed, will we, if it does not happen as we think it should?

Les: No, we know something else will be done instead.

I, too, am limited in what I am allowed to do, unfortunately.

Les: (*chuckle*) Yes, we'd all like to have a lot more power, wouldn't we? But we shall certainly try as you suggest.

Now, are there any questions for me?

Les: Are there any questions tonight for Salumet? (*pause*)

It would seem they have lost their tongues. Let me say then, if you wish, we shall sit quietly and see what we can do.

Les: Certainly, unless you would like to talk to us, on any particular topic. There is much we all have to learn.

Of course, would you like me to speak on any particular thing?

Les: Would someone like to suggest a subject?

Brent: I would, yes. I'd like to ask what your advice is, to someone who would say, I'm a spirit being, I'm never going to die. I realise there's a law of cause and effect that applies, but suppose I decide I'll be the adulterer, the thief, the ne'er-do-well in this life, and that things will simply work themselves out over time. What would be your message to someone who chose to do that sort of thing. What would happen to them in general? Does that make sense?

Of course, we come again to free will, do we not? If they wish to continue throughout their lifetime here, doing as they wish, neglecting that spiritual side, that aspect of themselves, then of course, cause and effect come into play. They can, of course, when they leave the physical body, continue with that train of thought. I believe I have said, you will not instantly change. You are still spirit, you do retain your memories and thought patterns. If the spirit being wishes to continue in that manner, then what we would do is try to influence him for the better—but, of course, with the free will, that still remains with him. When he passes to our side of life, there is not so much we can do. Only time, only *time*, will change his way of *thinking*.

He can remain what he is now, do you see? You do not suddenly become spiritual beings, as such, and in that sense, I mean you do not become 'goody goodies,' I believe you say. *(general chuckles)* So do you see, we can help, we can try to influence, but ultimately, the decision remains with that being. We have groups who still, still, after many, many years of your time, retain the same thought patterns, that they had whilst they were in an earthly body. Does that answer your question?

Brent: Yes. The reason I'm asking that question, is that most traditional religions that we're aware of in the West, have sought to induce good behaviour through the threat of punishment, through the threat of eternal damnation. Now, as I understand your teachings, there is a form of punishment in a sense, even if it is in the form of an individual awareness of the consequences of those acts. It is still, really—in a sense, there is an element of doing good to avoid punishment. But there is also presumably, something positive, doing good for a positive reason, as well.

Yes, I understand. Of course you can do good. But what is important, is the reason behind the doing good. You can do a good act, but (if) the reason behind it is self-aggrandisement—that cannot be good. When you come to our side of life, of course the self-awareness is much magnified. You are your own punishment. You have to face the *true self*. You have to look into that eternal mirror and see the soul as it really is. You cannot escape it; no one can. The punishment you speak of, is something that comes from within. You see your whole life-span before you. *You see the true Spirit being.* Not the one that you have shown to the earthly people, the one that says, 'I am a good person, because I give this, I do that.' If the reasoning behind that goodness is not for the good of the other people, then it is not good. Do you see?

Brent: Yes.

Les: Again, we come back to motives, don't we? **It is always the reason, yes. It is *why you do something, not the act itself.* Can you not put a smile on your face, can it not be a trick? ☺ The smile is not always genuine. So, too, are your acts and your deeds. That is what I am trying to say to you. But when you leave your earthly body, then of course there is no way you can hide from your true natures. Each and every one of you, has to stand and be counted, not by any**

body of men, not by someone in a high chair, but by your own selves. It is the hardest, *hardest* thing you will *ever* have to face. We see many, many who weep—many who weep at what they have done and what they have failed to achieve on this Earth; the opportunities that have been wasted. They see it *all* and for that, they can weep. That is the punishment, that is the punishment that is spoken of in most religions.

Les: So there is no external application of punishment to say soul. The punishment, in effect, is self-inflicted?

You create your own punishment, yes. I don't particularly like the word 'punishment.' It is a judgement upon yourself. I would like to refrain from the word punishment.

Les: Yes, I quite agree. It isn't such, it is a judgement, a self-inflicted judgement.

But, of course, we must use the words that you are familiar with. Is that useful to you?

Brent: Yes, that's very, very useful. Thank you.

Les: If I can follow that through a bit. Am I right in saying that those who continue to try to live a useless life, a life of ne'er-do-wells, as they did on Earth—they can't satisfy their physical desires in the next world, but they are able, under the right conditions, to latch onto people here and try to satisfy them in a vicarious manner?

You are correct in that way of thinking.

Unfortunately this does happen. These people are the ones who tend to stay closer to your Earth plane. They do indeed latch onto weak and vulnerable people here. We do our utmost to try to avoid that happening, but we are not always successful. We cannot always bring ourselves down to a level that they are able to achieve, to interfere. It is difficult for us, and that is why we need you people, who have been doing help, help, help for these beings. *(rescues)* That is why we need your help.

Les: Yes, one of the first things I do, is advise any person who wishes to go in for development of the spirit self, is advise them never under any circumstances, to sit on their own and try to develop in their own time, in their own company. Because they must realise they are opening a channel for communication, which can be misused.

It can, indeed. I would say to you, though, it does depend on the individual. There is nothing wrong with opening yourself, but of course, if you are new to such things, then I would advise

you sit within the group, where there is someone who knows exactly what is happening, because as you say, there are always beings who are willing to latch on. I'm afraid it is not always even (adults)—It happens too with the purity of young children. They are attracted to their 'white light.' Do you understand?

Les: Yes I do, indeed. That's why we would never entertain any work in the company of young children.

And also, too, as the being becomes older, so too do the energies deplete and oft times will they be attracted to them, for the very reason that energies are depleted, and they find it easier to 'latch on.' Yes, we have all kinds—We have many sorry, sorry beings, who need to be helped. But don't scorn them, feel pity for them. They have to be pitied.

Les: Yes they do, indeed. That's why we try to continue with the work we do here.

And we are grateful; you will never know how grateful we are to *all* you people, who involve yourselves in these 'rescues.' It is a job of work that needs to be done, and *not all* can undertake it. So, it is important that those of you who wish to do this work, be strong within yourselves. Link yourselves daily, to those who can help you, guide you, train you. But, of course, some individuals can develop on their own. I would not say it is always necessary to be within a group. If they are strong enough, and the reason, again, is good, then they will not attract those who wish to latch on for the wrong reasons.

Les: If their goodness is of sufficient calibre, they will in fact reject them, won't they, automatically?

They will rebound from their light.

Les: Just as they always rebound on Earth.

That is true; it is the same thing. The energy, the love, the light they send out, will protect them.

Les: I think perhaps you could answer another question for me, for the benefit of everybody here. I'm sure some don't realise it. There is sometimes a mistaken impression, that the next world is 'all roses,' and milk and lovely things—I have said repeatedly, that that has to be earned. That their arrival into that particular sphere of life, has to be earned, by actions on this Earth. Equally, they would not be expected to mix with people of a much 'baser' intellect or spiritual development. They are segregated automatically,

by their lack of development. I think this worries people sometimes, when they hear of the bad influences, which exist in your world; that they might be in contact with them—

Why should they be afraid? Would they be in contact in their earthly body, with those who are wicked or cruel, as you would say. Would they be in that same place as them?

Les: No, I have pointed this out.

Well, it happens too, when you come to *our* side of life. These people are attached to each other and sometimes it can create quite a strong bond, let me say. But how you live your lives here, once again, let me say to you, you can only do your very best. After all, you are human, with failings. We don't expect you to be perfect, and neither have I met one who has trodden this Earth plane, who has been so. But if you endeavour to do the best that you can, then you will go to the place that is suited to you. There are many spheres within our world and of course, you will go to the one most suited to you. Let me say, all of you in this room, may not necessarily go to the same place, because of course, it depends too, on your own spiritual development. I don't mean to say some of you are 'higher' or 'lower.' I don't really like those words either. But you will be in differing degrees of development. Therefore where you go in our world can be different. Those of a wicked nature as you speak of, are together and they cannot, *cannot* interfere with those in a higher state of life. (*Thank you.*) But of course, once they are gathered together in our world, and they are away from the earthly vibration, there is more we can do to help. Do you understand?

Les: Yes, and I believe I'm right in saying that those in what we call the 'lower' spheres, the really diabolical people, as would be called here, have constantly the ability to progress if they wish. And those in your world have a duty to be close to them all the time, waiting for that wish to be seen.

There are those amongst us, who do the work for helping these 'lost souls.' It is not an easy task, but it is part of their own soul growth, that they do the work. It is difficult. We keep close by, but often they need to remove themselves, to regenerate, if you like, that 'pure light,' that they need to survive. It is difficult, and something I will speak on at a later stage. When you 'lower' your vibrations, into a lower one, it

is always difficult; it cannot be easy. But there are those of us, who are willing to do it, to help those lost souls. Do you understand?

Les: Yes, thank you. I had heard that.

It is the same as I would not be able to stay with you for too long; too much of your time at once. I have to return to where I am from—I will use the word 'regenerated;' it is the only one I can think of, that is apt.

Les: Yes. I personally am aware of that and it's what makes me so appreciative of you coming. I know it is difficult for you.

We are always happy to come and so too, it is difficult, even in our world, when those of them, (*sic*) who are prepared to work and help those lost souls, go to those darker realms. And let me say, it is indeed a sad and sorry state to be in.

Les: I'm sure it must be.

It would make you weep.

Les: Yes. Well, on a more cheerful topic—Conversely, I believe there are those in the immediate next plane of life, if I can put it that way—I think you will understand me. They, after a period of duty, they can be taken a step higher, as it were, for regeneration in turn, and then come back for continuation of the work they are doing.

Yes, I understand. Very often when people leave your earthly existence, they need a time of recuperation. They are cared for and of course, we have our hospitals in the spirit world. Do you know of them? I suppose you do—

Les: Yes, yes we do indeed.

They are places of *Love* and *Light*. They are helped to recuperate and then they are taken to the places, where they are meant to be, where they can live. But then they are helped to decide what is best for them. They are guided, if you like. Then of course, they can return to a lower sphere, if that is what they wish to do, but only if it is to help others. But, of course, the same applies; they have to return to the state that is intended for them. They cannot stay permanently in any lower state. I know it is difficult for you all to understand these things. It is like asking you to say, do you know what it is like on the moon—Of course you cannot. But I am here to dissolve any doubts that you may have. And of course, it is difficult to find the correct words, but I am doing my best.

Les: Yes, you are certainly succeeding, anyway. And I think too, that those who, in the next plane,

who have a desire to travel a little, are quite unable to reach a higher degree of existence, if they are not developed for it. There is a barrier, I believe, which prevents them entering another 'realm,' if I can use that expression, of higher spirituality, and a greater light, until they have developed sufficiently to do it.

Let me put it simply to you. You can go up and down a ladder, so far, but you can't continue upwards. There is a barrier. Only on occasions will you be allowed to go further. You may have an insight of a higher realm, but you cannot be allowed to stay there. It happens to a few; they are shown what is there, but they cannot stay.

Les: No, quite. They can only enter in company with a guardian.

And only if there is a very good reason for doing so. Yes, you are correct. You can be in one state and go down to another lower, do you see? But you could not possibly go—you could not stand that vibration, because it is so much *purier*, you see? You could not stay there, but in the company of those of a higher vibration, a purer light if you like, then that is permitted at times. But always there is a reason for this.

Les: Thank you. And we hear frequently that there are seven planes of existence. I find this difficult to believe. I can't imagine that there is a limitation to the planes of existence, merely our own mental application of that limitation.

Forgive me if I smile—I hear this so often. I would like to know who first said there are seven planes of existence.

Les: It's one of those statements, which are constantly repeated, without any checking whether it is so.

I believe I have said there are many, many spheres, spheres within spheres, within spheres—it is *never-ending*. How can it be? How can you have seven stages? Who could know that, unless they had reached the highest peak? I'm sorry, but I have to dismiss that.

Les: I have never been able to agree with it, or accept the statement.

I think what has happened, that someone, or perhaps you would like to say a 'communicator,' who has been that far, has come and said yes, that is what exists. Always *reason* with what you are given. I have told you this before, and I wish to repeat it to you now. No, there are not seven planes of existence.

Les: Yes, it's a statement, which I could never accept. And I was amused to hear on the radio this morning, that some scientist—somebody has now discovered—I forget what it was quite, but they're talking about ten vibrations of the Earth now.

Have I not said they will discover more?

Les: Yes. I thought of you actually, when they were talking about this. And I had to smile to myself and I remembered what you had said about there being much undiscovered. And the excitement they are generating in their discoveries—

I will say a little on this. Vibrations—you too can have *vibrations* within *vibrations*. Does that not amuse your intellect? Does that not make you think a little bit?

Les: It does indeed.

But I leave it there. There are vibrations within vibrations, but that is too complicated now, to go into.

Les: But that has to be discovered.

I have said I am not here to tell you what must be discovered naturally; I would be interfering too much. But perhaps I can give you a little more later.

Les: Since you have been speaking, I have had several amusing moments, listening to scientists on media channels, now discovering things, which you said have been known for a long, long time.

Let me say, there are some scientists on your Earth, who know a little more than they have actually spoken of. They are a little afraid of ridicule at the moment. But they will be encouraged to speak out, to speak forth to the media, and they will be proud that they have done so. That is to come. We are doing our utmost to influence many people, those in power, those in the scientific world, many, many people.

Les: Good. Right, are there any more questions?

George: Well, something that was touched on earlier. Sometimes, when we feel we have to do something to help a cause on Earth, we may get a little confused as to what best to do. Going back a few years, when we had far too many, we still have—but we had far too many nuclear weapons on our soil—The Campaign for Nuclear Disarmament (*CND*) was active and many of us marched and held banners and openly objected to what was going on. Now you may say, it would have been better to use entirely the 'power of

thought,' to try to improve the situation. Have you any comment to make, on openly going against what one feels is wrong in that way, as against power of thought? But then again, power of thought would also have been there—

Was it not the power of thought, that instigated the marching, the banners?

George: Yes, I'm sure it was.

If the thought was good, then it cannot be wrong. If the thought behind the movement was good, then it cannot be wrong. What I find wrong, are movements whose reasoning behind them are not good. They do it for their own reasons. And let me say, there have been many. Let me speak of the movement you have in your world at the moment. Ultimately, it should be good, but it is wrong. I speak of the animals—The groups who have gathered, who speak out against your scientists, who are torturing the animals in your laboratories. That cannot be good. But what they are doing sometimes is wrong. How can they risk the lives of another human being, and say they are wanting 'good' for the animals? Do you see what I am getting at?

George: Yes, and I must say—

Of course, they should stand up and save these animals. It is not good for any reason. But the way they are dealing with it, is wrong. If for the march in respect of nuclear weapons, if people did it to follow the crowd, and not because they truly felt that they were doing good, then that too is wrong. Always, I say, listen to your heart. Follow always what is good. And, of course, the power of thought can indeed change much in your world, but we understand that you have lost these things. But, of course, the marches against (?) the power of the people, will always do good. But it comes down to each and every individual's own thought pattern. I cannot say more. If it achieves something for good, that cannot be wrong, can it? But then you have to each answer individually, for those things that you have done. Do you see? Do I make sense to you?

George: Yes, you've covered a number of aspects. Thank you very much for that. And some of us have had the same thoughts I'm sure, that—

If the thought is for good, then it is good. And once again we come to thought, do we not? Always I will tell you of your power of thought—

I feel you now all *thinking* about **Thought**.

(smiles)

?: Can I ask a question? Have we all lived before, walked this Earth before, in this room?

Within this room? I can answer that simply. Yes you have. And may I say, that is why you are here. But I will say to you, not everyone does. I have spoken on this subject too, previously. But, yes, each and every one of you, have indeed been here before.

Les: Any more questions?

?: If when we pass over, we go into different stages, according to our development, does that mean that all our loved ones that have passed on, would be in different stages as well, so we wouldn't actually meet them?

It would depend on the loved ones. It would depend if they wish to go further, if that is their desired state. But of course, the love bond is a strong one and it is usual that they remain behind to wait for those loved ones. So if, for instance, a loved one was going first and should be in a higher vibration, it is his choice to remain behind, perhaps to greet you, then that is his right. It all depends on the strength of the love bond. If there is no love, then there is no bond to be united with. That is another subject I think perhaps we can talk of—Are you afraid that you may not meet up with those that you have loved? (Yes.) Do not fear. If the love bond is true and deep, that cannot be. They will remain with you in your earthly life and of course, you will not be abandoned. You will be greeted by those, not only those you have known, but those you are not aware of, you will be greeted by them. Never fear that you will be on your own. That will not happen. (Okay.) I would like to speak on that a little more. (deeper, more forceful voice) All of you, even those in the deeper states, have someone whom they love, or are loved by. So many of you on this Earth, fear that when the loved ones go, and a span of years divide you, that all is lost.

***LOVE*, like *THOUGHT*, is such a strong bond, it cannot be broken. What is your lives all about, if it is not to encounter and to give *LOVE*?**

Let me speak some of the words in your Christian Bible. What is God? God is love. Fear not. You will never be alone. You will be comforted. You will be uplifted. You will be

picked up when you fall down. Never fear about your earthly lives. I want you *all* to know, you are *all* surrounded by much love—I think that I must withdraw this time, communication a little difficult now. I leave you with much love, and many blessings.

Les: Our love goes with you too and we are all grateful for what you have told us this time. God bless you.

Until we meet again, God be with you all.