

~12th September 1994~

It is good to be back with you, thank you. (Thank you.) It is good to see so many here once again.

Les: Yes, our meetings are certainly growing in numbers, aren't they?

I thank you for your attendance here. It is most warming. And I feel the love from each of you. For that I am grateful. And of course, it helps as you know, with that, that needs to be done.

Les: I am sure.

It is good to see so many, who are becoming interested in this line of work.

Les: Yes, it is certainly spreading, not only in this country, but in other countries also. As you well know—And we have yet another newcomer tonight.

The lady is quite comfortable within the group.

Les: Good. She has had some experience.

Yes, I know. We are pleased that she has attended. There is no reason why she should not be here.

Les: Fine. She'll be pleased to know that.

In fact, I think she would like to ask me something, is that not true?

Les: Would you like to ask a question Sheila? Don't be nervous, just ask it.

Sheila: I just hope I can be some help in this group.

Les: The lady hopes that she can be of help within the group.

Provided her intentions are true, there is no reason why she should not. I would tell you if the link was weak within the group. But it is not so. I am happy that she is here.

Les: That's your answer Sheila.

Sheila: I'm very happy to be here.

I would like to speak a little on what it takes to have a good 'link' with us.

Les: I'd be pleased if you would.

You don't mind if I speak on that?

Les: On the contrary, I'd be very happy to hear you.

We listen often and we hear you speak of personalities, of how he, she, blends with one another. We do not look at it like that. We look not at the personalities, but we look at the *true* nature of the being. That is what makes people 'gel' together to form groups that can work well together. It is the true inner self that is accountable to the light of the work. Does that make sense to you?

Les: Yes, I quite understand.

Each one of you radiates your own light, your own energy. It is the energies that blend, not the personalities; that is a human thing. The personality of the person comes from the human entity and is not of the spirit, as such. Do you understand?

Les: Yes, I do. And in fact, I have frequently said that in this group, personalities are, if I can say it without disrespect, of no importance. It is the work which is important. All have heard me say that more than once.

Yes. You *all* retain your individuality of course. But that is not the most important point for a group of this calibre. We look beyond that, we see the energies bonding, although I'm afraid many of you in this group, are not aware of it at this present time. But I can tell you now the energies are blended and blended very well. That is why I have been able to come at this time, because the setting and the timing is right.

Les: That's very good news, thank you.

Sometimes people say, 'I'm not comfortable sitting next to that one.' It is not because of any disagreeable thing with the person, it is that the energies do not blend, and so it is felt in the physical. Do you see?

Les: Yes, and each one would interpret it as a physical discomfort.

Yes, that is what I am trying to say to you. But you have to look inwards and that is what we do. That is what we try to do, to influence the correct people, to come together at the proper time, so that we can be used, and use them correctly, to the very best of their abilities, because after all, each one is individual and on a different pathway. (Yes.) Now then, would you like to ask anything on this subject?

Les: Yes. What you have just said, reminds me of something, which came through my lady many years ago now, that individuality is important, only when it ceases to be of importance to the individual.

Those words are very true. Individuality, as I have said, belongs to each and every one of you. But it is not important. It is the *whole* that is important, *not* the individual. Yes, you are correct when you say those words.

Les: Thank you. Yes, there may be other questions, but I would like to start off, with something for the benefit of all my colleagues here, which is bound to be of interest to them. I

was speaking last night to a person (communicating through a medium) who was responsible for many, many people, during his stay on this Earth, and he still now is responsible for them. They continue to look upon him as their leader. I was chatting generally to him and he did surprise me rather, by saying that in his land, as he put it, they still are able to have seasons like on Earth. When I questioned him about Winter, he said they are able to have snow and frost if they wish, but of course they do not suffer from the cold, as they did on Earth.

Yes, I think we have touched on this subject before, have we not?

Les: Just vaguely, yes.

Yes, let us go back to what I am always going to refer to, the importance of *THOUGHT*. If you wish the seasons, that is what you get. (In spirit realms) If you wish the Winter, the Summer, the Spring, if that is your desire, then it *can* be achieved. But yes, you are quite correct. You don't have the intensity of the cold or the heat. You have the changes, you have the colours, but not the intense feeling, if you like, that the human physical being can express and feel. But yes, of course, *all* things are possible, with the *THOUGHT*. If it is desired, then it is there. It is as simple as that.

Les: Yes, I was particularly interested, because nowhere in all my reading, have I ever come across it as specifically mentioned as that. So I was very intrigued at what he said. I can quite understand it, but I wonder why it has never been written before. If it has been written, then I haven't come across it.

I think you would find the words written, if you were to search long enough. It is written, yes, yes.

Les: Yes, I've probably not read that particular book or books.

The information has been given to others, but yes, it is written down.

Les: And he said that they liked the Winter, because of the beauty and the snow, which to them, in the season, was as beautiful as the Summer landscapes. That, too, I can understand. But would it require, as I imagine, a communal thought, to produce the season they like?

Not at all.

Les: Not at all?

Not at all. A single thought can create that vision.

Les: A single thought from a normal person?

I cannot stress to you too much, how important thought is—I always will teach you that. Thought, *THOUGHT* is the most powerful thing that you possess.

Les: So, if one person were to think that there should be Winter scenes, he or she would be able to see them, and others would also be able to see them?

If they so desired.

Les: Ah, they have to desire also.

You cannot intrude on other people's thinking patterns. I know it's difficult for you to understand that a single thought can create what you want to create and yet not intrude on another person's thinking.

Les: Yes, it is rather difficult for us to understand. **Yes, yes, it is too difficult for your mind to understand.**

Les: But it's nice to know it can be done. (*Yes.*) I look forward to it.

In fact, I would suggest you cultivate the habit, while you are still in the physical body. It can be done. You can create many things with your thoughts. It would be a good exercise for you.

Les: Yes, true, it certainly would. Right, I'll ask if there are other questions now. George? Brent?

George: Last time we talked about our very distant ancestors. About two million years ago, there were people we now refer to as 'Homo erectus.' Perhaps longer ago—our timing isn't always accurate. The fossils indicate that their voice boxes, were not as developed as ours, but would there have been a similar type of spirit communication between them, and spirit realm in those days?

Let me answer that for you. Spirit has always been—and of course, even with man in his younger days, if you prefer to say it that way. Spirit communication has always existed, because Man *is* Spirit. I wish you could all understand that. You are spirit first you are a human being second, if you like. So of course, spirit communication has always been. How could it not exist?

George: That is put beautifully clearly, thank you.

Les: If I might follow that George. Apparently you've not read, or if you have, it may have escaped your memory, that the back of the craniums of those people, were much more developed than ours are, because that was the

seat of psychic expression and communication. That is why it was so developed. I'll let Salumet correct that, if it's not so.

I was going to say, it is the one area of your evolution, which has gone backwards in man, rather than forwards, as you think you have. The psyche has always been there and in earlier man, it was much more advanced. Yes, you are correct.

Les: Brent, any questions?

Brent: Well I don't have a question, as much as a comment. I'll tell you a little story.

I'm always happy to hear stories, thank you.

Brent: I mentioned to a friend, that we'd been having communications and I said, it might well be that if you (He) had a question, we could put it for you. And he said, 'My question is, what is the weight of the moon?' And the reason I'm asking that question, is that I could check on it, if it's true, or if it's false. He's enough of a sceptic, to want to do that. But it brings into focus really for me, the whole problem of being able to 'check on' the information you give to us, and scientific validation. But I just thought it was amusing that he wanted to know the weight of the moon. So I'm not really asking you to tell me the weight of the moon—

I can tell you the weight of the moon—(pause) It is weightless! (smiles!) Shall I go further?

Brent: Well I know that! The *mass* of the moon, is what I think he meant to say, but in any case—

Yes, I understand, I understand that we have many sceptics and you are always seeking for proof. I am not here to always give you proof. That is not what I have come for. But of course, I understand that many of you seek that element of communication. I will try, I will endeavour to give you proof, as we go along on these meetings. I think I can promise you that you can look, judge and see for yourself, that what I tell and give to you, is true and can be judged. Is that fair enough?

Les: Yes, thank you. We look forward to that.

I think I have said, we must go slowly. But the time will come and you will have your evidence. Remember that I am not quite in control of the instrument I am using. (Eileen) But I am very happy at the way we are progressing along.

Brent: If I could just say one more thing on that. You've said we will have our evidence. Now, there's personal evidence and then there is public evidence. And of course, the only evidence that

the scientists admit, is evidence which is public and repeatable and all of that. I don't expect to have that sort of evidence; I only expect to have personal evidence. But what do you mean by evidence, I wonder?

By evidence, I mean whatever the individual finds acceptable to themselves. That is the only evidence that is acceptable. You are all individuals, you are all endowed, endowed—I'm sorry, my words are being rather mixed tonight. Forgive me if I seem a little hesitant with my words. You are all individuals, endowed with individual mind and thought. Of course, what would be evidence for one person, would not be acceptable to another. You see that, don't you? So it is much more important to me, that I give you individual evidence that satisfies each and every one of you. We are not too concerned with your scientific world. As I have said before, many of their facts and figures and wrong in any case.

Les: Yes, I was going to say that Brent's friend, would have to prove that the instruments with which he was measuring the weight of the moon, would have to be proved correct, and he can't do that!

Yes, of course. It works two ways—evidence. You prove and can you disprove? What is the balance? You prove it to me, you disprove it. What do you do? You have to meet in the middle, do you not? You have to be acceptable to both sides; for the evidence to be good, both sides have to agree. Is that not true?

Les: That's right. And I have said to Brent before when we have discussed this, that so many people, scientists in particular, are looking always for physical evidence. They will not go into your field to discover what is to be discovered.

Brent: Well yes, but in fairness to the scientists, they have decided that public evidence is the only evidence that can be allowed.

Les: I disagree completely.

Brent: Under those rules of the game, it's not surprising that they might be quite limited in what they discover.

Les: Well yes, they're postulating the wrong rules. But if they wish to do that, it's their misfortune.

Can I say, that the scientists here on your Earth, have many times been given what you would term, 'good evidence.' They have rejected that evidence. That is not good. How many times can you try to prove to somebody that they are

speaking the truth? The quality of the evidence that they have received, especially in recent years, has been great and yet they still reject it. We cannot make people accept evidence, if they do not wish to. But, yes, again it is their mind, which is rather closed to what they are seeing and feeling; they lack the feeling. Do you understand? They have the understanding, but they don't have that inner feeling, which is necessary, to understand your own selves, your own spirit. It is something which is within you and I'm afraid that is what the scientists lack. They are too concerned with the world of figures and facts and that cannot be good.

George: Yes. Could I ask—A particular stumbling block with science, has been the great reluctance to regard space as anything at all. Because space is non-material, it has been regarded as nothing, for many, many years. This is something which I found I could not accept.

You see, we go into deep matters once again. The problem with the human species, is they can only understand what they see and what they feel. And I'm afraid that they have to go much deeper into themselves, into that inner knowledge and feeling that exists within each of you. That is why they cannot accept what is in front of them. They are too involved in material ways, facts and figures. Let me say to you, reach out your hand. What do you feel? What do you feel when you put your hand out? Nothing. But if I tell you, you are touching energy, what would you say to me?

Les: I personally would agree.

But your scientists would not. He would say there is nothing there, because he cannot see, he cannot feel. And so, as far as his intellectual mind goes, there is nothing more.

George: Yes, that is what we call the 'establishment' scientist. There are a few who would say otherwise; a very few.

Of course, and it is the scientists of your world, that we are trying to influence at the moment.

Brent: I'm not here to disagree, but surely scientists would say there is energy all over the place. And what's required is either the sense to detect it, or instrumentation to detect it. They wouldn't say there is nothing. They would say there's plenty of energy there. Astronomers look at all sorts of energy emanating from all sorts of places. I'm not trying to contradict you—

No, I agree with you—

Brent: I think what you mean by energy is something different to what we mean by electromagnetic energy.

Yes, I think that is the problem. With electromagnetic energy, it is something your scientists have discovered, that they can test. I am speaking of something, which is not within their knowledge, within their grasp, at this particular time, and so they deny it. Until they can prove to themselves that it exists, then everything else does not exist in their minds. And that is the problem, I agree with you, yes. They know that energy exists. Your quantum physicists have done much work in the field. Of course they have much knowledge, but what I say to you, their knowledge is still very, very limited, as to what really exists in this universe—

Les: And since you like stories, may I tell you one, which is utterly true. There's a scientist living next door to me; a very clever man no doubt, and I was talking to him one day. I forget how the subject arose, but I said about Australians, are they upside down, or are we upside down, or what. He said, they're not really upside down and I said, no, the Earth's proven to be a sphere, beyond any doubt. They must be upside down in our estimation. Oh no, he said, that position is only relative to an angle to the centre of the Earth. That's a typical science answer.

Let me tell you a little story, shall I?

Les: Yes please.

We are often amused by the stories that circulate here on your Earth. Sometimes we too, laugh at what is said. So we too, like a good story.

Dawn: Changing the conversation, I do hypnotherapy. Can you give me some tip for reinforcing the hypnotherapy I give to people, to stop smoking?

Yes, I know what you are speaking of. Let me say this to you. Individuals—Let me speak of individuality again—and I understand your hypnotherapy and the work that you do. But everything you do, you may be successful, you may not; if the individual mind is not ready to accept—let me say their 'Higher Selves,' that is a better way of putting it—if they are not ready to accept whatever the problem is, be it smoking, be it weight, be it whatever it may—you will not have success with that person. There is nothing more you can do, if the Higher Selves do not accept the reasoning, the talking that you do

with your hypnotherapy, then it cannot be successful. Do you think there is a fault with what you do? Do you feel that there is something more that you should do?

Dawn: I think sometimes some people need extra help. I had someone today, who's come back again for various reasons.

Yes, of course, and that is how it would be. But let me speak of those persons. They sometimes are not even aware of what is held within their own subconscious minds. And sometimes with some individuals, you will never reach that point. I know that is difficult for you to accept, but ultimately each individual holds the key to their own way of living and if they are not ready to accept that, then whatever is done in the form of hypnotherapy, hypnosis, whatever—it will not be achieved. So, too, we can speak of the healing energies and rays. If subconsciously, that person is not ready to accept it, then there will be no healing. If the spirit is not touched, how can there be a healing? And that is what we are speaking of. What you are doing basically with your hypnotherapy, is a form of healing.

Dawn: Thank you.

Les: The same thing applies to evidence of course. If people are not ready to accept, then no manner of evidence is going to make them sit up and listen.

Of course. It is the same in all areas of your life. It matters not, you *all* have what you term a 'Higher Self'—that spiritual aspect of each one of you. If the *Spirit* is not *touched*, in healing, in the hypnotherapy, in the work that the doctors do—because sometimes they too are healers, without actually being aware of it—then there cannot be 'cures,' as you like to call them. Is that satisfactory for you? It applies to all, *all* aspects of your lives.

Les: Thank you. Any more questions from anybody?

Debbie: Each of us is born under a different star sign. And supposedly each day we get little articles in the paper, written about what sort of mood we should be in, due to the positions of the moon and the stars. Could you explain a little more on this please?

You wish to know if it is correct? Yes, I know. There has been much talk about Astrology and all aspects of work in that field. I can say to you, to a degree it is quite true. Your Earth is governed by the rest of the galaxy, the moon,

the stars. Yes, each aspect of the universe, is intermingled with each other. You can see that, can't you? (*Yeah.*) But of course, when we speak of the human being, what you are speaking of, is a 'grain,' that exists within the Earth. I don't want to call you a grain, I don't wish to be derogatory, but I am trying to explain it simply to you. If you considered yourself a grain of the Earth, which is what you are, then imagine how the moon, the other planets, have an effect on the Earth. So, too, you are affected. But of course, when you speak of your newspapers, you cannot *all* be doing the same things, feeling the same things, at the same time. That is rather trivial and I would say to you that cannot *be*. But on a wider aspect, then Astrology is a science. It is indeed a science, although many people rather say, it cannot be. I can say to you, it *is* a science, but on the wider aspect of things. The **Earth** is just one small globe within the **universe**. How, how could it not work together, if you are not affected by each other? Are you not as individuals, affected by everyone that is around you? Can you see that, that each one you come into contact with, leaves it's mark upon you? And that is what happens with the planets, the **sun**, the **moon**, the **Earth**. We have to go to deeper matters to discuss this, really, and I hope that will come as time goes on. But, yes, the Earth and all upon it, including your plant life, your seas, everything upon your Earth, is in fact affected by the stars, the Moon and the Sun. So, in the wider aspect, your answer is 'yes,' but as far as your newspaper goes, 'no,' that is trivia.

Debbie: Does that mean that people born under similar signs, have similar personalities? I would say that has to *be*. I would say 'similarities,' but not exactly the same. How can you be? You are all individual, you are spirit, you are *all* individual. Is that helpful to you? (Thank you.) But you cannot take it as a daily newspaper reading. You cannot look at everyone grouped together under one sign and say you are all the same. That is not true.

Les: It's quite impossible, isn't it? But I will say, 'yes,' the stars, the sun, the moon, do affect the Earth. And the times—it is the *time* of the birth, that has the effect upon you. I hope that is a little helpful to you.

Les: You can stop buying newspapers now. (*laughter*) Any more questions?

Paul: In everyday life, we quite often get coincidences happen and I always get quite excited when two things occur, apparently unrelated and yet there is some kind of connection. And I think they're like pointers, or beacons, that maybe you're on the right track sometimes. What can you say about coincidences?

Coincidences—what do I think?

Paul: Yeah, are they often pointers?

I would say to you, listen to that inner self. If you feel guided towards what these coincidences are pointing towards, then go forward and take heed. I know what you are speaking of. Many of you say life is fated, it was meant to be, meant to happen, such and such. It was a great coincidence, yes. Coincidences—Many things in your life that happen have a mirror image. That is a coincidence. It is like if you look in the mirror, you see an image of yourself. And sometimes within your time, these coincidences, as you call them, happen. It is like a mirror happening. Can you understand that? Am I making sense?

Paul: Mmm, I think so, yeah.

Les: Say if you're not satisfied Paul. Salumet would rather that you were—

George: Some of these coincidences may relate to your power of thought—you think of a friend and that friend appears the next day.

That, my friend is exactly what I say, when I speak of thought. Your power of thought can create so much, it can. It also can create what you *want* to happen. And sometimes with coincidences, it is because the thought has travelled. Can you see? It is not an easy thing to explain to you.

George: One of our scientists, Carl Jung, called it '*synchronicity*,' that rather special coincidence, through power of thought.

It is another name for it, yes. If you are happy to use that name, then so be it; that is fine by me.

Les: What is difficult to establish, is whether your thought is producing your friend, or your friend's thought has targeted you, to let you know he's coming.

George?: Yes, I've had some lovely coincidences in my life like that.

And do not forget that your thoughts rebound. That too, can be a reason for coincidences. It is the thought that rebounds and creates the mirror image. That is what I am trying to say.

Les: And I have personally never been able to decide, whether a coincidence is such, or whether it is spiritual impression.

It is *both*, actually. It can be both.

Les: Thank you. Any other questions?

Brent: I've always wondered, and I was speaking to other people about this and I think everyone wonders—why is it that some of us, not me, not myself, but some of us, are very deeply sensitive and can act as mediums? Others of us, just don't seem to be at all. Is it something to do with the original soul, or is it something to do with the person's course in life? What accounts for that difference?

We have rather touched on this subject before too. I have spoken of when you come to the physical being, when you come to this earthly life the choice is the soul's. Everything is 'spoken of,' before you actually arrive. That may be difficult for you to understand, but you do not come here, without the knowledge of *why* you have come. Many people retain the memory of the 'gifts of the spirit', as you like to call them sometimes—many people retain them, others do not. In fact, your memory is blocked when you are born, but some still have the ability to remember. And some in fact come with the memory full intact, but that is usually for a very good reason. And so you have your mediums, as you call them, from birth. It also, too, depends on the evolution of the soul. Always, we must go back to the soul. You are all 'mediums,' each and every one of you are mediums. How can you not be? You are spirit. What is a medium, if it is not someone who is able to have communication, with the spirit side of life? So, you are all mediums. But the difference lies in the ability to use the knowledge that is inherent within you *all*. That is where the evolution of the soul comes into play. Some of you, *some* of you I will say, have trodden this pathway before. The knowledge that you have attained, stays with you. And so you see, some are more advanced than others. And of course, too, you have to *want* to develop the gifts that you *all* have, once you are here. And development lies, as I have said before, in the power of your *prayer* and in your *quiet moments* and in your gatherings as a group, as you are here. *(long pause + deep breath)*

You, my friend, find it difficult to accept that you are more, *more* than just a human form. Let me

say, you are one within this room, who has trodden this way many, many, many times. (more emphasis) You have this time been endowed with much intellect, (pause)—for a very good reason. You must in this lifetime, use your intellect for the good of spirit. That is why you are here, my son. Use that intellect, but develop your inner feelings. In time to come, you will work with us and you will do much to enlighten those of intellect, who have many doubts. You, my son, have much work to do and I say to you, stay on the pathway that you now tread, because in *this* time, you can do much good.

Brent: Thank you.

I wish you to know we know of your worries. We are helping you all that we can. You will have your evidence this time.

Les: On behalf of everyone here, we thank you most sincerely and our love goes with you.

Until we meet again.

Les: We look forward to it. God be with you.