

~29<sup>th</sup> August 1994~

**Always happy to come.**

Les: It's very nice of you to say so.

**As we begin this evening, is there one of you who would like to open with prayer?**

Les: Anyone like to open with prayer? If not I will do it for you:

*'Heavenly father, we thank you once again for the opportunity we have, of being in your presence and in the company of each other, united as we are in the work we are privileged to do and which we wish to continue, to the best of our ability. We thank you for the help you give us; for those who come from the other side, to give us their knowledge and wisdom. And we ask that we may always treat it as it is given, with humility and sincerity.'*

*Amen*

Thank you. Can I say before we begin this evening, the work would not be given to you, if we were not sure of that humility. So we thank you for those words, but they are unnecessary. (Thank you.) I wish to say once again, how important it is to **pray**. That is the common word, but I would rather, as I have said before, say to you, to *offer yourselves*, to be of use to mankind. It may be a good exercise if each one of you, at the beginning of each session, could manage to offer a prayer to the almighty and gracious God.

Les: Thank you. I'll ask my colleagues if they will do that. We used to do that always, but there is always a great diffidence amongst people, when they are asked to do that. But we will try.

**If they don't want to, or feel uncomfortable, I understand. But I feel the exercise would be good for *all* of you, but of course, they can decline if they so wish.**

Les: I had been hoping that they'd been praying in their own way silently before the meetings.

**Shall I say yes, for them?**

Les: Thank you—you know more than I do—**Now, let us begin. I am happy to answer any questions, but I want to devote some time this evening, to trying something a little different; I will say a little later. Firstly, let us have your questions, if there are any.**

Les: Yes, I have one which springs from what you told us last week, about the need to learn how to recognise energy and beauty, and so on. And you did mention having no sight, that being unnecessary to appreciate beauty. Of course we can understand that somebody who has had sight and lost it, still has thoughts to draw on and memories. But in the case of a person who is blind from birth, are they given any particular sense, to enable them to appreciate the beauty that they cannot see? I know they develop all sorts of wonderful powers—

**Yes, let me speak on this. Of course, their other senses are more developed if they are without their sight. And, if you can imagine, closing your eyes in your dream state, are not things as vivid as they are in your awakened state? Something similar occurs to those who have been without vision from birth. As the sight is denied them, so too, is that sense within their mind developed. So, in effect, they can see pictures, if you like. They are almost 'inspired,' perhaps that is a better word, with vision, *vision* without sight. It is almost another thought process; something you would find difficult to understand in your everyday terms. But they *do* see colours, they *do* see visions, they *do* see pictures. So the development of their touch, their smell, their hearing, is enhanced and so too comes the inspiration for the pictures within their minds. Is that sufficient for you?**

Les: Yes thank you. I thought there must be something like that, because there would *have* to be some compensation for what they're losing in having no sight. And when you spoke of being blind but still appreciating beauty, that's the only way I could imagine that it would be done, by impressions from your world.

**It is what I was speaking of last week. When your senses are enhanced to their highest degree, you are *feeling* the energies that are around you. Do you understand? (Yes.) So, if the one who is without sight is to touch, let me say, a newspaper, that person is picking up those vibrations of energy, within that paper; something that most of you have lost. But that is *why* those senses are developed, to such a great degree. They develop—it's a natural development; it should be a natural development for all of you, but of course it is lost, as we have spoken of.**

Les: Yes, thank you. That's answered that one. Next question before I offer to anybody else. We are, or many people here, are becoming very concerned with the approaching over-population of the Earth. Not only because of the lack of room there will be for people, but because of the lack of facilities, such as water. There's a limited amount of water from which we can draw from the natural processes. Also, there's a limited amount of Earth, to provide us with food. And the more we develop the population, the more we have to give ground to houses and roads, and so on. Do you see an answer to the over-population problem?

**Can I say to you, there is a decrease *now* in population. Do you not see it? No, you do not.**

Les: No, so far as the figures—I was listening to a discussion of this only yesterday and the general consensus of opinion, is that the Earth is becoming much more over-populated than it should be.

**Let me say this to you. Peoples that you call 'Third World' people, are already receiving instructions on how to keep down their numbers. Is that not true?**

Les: Yes, that is true.

**If that is true, then *why* do you fear an explosion in numbers? The education, the knowledge is already being given to them, for the very reasons you state. So, if the education, the knowledge is being given and it is being heeded, there will be no explosion of population. I also say to you, resources on your Earth are *not* limited. They are 'unbound,' but not limited. I *have* to say this to you.**

Les: That's extremely interesting, but is there not a limitation on the availability of water?

**My friend, as I have said, much in your world has yet to be discovered. There will be ways and means for *all* of these things to come to you, when the time is right. I have to say this to you: Resources are not limited—the only thing which is limited at the moment, are your minds, as to what is available. That is the only limitation placed upon you.**

Les: I can accept that. (*chuckle*)

**Yes, I don't wish to seem to, how do you say, 'put you down,' but yes, there are more resources to be discovered on your world.**

Les: That's most interesting.

**Again, it is the *time* factor. But the inspiration, the knowledge, will be given at the correct time.**

**(Good.) But let me reassure you, there will be no explosion of population.**

Les: Thank you. And you can see further ahead than we can, so I accept that happily. It doesn't really affect me, but of course, it does, inasmuch as one is concerned about the generations to come.

**Of course. And that can only be a good thought.**

Les: Thank you for the answer. It's certainly very encouraging.

**There is much on your Earth, still not inhabited, is there not? There is much *land* that is not lived upon. So, let me say as far as the *area* of land is concerned, you cannot be over-populated within many hundreds of years. But, as I say, the resources will come to light, when the time is right.**

Les: And could I ask a supplementary question to that? Do you see our deserts being made cultivable areas? There has been much talk about it. But the cost is said to be so astronomical, that it can't even be considered. I'm wondering if, in fact, the deserts can be made to produce food? **It is one of those areas that can be developed, yes. You are touching on one of the things I am speaking of. When the knowledge is available, all of these things can happen. Yes, that is true, much has yet to take place upon your Earth. You sometimes send up these thoughts of despair, of destruction. If only you could be a little more outward-looking, a little more forward in your thinking, then more could be given. Sometimes we see a whole area of pessimism—is that the correct word to use? (Yes.) It is almost like a shadow that covers your World. It is something that you should guard against. But, I speak not only of the individual man, but of *all* the powers of *all* the countries of your world. There is this pessimism, that seems to continue and which we must dispel.**

Les: Well, I'm glad you're helping to do that, because the average well-thinking person, does despair because of the greed, which is so prevalent, in the destruction of the rainforests, the denuding of the oceans of fish, and so on and so on.

**Of course.**

Les: Destruction all the time.

**You must do an 'about turn,' if you like, in your thinking on these matters. But, again, these things are beginning to happen. (Good.) We see a light there. It is a struggle, it always has been,**

but we can see a *'Light' of hope* and encouragement. (*Splendid.*) And of course, remember the whole geology, the whole structure of your Earth, is one moving mass. There will be times when new lands appear, and some will disappear. It is all part of the evolution of course. But these things will *be* for the better.

Les: What you say is certainly comforting and my questions are partly because I'm hoping to get the benefit of your knowledge to our fellow man. By publicising it, publishing it, to those who are willing to read and to learn.

**Of course, we can only hope that this time man will listen. So many times down the centuries, has man listened and then put to one side. It has been a great struggle for us, to maintain that TRUTH, that SPIRITUAL TRUTH.**

Les: I'm sure it must have been and it's all because of greed and the desire for money and material objects.

**That is why at this time, there is a concerted effort among us, to walk, to talk, to do all we can to instruct you upon your Earth at this time.**

Les: That's very comforting and encouraging, thank you. There's one other question, if I might put it—not of any material significance, but many people here are still discussing the reason for the disappearance, apparently in a short space of time, of the dinosaurs. Are you able to give an explanation as to what calamity caused that?

**Yes, I think I can—**

Les: If it's not encroaching on your time. It's not a trivial question, though it hasn't any great significance.

**At the time the dinosaurs roamed your Earth, they were magnificent creatures. Powerful, strong, with everything there to sustain them. Their food, the Earth all around them, made them strong. At that time there was, how shall we say—an explosion from space, which hit your Earth at that time, destroying mostly the food that these animals survived on. It in fact changed the structure of the whole Earth, which meant, because they could not survive without their foodstuff, and of course they lived in lush, lush green lands—with the explosion of your Earth, so too came climatic changes. From hot, it became much, much colder. So gradually, these great animals could not exist. It was a natural happening, that was meant to be. And so, too, down the ages, each species has reigned supreme. I may say too, at the moment it is**

**mankind, but he too, is on a destructive course. (Yes.) But the reason behind the destruction of all the animals, was a geological one, an atmospheric one, a loss of food and other animals, which helped to sustain these great, great dinosaurs. They roamed the Earth for a great, great time.**

Les: Yes they did. Well thank you very much for that answer. It's most interesting, because our scientists had developed a theory that it was a climatic change, an Ice Age, as they call it, which destroyed them. But you've given further information. Thank you.

**It was climatic, but also a little more than that.**

Les: Yes, you've made that quite clear now thank you. And on that same subject, and that will be my last question, because I know you want to do something else.

Are we still having to find what we call a 'missing link,' between the animal and human kingdom? We keep discovering bones, which are given pride of place for a time, as a missing link, but I feel that there is still something missing, before the whole picture can be painted?

**As much as your scientists *think* they know, let me tell you, they've only scratched the surface. Even on their timing, which today they are very proud of, I can say to you, their timing is very much wrong—they need to go further, further back. I will discuss this another time, because time is short this evening. But when they go back, thousands, millions of years, they date such a bone, they date such a rock—I'm afraid most of the knowledge that they have, is not quite correct. You are true when you say there *is* a missing link, but it will not be discovered just yet. We need to go further and further back in time. I, as I have said, will speak more on this subject.**

Les: That will be most interesting. We look forward to it.

**It is something that will interest you all, I am sure. But there *is* a 'missing link.'**

Les: I thought there was. Thank you very much. **But let me say, the scientists really are 'out,' on their dates.**

Les: I'm not surprised, thank you.

Right, I'm going to leave it to you, because you wish to do something else and I must let you get on with that, I'm taking up too much time. I'm sorry, it becomes so interesting when you're here, that I forget time.

## What is time?

Les: Only something on loan.

**Yes, it is such a short time I am here—But I am sure we can give much—This evening I want to try something with all of you. I want you all to be quiet and still. I want you to see, as if you are looking into a mirror. And if you will after say, ten, fifteen minutes of your time, if you would go around each one. If they are able to speak, and there may be one or two who cannot, I would like them quietly please, to say what they are seeing. What I am trying to achieve, is to show them their true selves. Do you understand?**

Les: Yes, I do indeed. I will do that now. Thank you.

*Les then checked that all the group understood. We then sat in silence for about 5 minutes before one came through Andy. NB: Andy seemed to have the ability to be used in the rescue of people, who were deeply lost in the 'mists' of darkness/negativity.*

*Les encouraged this one to speak, giving reassurances, that there would be no criticism/judgement/blame and that they were being helped—*

*After several minutes, Salumet joined in:*

**You are forgiven my son. You are forgiven—**

Les: Thank you. I knew he was wanting forgiveness—God bless you. Now you can be happy. Now you can face the world. You heard what was said, you are forgiven.

*(loud) I heard.*

Les: You heard, that's fine—

*(spoken with great compassion)* **Speak to us, my son. Let it come from the heart. Let yourself be free. We love you, we want to help you. Speak to us.**

Les: Please do—

***I didn't mean to do it.***

**We know. All we want is to embrace you in our love and light. But first you need to learn to forgive yourself, forgive yourself—it is the hardest thing that you must do. But we love you my son. You are surrounded by much, much love, but don't you see, you cannot go forward until that forgiveness is given to yourself—**

Les: You can make amends if that's what you wish, by helping many, many others.

***I wish to go with the others.***

Les: You can go with the others, once you have done as you were asked, forgive yourself. Then

you can go with them; they'll accept you. But *they* can't make *you* forgive yourself. That is something you have to do.

***It is very hard.***

Les: Of course it is. That's why you've been brought here tonight, for us to offer help, to assist you to do it. But we can't do it for you.

**There is something he wishes to ask, but he is afraid—Don't be afraid of me my son. Ask what you will. I will endeavor to help all that I can. What is it you wish to ask me? *Don't* be afraid.**

***It is difficult.***

Les: Of course it is. We understand that, but we can't ask it for you. Give yourself the pleasure of asking, will you? Then you can go with the others, when these things are dealt with. Isn't it worth it, if you want to follow them and go with them?

**You want to help, don't you?**

***Yes.***

**Yes. Are those words too difficult to say to me? It is what we have waited to hear from you. The desire, the wish to help others. *That* is what you want, is it not?**

***That is correct.***

**But first, my son, we need to show you a little more of yourself, before you can do that. By speaking *with us*, to us, by asking to be forgiven, you have taken that *first step*. Now I say to you, go with those who have brought you. And I can say this to you with an open heart, you *will* be guided by those who *love* you, who want to *help* you. And you can take it *one* step at a time from there.**

Les: You understand?

***I do.***

Les: Good.

**May God's blessings be with you, encourage you, help you and give you the love you need to sustain you. God bless you my son. Now *go, go* with those who brought you.**

Les: You walk backwards to go forwards.

*(Les then checked that Andy was back with us, before continuing with the evening.)*

**Before you go, let me say, there are so many of these souls, who find it so difficult to forgive themselves. They think their transgressions are worse than anything that could be known. Of course, they are wrong. We only want to help and to love them. But sometimes, they imprison themselves in their own prison.**

Les: Again, the power of thought.

**Again, the power of thought—**

Les: And of course at any time you wish for one to be brought here like that, we're only too happy to help.

**There will be many times, I have to say to you. There will be many times when the unusual will happen. It is not 'unplanned,' let me say—I don't want you to think that. But this gentleman (Andy) has much to give. Tonight we wanted to show that element of the soul, who needed to ask for *forgiveness*. Forgiveness is within themselves, but it is when they see someone like me, they *feel* they need to ask for forgiveness. And sometimes we need to give it to them, before they can continue onwards.**

Les: I can understand that.  
**It has been a long time for that gentleman, let me say. He has been a *lost soul* for a considerable time. I thank you *all* for the help he has been given.**

Les: We're privileged to have been able to and we thank *you* for giving us the opportunity, as part of what we have to learn.

**Again, no thanks, please. No thanks—Now, let us see if anyone can recognise themselves.**

Les: Did you get any reflections Debbie?

Debbie: No, just myself.

Les: Just yourself and no alterations?

**The lady's mind is too active. Don't worry, we will sort that for you.**

Les: George?

George: My mind is too active as well.

Les: Paul?

Paul: It's difficult to get a mirror, but maybe a few animals, like cats, a bird or something.

Les: Getting clairvoyance rather than a reflection of yourself.

Paul: I suppose it was, yes.

Margaret?

Margaret: My concentration went.

Les: Don't worry. Mark?

Mark: I think I was too active as well.

Les: Busy lot of individuals, aren't you? Jackie?

Jackie: I wasn't sure. There's someone in a blue and white striped t-shirt. I couldn't see myself, then I saw Sandra come into it.

Les: Probably getting clairvoyance, rather than a reflection of yourself. Sandra?

Sandra: I'm sorry Les, I don't know what you're on about.

Les: Were you dozing?

Sandra: Must have been.

Les: Never mind, doesn't matter, don't worry.

**We will try it again sometime. But the gentleman who you said was having clairvoyance (Paul)—In actual fact, he was seeing a true reflection of what he is. I don't mean physically, I mean *what he is*.**

Les: Do you mean the one who saw animals? Do you not see, it's the goodness that flows from his *soul*—that is what he is seeing. I am not asking that they see a mirror image of themselves—that is what I was trying to get to and that is what the young gentleman was seeing. He has an affinity with animals, although he is unaware of it, at this particular time in his life. But in his years to come, he may even have more to do with them. And I say at some stage in his life, will care for them.

Les: You heard that Paul?

Paul: Yes, thank you very much.

Les: I misinterpreted what he had seen.

**No matter. I did not want to say too much, because then it would influence the minds of those who are in the room.**

Les: Of course. I can only thank you once more, for what you have done for us and what you have given us. I would ask you if you would kindly close for us.

**I will:**

*'Great and gracious Spirit, as we have gathered here this evening, we give thanks for all that has been done. We ask that we be enfolded in your love and light again, as we depart our separate ways; that each and every one of us offer ourselves to you, to be used as a vessel. Until such time as we gather here in this earthly temple, may your blessings be placed on each and every one of them, that when we come together once again, as we surely will, great and gracious Spirit, grant us that wisdom and knowledge, which only you can impart to us.'*

*Amen*