

~15th August 1994~

It is good to be here again.

Les: Thank you. It is good to have you. We really look forward to these meetings now. We always have done, but it's even more nowadays.

I feel the love from you all. For that I thank you.

Les: We know you bring a great deal with you, you and your colleagues who work with you. And we appreciate that too. There's so little of it in our physical world—real love.

This time I would like to speak to some of you individually.

Les: Yes, please do. You did tell us you would wish to.

Sometimes it is good to know a little more. I am happy to provide it for you. Is there anyone who wishes to speak to me personally?

Les: Other than questions?

Whatever—I would be happy, but I wish to be a little more personal this time.

Les: Thank you. I think I'll just go around the circle and ask each individually. Debbie?

Debbie: No, nothing Les—

Les: Nothing? You do remember that everything of course, is absolutely confidential in this room. Jackie? Sandra? Andy? Mark? Anything you would like to know about yourself?

Mark: I'm not quite sure what I'm supposed to be doing at the moment actually.

Les: In what way, spiritually or materialistically?

Mark: I don't know if this is the right thing to talk about, but—

Les: You'll soon be told if it isn't. *(chuckle)*

Mark: About the direction of my life. I'm in a funny situation at the moment really.

Les: So basically, you would like to know if there's any information, which can be given about your future life?

Mark: Yes.

Here we have a young man who has trodden many pathways—Let me say that to you first of all—You, I know, are very confused at this time in your life, but I can say to you, you will move forward, away from the difficulties surrounding you at this present time. Your future life is taking another course. I am not making predictions, let me make that clear to you. I am giving you a little more foresight, so that the choices can be the correct ones, if you like. Put up with the conditions as they are at the moment. Go with the 'flow' of life, if you like, for

the time being. You are moving into a new era of your time here on the Earth. You, my friend, have an inner knowledge of spiritual things, but as of this state (stage?), they have not been used to the very best that you could have used them. So, in a way, you are spiritually rather poor. Do you understand me?

Mark: Yes.

As you become greater in your age, so too, you become greater in your wisdom. Eventually, materially and spiritually, things will balance. Please do not make that spiritual side of you suffer, for the materialistic pleasures of life. That is not the way to go. Within the coming two years, you will have an offer made to you, which may surprise you, but if you are wise, you will accept that offer. And I think I don't wish—who, who do they know who is called Kate within their family? Going back—She has said Colin, 'He will be all right.'

Les: Do you know Kate at all?

It goes back some time.

Mark: Is it about 16 years?

Les: The name is familiar to you, though?

Mark: Yeah.

Les: If you recognise it, it helps with our friend, to continue with the work, rather than create a blockage, you see?—So you do know Kate, or did know Kate?

Mark: Yes.

We will leave that one now.

Mark: Thank you.

Les: Margaret? No question? George?

Excuse me please—The lady (Margaret) needs to be careful with her legs. Yes, we recommend you take good care of them.

Margaret: Thank you.

Les: All right George?

George: Yes please. I feel I have a mission here and it is to write a book, which I have started. It has taken me many years to become adequate for the writing of it, and to research it. I feel it is the kind of book, that might help to make the world a better place. You may wish to comment on that—

You wish to know whether the book will be completed, I take (it)?—(smiles) Let me say you have always been adequate. You doubt yourself, my friend, let me say that. I say only to you, be a little more discerning, in the reading matter, the knowledge, that you pick up. All that is written, all that is spoken, is not necessarily the truth. Be

true to your own feelings. Continue with the book. I say to you, look a little deeper—re-read what you have written and I say to you, if you feel it is right, then I say, re-write in certain places. That is what we say to you—be a little more discerning in your research. Is that helpful to you?

George: Yes, thank you.

You, my friend, are rather like a sponge. You retain many facts, but *all* are not true. That is why I say, be a little more discerning. But yes, continue with that line and you *will* have success.

George: Thank you.

Also, please, before we go—This one, (*George*) needs to watch his eyes. You rather 'burn the candle at both ends.' That is true, is it not?

George: Yes.

Yes, please be careful.

Now, rather than ask someone, may I speak to the two ladies?

Les: Yes, I'd be pleased if you would. I feel they are in need of it. (*Yes.*) Sandra, Jackie?

I rather hoped they would speak out for themselves, but, you know—Sometimes we may seem a little 'pushy,' if that is the word. But we only give good advice, I think.

Les: Yes, you do.

Let me say to these ladies: Although they are twins, they are not as close as most twins would be normally. They are very close, but there is an individuality in each, which rather yearns to be a single unit at times. Is that not true?

Sandra: I don't know really—

You don't know? Yes, it is true.

Les: Don't be afraid to admit things please.

Don't worry, don't worry, we don't want to embarrass at all. We wish to help. The difficulties surrounding this lady, (*Jackie*)—Don't be concerned, things will straighten themselves out. I don't need to go into detail, because you know. (*Yes.*) Yes, don't be concerned. It will be all right. Sometimes you feel you are living under a cloud, yes? (*Yes.*) Yes, we know and we are trying to help you. Let me say this: Around you, around you, there lie many problems, but you my dear, are capable of rising above them. (*pause/deep breath*) Your future is bright and you *are* treading the path that you were meant to take. Sometimes life is difficult, but it is difficult for a very good reason. Always you cannot see this, but we who have a wider vision,

see that you are going in the right direction.

There is a problem with some child around you, is there not? (*Yes.*) Yes—I say be patient, be patient. This one will be all right. You know what I mean? (*Yes.*) Don't worry but, of course,—I say these words, but of course you will carry on worrying (*smiles*)—That is your nature. But rest assured we are helping you every step of the way. (*Okay.*) The lady, the other lady.

Les: Sandra?

Sandra. This one has a talent, that as yet has not been touched upon—Are you aware? (*No.*) You, my dear, are very artistic. It *should* be expressed. Take up the paint brush, please do, please try. You will find that all the emotions will come out onto the paper. In fact, if you were to use that artistic brush, you would find that your life would have *meaning*, great meaning. Please try it and see what I mean. Can you try it and see what we mean? (*Okay.*) Good—good.

Les: I suggest you really following the advice Sandra.

Sandra: It surprises me though.

Les: It may do, but our friend knows us better than we do ourselves. I say it because I've heard these comments to people so many years now, that they never give them, unless they are right. If they are not sure, they will say so.

Sandra: My daughter can draw. She's quite good.

Where do you suppose the talent comes from? Where does your daughter get it from?

Sandra: We didn't know.

Now you do. Of course, *all* that I give you comes down to advice, but you are entitled *not* to follow it. That is entirely *your* matter, but I try only to help. (*Thank you.*) I think this time we will leave the personal things and, if you wish, go onto more general subjects.

Les: Yes, as you wish, if you're happy to do that.

I don't wish to intrude on anyone's privacy, by being too personal, or too detailed, but we know, let me say, we are very much aware of all that goes on within your lives. I say to you, if you need my help, call out to me and I will always be with you. Do you all understand that? (*general agreement + thanks*)

Les: Thank you and that is a very great privilege, because normally we are not given names to contact and we very much appreciate your offer in that. And I'm sure it will be taken up.

I know it will not be abused. The offer would not be made if I felt that it would be abused in that

way. We know, we know the people within this room very well and we hope to help you *all* for the dedication that you are giving.

(general thanks)

Les: Right, we will perhaps continue with the personal things at the next meeting maybe and continue with a few questions now as you suggest.

I will let you know whenever anything personal can be given. As I said, I don't wish to embarrass anyone by giving too personal details. If they wish, I am happy to do it individually.

Les: Thank you. I'm sure they would like to take advantage of that at the next meeting; those to whom you have not yet spoken.

As I say, I will indicate on which evenings we will do that.

Les: Right, I'll be guided by you. Thank you. May I start questions now? *(You may, yes.)* Thank you. We did speak about unknown forces building the pyramids and other extraordinary buildings. It has often been discussed the methods of construction and building and the erection of those stupendous blocks of stone. And as I've said before, stupid ideas have been put forward. So far as I'm concerned, there could only be two answers, either de-materialisation of the fabric and re-materialisation in a new position, or actual levitation. Are you able to let us know which, or whether both of those methods were employed? I think of the Incan and Aztec nations particularly and their stupendous monuments.

Yes. Let me speak on that. Let me say firstly, materialisation, de-materialisation, they are possibilities. It continues today. But as I have spoken previously, there were races upon your Earth, much more knowledgeable. And yes, the simple answer is levitation.

Les: I thought it might be.

I needn't go further on this subject.

Materialisation, de-materialisation, this basically is what happens with healing today, when you speak of your 'psychic surgery,' but that is a different matter. These ancient peoples, as you call them—I call them 'very young,'—but let me say their knowledge far, far, outweighs anything that you have today. And yes, levitation was a way of constructing these huge, huge monuments.

Les: I thought it must be one of the two.

Is that satisfactory for you, or do you wish more?

Les: Well, if you can elaborate further, we're always very interested in the details, certainly. **At that time, there were people who, very much like today in your African societies, where you have the doctors who heal, the 'wise men,' if you wish to call them. There were people who had these powers, if you like. They were the architects of the time, they were the ones who would have, how do you say—the 'blueprints,' the 'blueprints?' they would have made the blueprint of the construction of the building, or the temple, or the pyramids, whatever we are talking about. You would have a group of people, as you have a group here tonight, to build up power. It is no different. They gathered together, they made the blueprint, and they instructed the people, on how they should go about their tasks. We are speaking, we are speaking of powers not known today. So, to go into the details of how it worked, would be rather confusing to your mind, but I will say this: One time I will bring someone, who will explain in detail *how* this happened. But we are talking of times to come.**

Les: Yes, we look forward to that.

But, yes, levitation was the manner in which they were built. I don't say everything, every brick, every stone. But that in the majority of the building, was how it was done.

Les: Thank you very much. Again we come back, as I say, to the power of thought.

Of course. What is levitation?

Les: Yes, just the power of thought.

I must stress to you all again, the *Power of Thought*. It really, it really is an *incredible* thing. I wish I could express to you in words, *just* how powerful it is. In fact, I think one time we might try something within this room.

Les: That would be wonderful.

I don't say we will be successful, but I am happy to try it with you.

Les: Well, we appreciate that very much indeed. **I can't tell you how powerful thought can be.**

Les: Well we certainly look forward to that in the future.

Do you know of the men who can lift themselves, just by a thought?

Les: Yes, I've heard of them.

So why, when you think of the mass, the weight, of the human body, why would anything like a block or a stone be any different?

Les: Not a bit, because the mass ceases to exist as such.

Yes, yes—I have to say we have been impressed with the rate of your knowledge while in this lifetime. (Les) That, my friend, should make you feel honoured, because it is given to you in love.

Les: Thank you—And that leads me into the next question which I was going to ask, again, on the power of thought. And I fully accept what you have told us about the power of thought in the next world, in the next dimension. But how is that thought controlled from being a destructive thought against another, if somebody was so inclined to issue that thought? There must be a curtailment of ability somehow—

Well, let me talk a little on this. No, no, if the thought is sent, it must reach it's target. But what can happen is that it rebounds back to the sender. The sender—This is what you must realise—If you are sending out a thought-wave, it *has* to travel, it *has* to travel to the point to which it has been sent. But what the sender must be aware of, is the *rebound* action. It may not be immediate, but it will, if that thought pattern is destructive, it must come back. But I see what you mean. You're trying to say, something has to interfere, if the thought is destructive. I'm afraid, no, my friend, that does not happen. That would be classed as 'interference.' We are aware of what is happening, but no, we cannot—we can try to influence the thoughts of the sender, but we cannot intercept once the thought-wave has moved forward. Is that satisfactory to you?

Les: Oh yes. It does implement what I have told people here, to be very careful in their thinking. Because destructive thoughts are destructive to the issuer, not to the person to whom they are issued, or against whom they are issued.

Not quite correct. You *can* harm the other person, you can. But then that would be classed—that would be taken into what you term your 'Karma.' I don't like the word actually, but for recognisable means, we will use it this time. You cannot stop that thought-wave from travelling. Do you see?

Les: Yes I do. And would the recipient of the thought-wave be aware of it?

Not always. In that way, they are partly protected. But it can be destructive to them. But, as all things, it has to be evened out

eventually. It may not be in this lifetime, but it *has* to be paid for.

Les: Yes of course. What prompted it, was the realisation, that the power of thought in many African tribes, for instance, does have a very positive effect, inasmuch as the one who is aware of the thought directed against him, lies down and dies.

Yes, of course. Let me say this: If you are aware, which some people are, of destructive thoughts against you, you can protect yourself against them. In that way it can change, does that make sense?

Les: Yes it does.

If the person on the receiving end becomes aware of the destructive thoughts, *he*, and he alone, can change it.

Les: Presumably, by having faith in the powers of good, he can call upon.

He can protect himself in whichever way he finds more suitable, whether it is thinking good thoughts—and good thoughts, my friends, for the sender of the evil thoughts. Do you see? It kind of is like a circle. And always, let me say, 'good' always conquers the 'evil'—which has to be—that is the law of the universe. Always good will conquer the evil.

Les: In other words, Love will triumph, as is said. **If you wish to say it that way.**

Les: It is just a confirmation of another expression, since we have talked quite often about love.

We are saddened sometimes when we see what is happening in your world and sometimes we feel *helpless*, if you like, that we cannot do more. But always, we will strive to encourage you, even those who you term 'evil.' They too, are being given help. We leave no one out.

Les: Of course. I have often thought how frustrating in some respects, it must be for you, who are aware of what goes on here, and are not permitted to interfere against the Law. It must be very disturbing and frustrating.

Well, there comes a time when frustrations die away. There comes a time in the development, awareness, call it what you may, when these things leave you and you become *wiser* to the laws—you recognise them. I don't say there is no one body who has full knowledge, but there comes a time when you are much more aware of the wider, the wider view of things and your acceptance comes with that.

Les: So it comes to a state where it doesn't impinge adversely on your own feelings?

Yes. That, I have to say, is where some of the guidance that is given, it sometimes contradicts itself. It depends on who is speaking, who is giving the advice. It depends on their own development, if you like, as to how they react.

Les: That answers a question before I ask it, because we have been told by members of the other world, that they are not infallible. So therefore, one would accept that all that they say, if they are close to this Earth, and are not developed sufficiently, they could be fallible in what they say.

I will say this to you: I say it again, there is no *one* group, *one* person, who has full knowledge. How can we, how can we have full knowledge? We are *all* growing, we are *all* learning, we are *all* developing. Let me say there are many, many stages of guidance. Listen—I don't say 'doubt,' but what I do say to you, 'listen.' If there is something within the advice you cannot accept, don't dismiss it out of hand. Reject that part you find unacceptable, but keep an open mind on the whole thing that is said. No, we are not infallible. We cannot be.

Les: Otherwise you would be the 'God head.'
Yes, my friend, you take the words from my mouth.

Les: I'm sorry if I interrupted.

No, please, please, no—Bare this in mind, it is where some of your awareness groups fall down. They accept every word that is given. It is difficult to understand, because the guidance is given to the very best of their own knowledge—and as I said, there are many, many stages, many stages of differing guidance.

Les: Yes. Do I have time for another question, or are you concerned for your instrument?

Yes, we always are concerned, but we will allow one more.

Les: On the question of guidance, how often it is said here, that I have a guide so and so and so and so—and I always to *dispel* that, because I can't see that *one* person from your side, would be given the ability to guide someone here, through the whole of their existence here. I feel that if there are guides, or 'helpers,' as I think they prefer to be called, they change according to the requirements of the person and the development of the person.

Let me answer that for you: It matters not what you call them—guides, helpers, 'inspiration,' some people call it—those who do not accept that they have an outer helper, guide or whatever. Let me say, it matters not what we are called. But there are very few individuals, yes there are a few who have *one* guidance throughout their lives, but, *but* let me stress, they are *few* and *far* between. You are correct, in differing stages throughout your earthly lives, you need different help at different stages. So it would seem of course *one* person cannot supply all of that.

Les: No, I would never accept that theory anyway. ***But*, there are individuals who come into your earthly world, with the knowledge, with the knowledge and with a mission. They and they alone, are attached to one individual from *our* world. But they *are* few and far between. All of you, *all* of you, have many, many people who surround you, who come to teach you different things—are all on different levels. It cannot be that you just have one, apart from those few I have just spoken of.**

Les: They are the exception rather than the rule. **They may be aware of only one helper of guide, whatever you call them. But let me say, there are, how can I say, 'background workers?' (Yes.) Forgive me, I sometimes find it difficult to express myself in your earthly tongue. But I am trying very hard in fact sometimes, but I am trying to make myself clear.**

Les: You do indeed and I complement you on your language, which you said you've been learning for a long time.

(tape fades/unclear—Eons?) of time let me tell you, but let us not talk of that, that is not why I'm here. **So yes, you are mostly correct, but there are individuals who only have one guidance—**

Les: I see, well I won't ask further questions now. On behalf of everyone here I do thank you most sincerely for what you've taught us tonight. It makes us look forward even more to the next meeting and I'm going to ask you please to close for us.

I am always happy to do it. (Thank you.)

*Good and gracious Spirit,
Once more we thank you for this gathering.*

I thank you for this opportunity,

*to speak with all here once again.
Good, gracious Spirit, father of all,
keep us safe this today,
and all the days of our existence here on
Earth.*

*Help us in our development,
help us to come to know you in our hearts.
Father, we ask for your help and your
wisdom.*

*Let us come before you in honesty and in
grace.*

*May a blessing be placed on all within this
room,*

*Until we meet again, God's blessings be
with us.*

Amen