

~July 18th 1994~

Good evening.

Les: Good evening—we've been looking forward to your visit.

Let us begin. I know your time is short.

Les: Yes unfortunately. Right, let's begin with a rather complex question, if I may, partly to correct my own thinking, which I understand may be wrong. I have always considered the Soul to be a 'spark' of the ultimate divinity. And I have thought that the Soul uses the spirit, which is intangible also, as a vehicle, whilst it is on or close to the Earth. The spirit, in turn, inhabits the etheric body, which of course, covers itself with a physical body, to live in the physical surroundings. Now, is that escalation correct, or am I wrong in my thinking?

I believe we touched on this subject last time.

Les: Yes, I was thinking of what you said and you mentioned the Soul—**(Yes.)** and that is why I thought I would ask this question, because words are often used loosely and sometimes incorrectly and I thought it would be of help to everybody to have clarification on this.

Let me try to do that for you. (Thank you.)

The Soul is indeed the spark of divinity that you speak of. It is, as I said last time, one unit of a whole. It manifests in many ways, from that spark of divinity, down through the realms of consciousness. We get to deep matters once again, but I think I shall come to expect that of you. The soul—the *soul* is the one who makes the decisions in which way to incarnate. The soul, the spirit, the etheric bodies, the physical—you are correct, there is more than one etheric body; call it spirit, call it soul, but ultimately, it is all *one*—the *soul*. Do you understand? (Yes—)

So whether you have a particle of one, or the whole unit, incarnating makes no difference.

Les: I follow. So if I might progress on that question then, you are no doubt aware that in our rescues, I have to tell many, that when they go into the next plane of life, they are endowed with a fresh body, a fresh mind—Would that be the 'etheric body,' as we call it now?

Yes, you pass through different stages, let me say. The etheric body is closest to your physical—yes, you are correct. You pass from the physical into an etheric body.

Les: Which, to all intents and purposes, to those occupying it or using it, is just as 'physical' as the physical body, which they left on Earth?

Yes, that is true.

Les: Thank you.

You see, you *have* to do it slowly. It would be too much and it would not be allowed, to take such a great leap from one energy to such a higher one.

Les: I quite understand. So the etheric is merely one step more?

The etheric body is the second stage, if you so like to call it.

Les: Yes, this is the first stage. And there is another point. It may sound stupid, but I have often thought that this physical World is a '*shadow*,' of the next world—the etheric World. The etheric world really being *the* positive world, of which this physical habitation is only a shadow. **Yes. As the etheric body is the next stage from the physical body, so too is your planet Earth. All things are living. Therefore, there is also a 'shadow' if you like, of each and every thing that exists. You are correct.**

Les: Thank you. And I have often read of the so-called 'primitive' peoples worshipping rocks and trees, soil, flowers and so on, believing them to be inhabited by a spirit peculiar to that particular plant, or tree or rock. I can well understand their thinking on this matter and I would agree with it. That leads me to another question: Are there higher powers, whose job it is, to look after plants, trees, rocks, rivers, water and so on? Does each have what could be called, a 'Guardian Angel?'

You find this a difficult subject?

Les: No, I can understand it. But I just wanted to confirm, whether there are those whose purpose is in the scheme of things, to be responsible for various aspects of nature.

Yes—As all of you here will probably know, you are guided by a higher being. So, too, do all the elements of your earthly plane. Each one is dedicated to that task, whether it be water, trees, whatever; the list is endless. But, yes, there are those of us higher beings, who dedicate themselves to these matters. We must talk about energy when we go to these subjects. (pause) If you all are a spark of divinity, so too is each element on the Earth; the seas, the plants, the mountains, whatever. Each has its own

spark of energy, of God love, shall we say. Yes, they are looked after by higher beings.

Les: They definitely are?

They are indeed.

Les: Yes, I've held that opinion for a long time. I'm glad to have it confirmed, because it did occur to me, that that was what the so-called 'primitives', were aware of, without being able to explain it.

They were much more aware of Nature Spirits that is true. Unfortunately, as your evolution has taken place, a lot of this has disappeared.

Les: It is unfortunate that it has disappeared.

We know of the ridicule that this causes, but it is a fact.

Les: Good, I have always found it quite easy to believe, that they did worship the spirits, because the spirits in fact existed.

Exactly—Why should it be so strange?

Les: Not to me, but many people think it is strange.

Yes, we are aware of this, and we are trying to put matters right.

Les: Good. Now that brings me to another rather complex subject and it's one I could quite understand, if you didn't want to answer. But I have long held the opinion that the story of Jesus as the son of God, was fabricated, if I can use that word, to reach the limited intelligence of people, of that day and age. That he was no more or less a son of God, than any of us is a son of God. He was a man imbued with marvellous ideas and a desire to be of service.

Let me say this:

When Jesus walked your Earth, he was only one more incarnation, of many who taught before. He indeed was not 'the' son of God, he was 'a' son of God.

Let me say, I have difficulty with the word 'God.' Creative Force, Universal Consciousness—much better words. But Jesus did walk the Earth. He was a Master who came to teach the Earth people at that time. His gifts were great and these he tried to display. But he was not 'the' son of God; never did he use those words. I'm afraid the words came from the people who wrote the words.

Les: Well, I'm glad to have confirmation of that, because I've long thought it, that the stories were fabricated to get into the limited intelligence of the people of those days and for the facts to be presented in a way that they could understand.

(Yes.) Because they could never understand it, as we can understand it in these days.

Yes—Much has been done that is wrong in the teaching of those days. He was denied what he came to do, to a certain extent. But, no, he was a humble Master and still is.

Les: Yes, I've often told people that, that the way the church parodied what he came to do, was diabolical, because he expressed and taught humility in all forms, yet the church never has.

Yes, much of what he taught has been denied.

Throughout the ages, we have had many Masters tread this Earth plane, to teach exactly the same lessons if you like, that Jesus the Christ came to teach.

Les: I've always known that he wasn't a one and only, there were many like him. And equally, many were denied what they tried to teach, because of mankind's greed and ignorance.

Let me also go back a little way to our conversation. He too, (Jesus the Christ) is a spark of divinity; not a whole. Let me leave it at that.

Les: Yes, thank you. One point, if I may. The resurrection was not a physical resurrection. I believe it was a materialisation of the etheric body, to become visible to mankind.

Yes, why is there so much doubt here?

Les: I don't know, it's pitiful.

It was a natural happening. He did that. He told his followers that he would do it. It still happens today and still it is denied.

Les: Yes, that's why we keep pressing on with this work. That's why we hope to get the information and in due course, we shall begin trying to publicise it. *(Now freely available:*

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We find it difficult that after all these many years, we are still trying to teach the same things.

Les: Yes, it is appalling, isn't it, that it's not accepted? Now, I have another question, which I have been asked to put to you. It is said that the Chinese word for life is 'Chi,' and that by exercising knowledge of that Chi and by acknowledging and indulging in exercises, they can heal their bodies themselves and give themselves longer life upon this Earth. Would you say that's a possibility?

Of course! Of course! We go back to energy once again. They are a race of knowledge, when it comes to these matters.

Les: They are indeed. We have many (*Chinese*) who visit us.

What is your healing, if it is not an energy that is being used? So why is it so difficult to understand? Call it by any name you wish, it makes no difference. Yes, to use the energy for self-healing, is of course, quite possible and to us, is nothing, nothing unusual.

Les: And the exercises they indulge in, which are gentle in their movements, are only a method of meditation and relaxation.

It is no different if you sit still and meditate, or if you do a yoga exercise, or if you sleep and let your mind be free. Let me say, it matters not what you call it, it all comes down to the same thing—using the energies that are available to you.

Les: And being aware that they are there to be used. (**Yes.**) That is the important thing I think.

And you see, by these movements that they use, they are attuning themselves to the higher realms. It is something as simple as that.

Les: And now may I continue questioning please? (**You may.**) I'll open the floor to somebody else in a moment—I am told that often during our sleep state, I emphasise often, not always—we are permitted to come into the next plane, into the etheric world, and help with the work there, and benefit from the experience. Is this so?

That is so. You see, another matter which is quite normal, but people find difficult to accept.

Les: Yes, This is why I wanted it confirmed or denied, for the benefit of my colleagues. Thank you for confirming it.

Your sleep state raises your consciousness, which makes it easier for you to leave your physical body. So, yes, there is no difficulty with that.

Les: And we do in fact work in the etheric World, during our sleep state?

You can do, I would not say that you all do—of course not.

Les: We can do if we wish?

Yes, it would depend on the individual of course and the desire to wish to do that.

Les: But we are not for some reason, permitted to retain a memory of our visit—

Yes, you are permitted—it depends on the individual again—yes. It is not that it is not permitted, it is permitted. But for some it is easier to recall.

Les: I see. But others have the ability, but can't use it?

The ability is there in all. As I say, it is a very individual thing. You can have two musicians, both knowing the same tune, but one has a better memory. It is simple, it is as simple as that.

Les: So it's something, presumably, which we could educate or train ourselves into accepting and developing?

It is something you can develop if you wish.

Les: Thank you. Right, now I think I'll let somebody else have the opportunity. George? Brent?

George: Can I ask a question about nuclear weapons? (**Yes.**) There are those on Earth, who make nuclear bombs, nuclear weapons. I feel this has to be bad news for planet Earth, and bad news for the people. The situation is not so clear as regards the development of nuclear power for industry and production. My feeling is that this can pose such huge problems for future generations, it might be better left alone. Would you care to comment on this please?

I will—Nuclear energy has been misused by you people on Earth. It would not, I think, be wise to leave it be. It has been given to you, the knowledge of it, for a very good reason, for the betterment of mankind, but it has been misused. We are trying from our realms now, in a concerted effort, to influence world leaders in these matters. On that I can say no more, other than we are trying to put the thoughts, right thoughts to the right people, that these things will and can be changed.

George: I think you are inferring that knowledge of things nuclear could possibly be of benefit to—**Not could be, SHOULD be.**

George: Thank you, that's very helpful.

Jackie: When people die and they go to the spirit world, we have often heard that they're happy in the spirit world. How can they be, when they've left loved ones behind?

Yes, of course we have touched on this before too. When you leave the physical body, you do not suddenly change. You take with you, all those thoughts and feelings that you have gathered in your earthly life. Of course, there is sadness in the spirit realms, but this has to be dealt with. That is why you as a group, are doing rescue work, or did do rescue work. The feelings of the departed one, are still very close to the

Earth, to the people they have left behind. That is why it is important for those of you left behind, to be happy for that loved one, and not to grieve, so as you all seem to do so much of. Can I elaborate more for you?

Jackie: Yes please.

There are those souls who come to us tormented. We draw close to them in a 'tube' of love and light. But still having their free will (?) And sometimes they are tormented and unhappy for some time. That is their choosing. We can only try to influence and guide them. But you are correct—No, everything is not brightness and light to begin with.

Les: Another question?

George: I have one, which may sound a little strange. It is about the nature of prediction. A long time ago, in our time in the year 1503, a man known as Nostradamus, or Michel de Notre Dame, a Frenchman, was born. And he is regarded as one of the best seers or prophets of his day. He wrote many things and he appears to have written a number of good predictions, for the present time and for our future. He talks in particular of 3 periods of *Anti-Christ* uprisings, against the teachings of Christ. The first *Anti-Christ* was named as Attila, a long time ago. The second *Anti-Christ*, he regarded as the period of World War II, which began in 1939. He also talks of a third *Anti-Christ*, which has not yet happened. Perhaps—there are indications he was predicting a third World War, with nuclear forces? With our free will and positive thought, perhaps this can be averted, perhaps it already has. Would you care to comment at all on that? I will. Let me place the question back to you.

What is *Anti-Christ*?

George: I would think *Christ* stands for love and creation and *Anti-Christ* would be the opposite, hate and destruction.

Let me comment please: Nostradamus, as you call him, was indeed a man of vision, a great scholar of his time. But a man reared with religion. That is where the term '*Anti-Christ*' comes from. Do we know what '*Christ*' means?

George: I take Christ as Jesus Christ and Jesus Christ being—

Let me put you right, my friend, before we go further. It was not exclusive to Jesus, the word '*Christ*.' He should have been known as Jesus '*the*' Christ.' Let me explain a little further. What do you think it meant? *Teacher*—that is the

true meaning of the word '*Christ*.' Therefore let us go back to Nostradamus. *He* was influenced by the religions of his time. He was a great visionary and of course, with his extended views and knowledge, he could predict events to come. You speak of nuclear disaster. Your world has been heading towards that, for some considerable time. Let me say to you all: There has come the time when many of us, and I speak as, let me say, a Master—Does that make sense to you please?

Les: Yes.

(loud and emphatic)

Many Masters have come to tread this Earth plane, at this particular time. There will *not* be a nuclear holocaust. That is our mission at this time in your evolution! That will not occur.

But let me tell you, the Earth is *changing*. And now we get to deep matters again. We spoke earlier of the Earth having an etheric, an *etheric body*. That is the one that will be filled with love and change and that is why we have descended at this time, to bring forth the knowledge to help that transition. Does that answer your question?

George: Yes and that is wonderful to know. Thank you very much for that.

Les: Yes, to comment on that George, we were told, Ruth and I years ago, that they were preventing it, that it would be prevented—nuclear war.

Man, *man* has knowledge, but the Creative Force has *all* knowledge.

Les: Do you see nuclear power being used as it was many, many years ago, and has been lost to us? We call it '*Nuclear Power*,' but the direction of energy, the absorption and direction of energy, for peaceful usage.

That is why the energy was made known to man, to be used for the good of mankind. We also at this time, as I have said, are trying to influence those people in power, and I think you see it happening with nuclear disarmament. It is a stepping stone in the right directions. We are working on this.

Les: Good, and am I right in saying that such power, was used many, many generations ago, and the secrets lost?

You would be correct in saying that. Nuclear energy has been known to past civilisations. It is

still being used, not on this planet, but elsewhere.

Les: And that enables many to visit us, without our knowledge.

Yes. We will discuss that one time, I think.

Les: Any more questions?

Dawn: Can I ask a question about pyramids please? In the pyramids, there have been drawings of people in 'space helmets', as if the people had been flying. Did they fly at that time and why were the pyramids set up please?

Much is spoken of pyramids and pyramid power.

Pyramids were sources of direction. Let me explain. (pause/deep breath) There was (sic)

indeed those who could travel at that time.

Pyramids pointed to other galaxies, other stars, if you like. I will try to keep it simple. Each point of the pyramid, pointed to a direction of the universe, to the open skies. That is why you had a civilisation, who could indeed 'fly,' as you put it. This is a little known thing about the pyramids. They were not places of worship, they were used for a directional function.

Les: So the fact that they were used as tombs, was secondary?

They were *not* there as tombs. That is not what the function of them was. That was *not* the intention and I can say to you now, there was a much more *complex reason* for them.

Dawn: Can I follow that up with just one more question, which is probably rather silly? But I've often wondered if people came from outer space and then bred with the people here, to produce a certain kind of intelligence, but could never attain that higher intelligence?

That never did happen. That is *not* what happened. No, that is a definite 'no.'

Les: Anybody else?

Debbie: Can I just ask what are dreams exactly, because sometimes we remember them, and sometimes we don't.

What are dreams? You can dream—your dreams are your subconscious mind possibly going through events of the day. Or it can be, as we have spoken, that you have travelled in your sleep and you *are* actually recalling what you have done. It can be two things—do you understand that? Or do I need—

Sandra: Yes. We can actually make ourselves dream bad things, by worrying about them. Can our subconscious make ourselves dream them?

Again, we go back to what I have said. Thought is *the* most powerful thing. You create your own demons, you create your own happiness, you create—Let me say when you go to the spirit realms, that is what you will have, THOUGHT. And eventually, the use of words are not necessary. Always remember thought. Be careful in your way of thinking, because you can create that thought.

Les: I believe thought can be strong enough, if we indulge in negative thinking and worry about something happening, it's possible for thought to be so strong, as to induce that happening, which we are hoping would not happen.

Of course you *create*. Thought is a *creative* thing.

Les: So thought can create a passage, for the very events, which we are trying to avoid, if we constantly worry about them?

Yes, the thought in your mind can become a reality.

I cannot be more specific than that.

Les: A reality externally. Yes—You follow Debbie? (Yes.)

I know these things are difficult for you to understand, but they happen. They happen. You must always be careful in your *thinking*, in your *thinking habits*, in what you think of other people. Because not only do you create that thought, but it also *rebounds* back to you. Do you understand that?

Les: Yes, I have tried to teach that to people in the years gone by, that their own thoughts create troubles for the thinker, if the thought is not correct, not a good one.

It is cause and effect again, to use the term that is widely used here. It is that and that only.

Les: Thank you. Anyone else? Brent?

Brent: Well, quite a few of my questions have been answered, but why don't I ask whether you can tell us, or in some way explain, the purpose of the universe? Because many of us wonder why are these incarnations necessary and what we see as 'turmoil,' necessary for the progression of the soul. We can't understand it.

No, and neither will you, while you are in your physical body.

First, let me say your Earth, is a very small particle, in a Universal Consciousness.

I don't think if I tried, you would understand what I would be trying to say. The Earth, as far I

can explain to you, is a *small* area, where teaching takes place. (*pause*)

The Earth is one *small* part of one *small* galaxy. We have many '*earths*' in many *galaxies*, all doing and teaching differing things.

I don't think I can go into these things now. We need to go a little more slowly, at this particular time. I say only to you, accept that you do not understand—One day the knowledge will grow and expand, and so too, will the knowledge of your Earth—It also is in a learning phase, as far as the universe goes. Can you begin to see that just a little?

Brent: Yes, I understand that and find it easy to visualise. I don't expect an answer much further than that. I appreciate it.

Good. We are going into very big subjects, but we will come to them in more detail, I'm sure.

Les: Yes, we look forward to it. Any more questions? (*none*) As we say here my friend, the floor is yours, if you wish to talk to us about anything in particular. I'm sure there is a great deal you could relate to us, if you wish.

Yes. There are no more questions?

Les: Not at this time. There will be many more, of course. But if you have teaching for us, we shall be happy to accept it.

We will not continue too much longer this time. The channel, the voice-box, is beginning to become a little dry and we don't wish any distress. So, let me say this time, that I will close with a prayer to the *Great Creator* of all, if you all will join me. (*Yes—*) I would like that you could all cultivate this habit of *prayer*, or *talking* if you prefer, to that inner voice, that you call God.

Les: Yes. Thank you.

*'Beloved Father, Creator of all,
We thank you, we thank you so
For this group of people gathered here
this night. We are grateful that they
have been influenced to be here.
Father, cloak us all in your protective light
As we go our separate ways this night.
Let us all feel in our physical beings
your love and your light.
Let us offer ourselves to you as open
channels*

*that we might be used as you will.
Father, keep us safe and well until
The time comes that we meet again.
May many blessings be placed upon you.'*
Les: And upon you—God bless you all.