

~July 11th 1994~

It seemed that a couple of rescues were about to happen, but as they did not develop, attention turned to Eileen:

Would you like me to wait, while you finish what you have started?

Les: No I think the gentleman hasn't anybody wishing to come through him and I think it is important that we should hear from you, thank you. And our friend who last week had no questions, has two for you tonight, if he might put them to you?

Yes, but first I would like you all to join me in a prayer please.

Les: Certainly, yes by all means.

For the purposes of your understanding, we shall use the word you are familiar with—
(referring to the word 'God,' probably)

Les: I understand thank you.

*Oh great and gracious God,
We gather here before you
In peace, in love and understanding.
You have granted me this day
To be your emissary.
To teach, to comfort,
And to instil some knowledge to
our friends here on this earthly plane.
Oh Great God, we offer ourselves to you
This day to be used as you will.*

Amen

Before we begin the questions, I want to say to you all about the power of prayer. It is only through your meditations and prayer, that you begin to open up spiritually. I know some people dispute this, but it is an eternal truth. And so, I say to you all, please use the power of your prayers. I will teach you all the proper way of prayer another time.

Les: Thank you.

Now, let us have your questions.

Brent: I know that you will understand this question properly, in the spirit in which it is intended. But we recognise that we have spiritual problems on this Earth and we also have problems that are purely material. And I'm not asking for any answers now, but I would just like to know whether you are able to give us answers about the material world. Like, for example, new

methods of medical practice, or new methods of food production for the poor and starving, or things of that nature?

You have a specific question on these matters?

Brent: No, I'm asking whether you would, now or later, be able to give us answers to questions of that nature?

I will try. Don't you have one now?

Brent: No I haven't. I am more trying to understand whether it's right for us to ask that sort of question, or whether that knowledge would come privately to experts on Earth, or whether the information would come publicly in the form of pronouncements?

I think I touched on this subject last week, when I said to you that you are influenced by us in spirit. Your doctors, your scientists, your philosophers, they all are inspired, whether they know it or not. I do believe I said this last time. But, if you have specific questions, I will try to answer them for you.

Les: Would it not be that if our scientists, our food producers, our philosophers, any who wish to help in a material way, those who live on this Earth, would they not be receiving help, by using prayer, as you've suggested?

That's not necessarily so. They can be inspired, without the need of prayer, if, if they are working for the right purposes.

Les: Yes, your inspiration would only be given if you could see the result of their labours.

Yes, we would only give it to those who would use it for the best purposes of mankind. It matters not if they pray. If the intention is good, then that is a spiritual thing to do and therefore we would use what inspiration we can give them.

Les: I have always said on many occasions, that the fact of doing a good deed, is in itself a prayer.

Yes, I would agree with you.

Les: You have another question Brent?

Brent: Yes, I have a question concerning healing. Here in this room and elsewhere, spiritual healing takes place, by means of contact between a healer and a patient. But other types of healing with which we are familiar, sometimes referred to as 'psychic surgery,' involve the cutting of the body and repair, with no blood and no pain. Can you tell us first of all, does this happen? And if so, give us any idea how it happens?

I will try. Always (there is) the problem of spiritual happenings to be explained in a

material way. Yes, psychic surgery—What is occurring there is work on the spirit body. When that is whole, then the effect passes to the physical; then and only then. Mind-spirit-body must be *one*. When you talk of psychic surgery, we are talking on a completely different level from your understanding of physical happenings. When a problem manifests itself on the physical body, the problem lies within. That is the part that has to be dealt with. Sometimes the problem is with the 'etheric body.' That is the part that is put right. Does that answer your question?

Brent: Yes it does. But I think we all wonder how that can affect the physical in such a dramatic way—

First, let me say you are not a physical being—you are spirit; mind-body-spirit are one. If one level is not right, then everything is not right. The mind affects the body, the spirit is affected and very often it is the etheric body, which needs treatment. There are those of you on this Earth plane, with the ability to be used by us in this way. To us it is nothing extraordinary, but to explain to you is difficult in your terms. It is the etheric body, which is worked on, which produces the result in the physical. I cannot explain to you more at this time, about the methods used, for the simple reason you would not understand. It is a spiritual happening and, therefore, a spiritual thing, to explain is very, very difficult. But I will come back to you on that one at a later time, if that suits you.

Brent: Yes, thank you.

I will try to explain. Do you want an explanation of what is happening physically? Is that what you're trying to ask?

Brent: Yes, I can't understand how bleeding can be stopped and blood can disappear and scars can heal, because our doctors can't do that.

Your doctors are working only on the physical body. I'm sorry I cannot be more explicit than that.

Les: I have a rather complex question. Whether you can answer it, I don't know. But the population of this planet, is increasing rapidly. And knowing that each physical inhabitant is imbued with the essential spirit, where are the spirits, if I can use that term, that will eventually occupy the increased physical population? Are

they created by thought, when it is necessary for a new physical body to be imbued by a spirit?

No, no.

Les: You understand my question I hope.

I understand. Let me say, spirit has always been and always will be. The increase in your population goes with the evolution of your planet. You have to think of the *Spirit world*. Again, we get into deep water in trying to understand spiritual matters on an earthly basis. Spirit always has been, there is not just one unit. You have, as I have tried to explain, we are all like facets of a diamond. Each unit can be incarnate, or reincarnate, one unit at a time. If (in) the increase in population, we need more spirit beings, then it is taken from, how do I say, a 'pool' of beings?

Les: I thought it must be like that.

What you must understand my friend, we are not single units.

Les: So part of the whole is utilised for the benefit of the new physical body.

Yes, that is true. It may be more than one unit, from that whole that is being used at one time. That is exactly what is happening. That is why you have 'twin Souls' in one incarnation at a time. That is how that happens. Do you understand?

Les: Yes we do. And that would also account for what we call 'prodigies.' Because the ability is already existing in that spirit and it passed the ability into the physical body, when it occupies it.

You are quite correct. We are delving into deep matters again, but I will try to answer simply.

Les: You have explained it fully, so far as I'm concerned. And one further question: Does the spirit inhabit the physical body at the time of physical conception?

There is much dispute in this matter, I know. I can only speak the truth as I know it. What I say to you, only accept that which you do not find insulting to your own intellects—this is acceptable. But I say 'yes,' at the time of conception, the spirit enters that being.

Les: Thank you. So an embryo is already a spiritual being.

The spirit is from that first spark of unity.

Les: Yes, thank you. It does have quite a bearing on the abortion controversy, which rages here at the moment.

It also goes on in our world.

Les: Does it really?

There are many discussions—I will not say 'arguments,' but discussions.

Les: May I continue on this?

You may.

Les: In the event of an embryo being aborted, it returns to the spirit world, let's call it that, or the pool of spirits, as you put it. Does it continue to live as a spirit being again, without any ill effects?

It would depend on the situation. If that spirit being entered to be aborted, it has fulfilled what it has come for. If it is aborted—let me find the correct terms for you—If that spirit is aborted too soon, it would return to that pool of beings to find another body to re-inhabit.

Les: But it is not affected by the experience?

Yes, I have to say, yes. If the abortion takes place too quickly, then it is like being thrust back when you are not prepared. It is like, how shall I say, like a shock that you can feel. That is the reaction on the spirit being.

Les: Thank you. That clears up a point in my mind. I thought there must be a reaction, since the spirit is a very sensitive 'condition.' I can only say, 'condition,' to use that word for it.

Words, my friend, are always the problem.

Les: Yes, we must experience these things.

When I considered coming to you, I vowed to use only simple language.

Les: Yes, thank you. Yes, I'm sorry we are such simple people, but one day we shall understand better. (*chuckles*)

We will all understand more. As the awareness grows, so too does the understanding.

Les: I'll ask any of my colleagues if they have a question.

Certainly.

Debbie: What would be considered too soon, or too early or on time?

Always remember that you are imbued with free will. When a spirit chooses to reincarnate into a body, it is—'forward looking,' if you like. But, although your life plan is mapped within certain boundaries, the free will of the person can change, to abort that foetus. There are 'accidents,' let me state that here and now. We have been asked the question, 'If everything is planned and known, how come things happen?' But remember free will. So, you can have a foetus, whose life plan was longer. Therefore when an abortion occurs, it is a shock to that spirit being. Do you understand?

Debbie: Yes, so free will can—

Can interfere yes.

Les: You did say on your last visit, that the future is not planned in intimate detail. There are 'accidents' you said.

It is planned within guidelines. But of course, you are all given free will. And that is why I don't really like the term, 'accident,' but it will be appropriate for now.

Les: Thank you. You used the word there, I noticed, you said, '*when the spirit chooses, to enter the body.*' That would imply to me, that reincarnation is not obligatory. I have been told by other communicators that reincarnation occurs, when permitted, if that reincarnation is going to be of benefit to humanity at the time of the reincarnation. Would you agree with that?

Yes, let us talk a little on this. It is another subject well spoken on. The Soul is the one who chooses to reincarnate, but only if there is a lesson to be learned, a wrong to be redeemed, something like that. No one makes the Soul reincarnate.

Les: So it's not obligatory?

It is not obligatory.

Les: Thank you very much.

But it does happen. Remember, your earthly life is a school of knowledge. If you leave this Earth plane with very little knowledge of spiritual things, you may feel that you need to return, say—(for) a particular lesson for your spiritual growth. It may take a long, long time in our spiritual realms, before that Soul becomes aware of the necessity to return.

Les: I see.

But always it is the Soul's choice.

Les: Thank you. So that confirms another thing, which I have said many times here when dealing with 'rescues,' as we call them, that the condition of life in the next plane—which is the only way I can put it—can be of indeterminate time. Progress depends entirely on the individual's wish to progress from that next plane of life. There is no compulsion for them to move on.

Again, let me reiterate what I said last week:

***Thought* is the most powerful energy you can possess.**

Les: I was very interested to hear that.

You have to consider that when you leave this plane of existence, to join the spirit world, your thought patterns remain the same; you do not alter your viewpoints. Therefore you can be against all manner of things. If you were

sceptical here, you will be sceptical when you come to us. Therefore the thought patterns of the Soul must be of its own making. Until that recognition comes then it will continue to learn, to be encouraged. It is not obliged to do anything it does not want to do. So, when the Soul is ready, we do have, how would you say—counselling? The Soul is 'counselled' as to the way of it's best progression. But ultimately, it is the Soul's own choice.

Les: Thank you. That leads me to another question, which I think I can put on behalf of my colleagues here, who have asked it of me, on various occasions. When we deal with 'rescues,' often people come back, who have been departed from this world, for many of our years, a hundred years perhaps. And the question has often been asked, whether they've been suffering all that time, from the traumas with them, when they come back for rescue. My reply has always been 'No,' they are in a condition of 'limbo.' They are not aware of the suffering which caused them to pass on, until their mind shows a desire to move on. Then they are brought back here. Is that correct?

Yes. They are buffeted from the pain of their earthly existence. It is difficult to explain. They are 'cocooned,' if you like, in a 'vibration' of love. And all the time, we are trying to reach them, to encourage them, to love them. But like all things, they are still individuals in their way of thinking. Therefore, it can be many aeons of your time, before the realisation comes to them. It depends too, on the knowledge they have obtained in their earthly lives; that which they bring with them. We can work on the knowledge that they bring, but we are not allowed to intrude, even in our spirit world. There are laws to abide by and we do abide by them. But, to answer your question, no, they do not suffer for lots of time. They are cocooned.

Les: Thank you very much for that. I'm sure that gives a lot of comfort to my companions here, who I know have been worried about it. That has cleared a lot of doubts and I appreciate the answer. Sorry I'm taking up all of your question time. Anybody else like to ask a question?

George: Yes. Could I have a question which is quite different? It's a great privilege to be able to put questions to you like this. Some of us have a fascination for the great stone circles of our country, like Stonehenge and Avebury, **(Yes.)**

which were built perhaps 6000 years ago, in our time. They may have energy connections, they may have communication connections, we don't really know. Is there anything that you can tell us about the stone circles.

Yes, I understand. Yes, first let me say, there have in past times, been groups of people, with extended knowledge far beyond your own comprehension. We can devote more time on another occasion to that. But first, picture these people with that extended knowledge, of energy patterns, of all kinds of vibrational energies, on your Earth plane. You are quite correct to say it has to do with energy. It also was a form of worship. Each and every group of people, have worshipped in their own individual way. The stone circles were erected for this very reason, many, many thousands of years ago. I hope I can bring one of those people one day to speak to you. May I?

(general amazement)

Les: That would be wonderful.

They were a people, really not of this world, but of an extended knowledge, which helped them to create what you term, these wonderful stones and masterpieces. But, let me say, I will try to bring someone, who can give you so much detail.

Les: We would greatly appreciate that, because I've many times been amused at the theories put forward as to how the stones were erected. When to me it is a simple matter of understanding forces that we are unable to understand.

Yes, that is the problem. The energy forces that exist on this Earth, are not comprehended by the normal human being.

Les: And that would apply also to what we call UFO's. But that must be a subject for another time, I know.

Debbie: That's what I was going to ask.

Well I did try to answer simply. But yes, you have many questions (seemingly amused) I can answer. Yes.

Les: We have indeed. I hope you don't lose patience with us, with all these questions?

No, I will not. I am happy to be amongst you, to answer as simply as I can, in an understandable way to you all. What was the question?

Les: Did somebody ask a question then? Debbie?

Debbie: No, I was interested in UFO's really, as to what explanation there was. I mean are they

from another planet, or is there life on other planets, or what really—

Yes, there are other life forces beyond this galaxy. There are beings of extremely high knowledge and wisdom. They are not as you would know, a human being, but they possess the qualities of love and great spiritual awareness. They come, yes you are correct.

There is much spoken about UFO's as you call them. But yes, within the whole universe, there are people who exist, who to you, would seem to be Masters of travel and knowledge.

Les: Yes indeed. And that would apply to 'corn circles.' They are formed by entities invisible to us.

George: Yes, the crop circles may connect with UFO's. they form in the crops that are grown at this time of year, forming very beautiful circular patterns. There may be a message in those patterns for us. Perhaps that's another question—

I can categorically tell you now, there is the connection. I am not prepared to tell you what the message is—that is for mankind to become aware of in his own time. But yes, there is a connection.

Les: There must be, because they are geometrical patterns too.

Again, we get into the earthly vibrations; the coming together of both. But I will not tell you what the message is meant to be. If mankind does not have sufficient awareness, then who am I to interfere?

George: It is nice to know there is a message, thank you.

Les: And thank you very much again for your kindness in coming and for your answers, which really are invaluable. And on behalf of everyone, I do thank you most sincerely.

I have one more thing to say before I go. There gentleman who has a high intellect, I speak of our friend there—

Les: Oh yes, the one who asked the questions about healing.

We are happy to answer all questions. But, be careful that your intellectual mind, does not become like a cancerous growth, where it stunts the ability to grow spiritually. Do you understand that?

Brent: Yes I do understand that very well.'

Yes you can—There is nothing wrong with a high intellect. It is good to see, it is good to see people question. We don't want anyone to accept anything that insults them. But, be careful that you don't stunt your own spiritual growth, because of your intellectual mind. There will always be some questions that even we cannot answer for you, simply because of the difficulty of expression. Please keep this in mind. Allow yourself to become a vessel for good. Keep your inquiring mind, but temper it also with those inner feelings.

Les: Thank you. Back to the little 'inner man,' Brent—Thank you. God bless you.

(There followed a brief message for Lilian about fearing the future)—Don't be afraid, fear is negative. You are surrounded by great love. Many, many come close. Do not be afraid—(general thanks)