

**10th October 2022**

*This was not a Salumet, but another spoke through Eileen, with much Love and wisdom from deeper spirit, describing themselves as a **Messenger of Love**—audio link:*

[http://www.salumetandfriends.org/app/download/12028744/2022\\_10\\_10+Messenger+of+love+via+Eileen.mp3](http://www.salumetandfriends.org/app/download/12028744/2022_10_10+Messenger+of+love+via+Eileen.mp3)

***I wish to speak.***

Paul: Yes, you're very welcome.

***I am to tell you Salumet will be with you on your next gathering together.***

All: Thanks! Wonderful! Good news! ...

***I have been listening to your prayers for others and I wish to say, thank you, thank you so much for all of your help.***

Paul: It's the least we can do—we want to do as much as we can.

*You can, you can by JUST BEING STILL. You can by JUST BEING SILENT, you CAN by BEING AWARE of what is around you.*

Paul: Is that because when we are still, we vibrate...

***On a different level.***

Paul: ...and that ripples out and effects the planet and everything.

***Yes, you must try to understand the power that emanates from all of you, when you are sending LOVE. I have to say sometimes, human beings are more concerned with how they work, how they meditate, instead of just BEING LOVE. It is something we can all improve on.***

Paul: We overcomplicate things. ***(Yes, yes)*** ....but focusing on just BEING LOVE...

***You ARE LOVE! When you are in that state, you are PURE LOVE, you are joining with those of us in Spirit; but sometimes you seem to be so baffled by all that takes place.***

Paul: I think this is a powerful message, if we could focus on that ***(Yes)*** maybe we don't need to try to pursue people about things—it will naturally happen...

***By making contact with a person such as yourselves, you are already touching the Soul. So therefore there is no need to continue to wonder what is happening—why is this and why is that? JUST LEARN TO BE!***

*(Pause)*

***I hope you know what I am talking about.***

Paul: Yes, I think so, I can't quite articulate it myself perhaps, but I do feel I understand and it's a powerful message. We've had words like this before, but each time, I think we understand it a little bit further.

***Yes, that is true, very, very true. So my message that I bring to you, is this: THAT YOU LEARN TO BE YOUR TRUE SPIRITUAL SELVES, WHILST HERE ON EARTH.***

***We are all simple beings, beings of Love that shine forth from so many, and so many are still learning, still learning—IN ALL THE MANY EONS OF TIME, WE ARE STILL LEARNING.***

Paul: Yeah, it is incredible, it's a never-ending journey it seems; but to be still and focus on Love, that's probably the most direct way we can change ourselves and perhaps the world.

Sara: It's our highest offering, isn't it, just to be LOVE.

***It is not easy, to just BE LOVE and I don't wish you to feel that it IS easy; it takes much time, much time, and I am a Messenger of LOVE this evening. So I bring to you all, what you assume to be LOVE and I do not say that lightly to you, because you are all ambassadors of Love. But be yourself, know yourself, love others and you will come forward and you will become PURE LOVE.***

***Now that my mission is over, I'm about to leave you and I offer you my deepest thanks and also my greatest Love.***

*Deep thanks expressed*

Paul: We really feel it and you feel like an old friend, I don't know if you have been before, but it's a lovely energy within the room.

***I have not been to speak to you before, but I am aware of every being within the room and also those that you have touched in the past and I would also say to you, be aware of the goodness that comes to you through Salumet. (Agreed) You understand now?***

Paul: Yes, Salumet has given us so much wisdom and teachings.

***But it's teachings which you have to develop; you cannot stay still, you have to expand as well.***

Paul: Yes, we need to put the teachings into practice and live them more fully.

***All of you have that capability, all of you here have the dedication, you want to help others, you want to know more about that spiritual being that is yourself. All these things are possible and I am deeply honoured to have spoken with you this night.***

Paul: We are so honoured and blessed to have you, reminding us, and we do need much reminding; but that's a lovely and simple message you've given us tonight, thank you.

***I say farewell to you and Love be with you at all times.***

*Thanks and farewells*

