

31st January 2022

Next, there was a sombre rescue via Sabine, involving a suicide bomber—audio link:

http://www.salumetandfriends.org/app/download/11770978/2022_01_31+Rescue+via+Sab+suicide+bomber.mp3

Eileen: Does anyone want to talk?

No.

Paul: No?

No.

Paul: Well, you've been brought here to talk to us, so it would be very useful—very good if you could talk to us, **(No)** because we *can* help you. And I think, I think you know you need a bit of help. We are here to do that for you.

Just the fact that you've come here, is a wonderful *change*, which I'm sure you can begin to feel already—a little bit of warmth and maybe a bit more peace than you've felt for a while. We don't need to know too many details, but we can help you on your way. Do you know what's happened to you?

I lost my arms.

Paul: Yeah, and do you know what happens when—we call it 'death', but...

I can't find them anywhere.

Paul: Well, in fact that caused you to die, but do you know what happens after you die? Do you have a belief in Heaven, or something like that?

Not like that.

Paul: Most people don't quite understand, and it's the sort of thing you can't fully understand until you finally get there, but the fact is, it does exist and it's as good as anyone can imagine it to be and it's time for you to experience it. At some point we all have to and I expect, can you see any kind of little light or something very bright?

No, I don't deserve it.

Paul: That's what a lot of people say, it's funny, but that's like a religion talking, but actually we *ALL* go there—everybody goes there, because it's where we all came from, they call it 'going Home,' it's like going to your true Home and there's nothing undeserving, because the earth is actually a place to learn. So it's okay to make mistakes on earth; everybody makes mistakes, it's about the learning, and when it's time to go, you've had your life, you go back to Heaven and yes, there will be a chance to improve on the things you didn't do so well, but you're not judged for it actually, not by other people. As I say, it's a learning planet for everyone.

I don't want to see her, tell her to go!

Paul: There are lots of people who will want to see you; you don't *have to* see anyone once you go to Heaven—free will still exists, so you can choose to see who you wish to. Is there anyone who you'd like to see, like a grandparent or someone who's already gone?

No!

Paul: No? Well, you don't have to. Some people even get lots of help and healing from an animal that you've grown to like on earth. But you may see someone of perhaps an animal, when you see this light.

My mother is there and I don't want to see her.

Paul: Whatever experience you had with your mother, it's already changed.

No, you don't understand. I did something very wrong, I don't deserve her love.

Paul: Well, it sounds crazy, but everything does get forgiven—everything can be forgiven.

No, not this.

Sara: But she wouldn't be there if she hadn't forgiven you.

Paul: Because we don't really 'die', as we say, we *can't* really die, there's so much we don't realise on the earth. Take one step at a time, but you can ask your mother to stay, or if you don't feel you're ready to, or wish to see her right now—but if she's come, she really wants you to know she's still got the love for you.

Sara: And that is normal for mothers you know, to have unconditional love, it's the most highest and natural way for them to feel. So, it's maybe that you just need to forgive yourself and then you can accept her forgiveness then.

Paul: She can tell you how to make amends, if you feel you have to make amends, she or someone will tell you how you can do that. Is she still there? **(Mm)** So, I think she still really wishes for you to...it's never as simple as it seems. You will see that our lifetimes have many other aspects to them. Everything is a learning experience, even terrible wars, they're looked on slightly differently when we get to Heaven, get to Spirit, you will see that much learning will take place, in all kinds of ways that we couldn't foresee.

Yes, I see that.

Paul: The fact that she's there means something. She can help you and maybe you can still help her as well.

Sara: She would love you to accept her love.

Paul: I know it seems a big step going back, but you can do it, you can do it. **(Mm)**

Eileen: Give her the name Sheila Paul—who's a sister.

Paul: Sheila is here as well—much more love for you than you realise and it's all there ahead of you in that light.

Thank you.

Sabine explained afterwards that he was a suicide bomber, too distressed to see anyone he'd loved.