

SALUMET – 24th February 2020

After healing prayers, Salumet spoke for just over 50 minutes—audio link:

http://www.salumetandfriends.org/app/download/10622919/2020_02_24+sal.mp3

Sabine: Good evening Salumet and welcome.

Good evening.

All: Good evening.

It is good to join with you all once again.

Paul: Always *wonderful* to have you back talking with us.

I am always happy to listen to what you are doing and saying, and very much take it onboard of all the worries that you have; but before we go any further, I wish to say to you all, do not despair about your world, the Earth planet has always suffered many setbacks and complications. There is much fear in your world at this particular time, but I say to you, my dear friends, uphold the faith that you have in all that is good and the wonderment of this world will always begin to shine through for you. You understand what I am saying to you?

Agreed

Never allow yourselves to become so despondent that it affects the way you live in this world. I am not here to tell you that everything in the world will be gentle and good and an earthly word ‘rosy’.

Chuckle

It never will be, because if it was, you would not still be here. So, my dear friends, look forward, give upliftment to all those people who need uplifting, and that includes yourselves, after all, are you not only human as well as Spirit?

Agreed

So, take the time my dear friends to, as I say, give upliftment.

Before I leave you this evening, I will send with each of you the *feeling of joy and happiness and the feeling that you can create the most beautiful peace throughout your world*; and you *can* my dear friends, if only you will dedicate yourselves to this task. I hope by now, you have realised that what I have given to you, always is a fact, even if it is not immediate, it is always the Truth; (*Agreed*) and for this, I thank you all, because in listening and dealing with my words, you are creating a *beautiful light, beautiful light*. So, I say to you, just be quiet at times of troubles, allow yourselves to go inwards and all

of your problems will not seem so bad. (Thank you.)

If you have any questions this time, please ask them now.

Sara: I have one question: Recently, a friend was talking with me about the *Rainbow Body*, which I think is something the Tibetans, traditionally know something about, and I just wondered, is there a good purpose behind this rainbow body, a way of exiting the physical body, and how common is it in fact on this planet? Do you understand the term rainbow body?

I know of what you speak, I cannot say more than it is a form that has been developed by many of the people who come to the Earth plane. The word ‘rainbow’ should give you the clue to the answer, because as you know, pure energy is full of many colours and it is a way of utilising these colours for whatever purpose they wish it to be used for. So, I would not say it was widely spoken of, but it depends on individuals and what they are looking for in this life, to help them to go to other places or in fact to help them to pass. (Ah, right.) There is nothing complicated about this, but what you need to know is that it is quite natural to be able to use the beauty of Light and colour and Energy. Is that helpful for you?

Sara: Yes, definitely, thank you.

(Pause)

Come my friends, you have become silent.

Giggles

Graham: I saw something yesterday, which made me think; we were at the Kennet and Avon canal and we were looking at these giant wooden locks, these doors that allow the water to go through, and it just struck me that this enormous lock-gate, which probably weighed about the same as 4 cars, could actually easily be moved because it was in perfect balance; and that got me thinking, when we are in perfect balance how much more we can achieve, because with this lock-gate, you just had to press on it gently and patiently and it suddenly started to move, (**Yes**) and I thought it was a nice thing to think about in life as a whole, that when we are in balance we achieve so much. **All around you in the world, are signals that are there to help you to grow and you have just named but one thing; there are many signs within your world, which help you to take a step forward, or to create a thought that is useful. Yes, and I commend you my dear friend for**

noticing such things. (Yes.) Yes, too often in your world, people are in too much of a hurry, they do not take the time to even know themselves, let alone to notice the signals on this planet. It is available to each and every one of you, all of these things, yes.

Graham: Well, I shall be looking for the signals, then, yes.

And yes, if you equate these signals, to your own self, you indeed would become a very balanced and easy person—a perfect almost human being.

Graham: I think nature itself holds so many of these signals, when you see the way that nature works, **(Yes)** you think, ‘oh-my-Goodness’, I can take something with that.

The Great Creator would never make any silly mistakes in the creation of the worlds that you know of. (No.) It is a great lesson and one that I am pleased that you have raised. (Yes, thank you.) Yes.

Sarah: On the other side of that Salumet, you’ve said about the fear around the world, and I’ve been thinking about this virus that is attacking people, the coronavirus they call it, it was supposed to have originated in China, I don’t know if it was fish or animals or what it was, but the Chinese don’t look after their animals very well, their Animal Rights is not very good at all and I wonder if it was because of the way they were treating their livestock that caused this problem I don’t know if you’ve got anything you could say on that?

Yes, any unbalance on the planet is caused by abuse of some kind, whether it be animal, human or some outward indications, but yes, it is always imperfect balance that causes all of these interactions within your world. It is quite simple when we look at it, but to you, who still live upon the Earth, in this world, there are many things that can go wrong, because of the way thought is misused, the way actions are misused and in fact anything that creates unbalance. So yes, I would say to you, my dear friend, that was the start of the problems, a misuse of animals. After all, when you create negativity anywhere, it will have to have its outcome. You understand?

Sarah: Yes, thank you.

Di: I’m finding that with some of my friends and acquaintances really Salumet, the ones that seem to have a very negative outlook on life, seem to

be far more ill with illness than people that think they’re going to get better. **(Yes.)** You know what I’m trying to say?

I do know my dear friend, of course I understand, any negativity can only be harmful, and unfortunately, in the Earth plane, people feel they know better than what is right for them; but yes, any negativity or imbalance is not good for the Soul or the body.

Di: It’s quite hard when people don’t seem to really believe in a Soul or Spirit, they think that there is just human life, so it’s hard to help them really.

Yes, I would not be too concerned about those people; some of them would have chosen that life, that not knowing anything, because they do not want to; but, I would say to you, this is their opportunity to grow and to understand, and all you can do, my dear friend, is to pray for them.

Di: Okay, thank you very much.

Send good thoughts, balanced thoughts.

Di: I’ve sent them the links to your website now as well.

Right, of course.

Di: It might help. **(Yes.)**

Paul: I was chewing over a question about, looking at Earth’s history and various empires, like the Roman empire and the British empire, and they all seemed to come and try to dominate the world, **(Yes.)** and then, they sort of, from what I understood from history lessons, they sort of fell apart from *within*, **(Yes.)** it wasn’t another force fighting them, they fell apart themselves and I wondered if...

It was their own greed, their own negative thoughts, yes, there have been many times throughout the world, your Earth planet, when nations have fought against nations, always thinking that they knew best, instead of living in harmony and peace and sharing and caring; they decided they would be the power of all other peoples; and again, it is a negative thought. So, when you have unions of negative thoughts, that is the power that becomes the *most* powerful, do you understand? And that is the cause for the downfall.

Paul: Right, it’s not based on Love, so it’s not based on truth, **(No.)** so it hasn’t got any foundation.

No, it is a power struggle, that is what it is. And that is what I have to say is happening in the

world at this particular time, there are too many leaders, too many people who want power, who are not doing the best for other people.

Mark: Yes, I think a lot of these leaders don't sleep enough. Often leaders boast that they only need 2 or 3 hours sleep and I've been reading a book that says that's not true, you *do* need the sleep to stay in balance, you need sort of between 6 and 8 hours.

Yes, because the body is made to rest, it is not—although you are Spirit and human body, you still need the balance, and sleep is part of the balance, so that is why they create problems for themselves; you start off with sleepless nights, then you become irritable, then you become unkind to another—it all has a problem with growing and not allowing Love and kindness to enter your lives.

I believe you have begun to recognise some of my words about what is found in your seas.

(Agreed) Yes.

Natalie: There was a castle that was discovered under the sea.

Yes, there is much more to be discovered, so look towards your seas and waterways, there is much history there, because I know, as a group, you are most interested in the history of your world.

Sabine: We've been reading a book by Lobsang Rampa and he was talking about some form of people that were very tall and I think they were a purple colour and they were in Antarctica, under the ice (**Yes.**) and they will be shown at some point when the ice is melting, they will be revealed.

Yes, there is so much for you to know and understand, but how much you need to know to allow you to be a good human being is minimal, and I know as a group, you have been very good at expanding the knowledge of *Love and Truth*, and for this my dear friends, I can only say how much you have helped in your own way.

Sabine: It does feel good to do it as well.

Yes, it will because it is what you are truly meant to be doing.

Sabine: That's why it's sort of 'hard' to feel when you hear some of our leaders going completely the opposite way, (**Yes.**) not going towards the help towards other people, it sort of hurts and feels not very nice inside.

Yes, but try not to judge too harshly, I know I say it often, but if you can express your dissatisfaction in a loving way, so much more can be attained.

Di: I think that is one of the hardest lessons, to get that balance as a human being.

The hardest lesson for any human being, my dear friend, is to love yourselves, because when you have achieved that, then you can help *many* people, sometimes even without the use of words, sometimes just with a look or an understanding thought.

Paul: And I think it is a bit like these old empires, these people, politician if you like, 'leaders' that haven't got a foundation of love behind them, they'll be so transient, they'll come and go and I wonder if they even need much resistance, because they'll fall over themselves.

Yes, the realisation will come to them eventually, so that's why I say to the lady, don't worry if people don't understand what they are doing because, eventually the realisation comes and that is when a life will suddenly take change upon itself and that Soul will begin to understand what this life is all about.

Graham: At a deeper level, would it be to say that everybody on this planet without exception, with the knowledge and everything that they have, and their level of experience through their many lifetimes, are actually doing the best they can?

Yes, they should with different lifetimes, becoming purer, be becoming lighter, should becoming more aware of the Truth and the Light around, even in the midst of darkness. Does that make sense to you? (It does.) If you are in the midst of darkness, you have the power to dispel that negative area and to become bright and loving and true.

Graham: I was thinking that if you could think that everybody on the planet is doing the best they can with their knowledge and so on, in a way, that helps to remove judgment.

Yes, it helps, but we find that judgment is one of the harder things to do for you as human beings, you do not find it easy to be non-judgmental.

(Agreed) You try very hard.

Di: We don't even realise we are being judgmental sometimes.

This can be a problem, but yes...

Paul: When you see politicians going to war, we know that killing *is* wrong, **(Yes.)** so we have to try and acknowledge that...

You have to try to influence with the thought patterns, that's the only way they will change, they may even deny knowing some 'good', if they have set their mind on being strong and powerful and forceful, then they are negating, and life becomes harder for them.

Natalie: Is that the same, would you say, for serial killers? Because I watched this documentary on Ted Bundy, **(Yes)** and he killed many women and explained it like he wasn't mentally ill, it just overcame him, this feeling like he had to go kill people; **(Yes)** so was there a choice there? He could have...

But, although he *thinks* he had no mental illness, I can assure you that there was, there were problems, yes. Yes, you know you can never explain as a human being, what is in another's mind, you never can and you never will.

Sara: I think there are many levels and degrees of what I call mental illness, I think there's so many degrees of it.

What is mental illness?

Sara: Just lack of balance within.

It is a word that is used for 'dis-ease'; I have spoken to you many—quite a long time ago, I believe, in your time, when I said **all disease is caused by 'dis-ease', and I feel that speaks for everything in your world. It is 'dis-ease'?**

Sarah: And even for these children who are born with what's termed today 'Asperger's', or those sorts of diseases, is that also 'dis-ease', or is that just another way of looking at life?

With people who come to this life with a problem already, it is usually a wish for that to happen and that it why you find they do not have a full lifespan. You understand?

Sarah: You mean they don't live to a long old age? **Some of them do not...**

Sarah: I don't quite understand what you mean. **Sometimes it is that they have chosen parents who would be prone for that condition to happen. You cannot just put it on a straight line, people come to this Earth for many reasons, some come with illness as you call it, I would rather call it, 'they come with an exceptional gift.'** (Right) **But they have chosen to do that, but that does not apply to everyone; for the majority of people, it is a 'dis-ease', when they**

come to this world that they need to try to fix for themselves.

Sarah: Yes, okay, thank you.

Ben: Can I just ask as well, there is one aspect that I always struggle with a little bit, which is, my understanding is we all come to the Earth to live our chosen experience and to learn, develop and grow, and my understanding is that we get to a point where we've evolved, such that we don't necessarily need to come back to the Earth again to have further experiences. So, therefore won't there come a point where all of those in Spirit at the moment and all of those on Earth as we are *now*, will evolve to point where we don't need to come back and will that then be the end of the Earth as we know it? What is the end?

I understand your question, my dear friend. You will never know the end of evolvement. (Okay) We are speaking deep matters here, and something that I would not discuss, because you would not understand. What happens when you come here, you come to learn, yes? (Agreed) Some people do learn, some do not and return to Spirit, shall we say, 'empty handed'. When you speak of returning, that decision is made by the Soul itself, it is never pressurized into doing what it does not want to do, because when first you come back *Home*, and I call it 'Home' because that is your *true spiritual Home*; when you come *Home*, that choice belongs to you. But what seems appropriate to me is that first the Soul or the Spirit has to find themselves, before any major consideration of returning to Earth is made. It is not automatic, and you can remain in any stage of evolution, and it is slightly different from the evolution of the worlds and the stars and the planets, it is not the same thing, it is a growth of Spirit.

Ben: But normally, with a development or a growth, there's always an 'end goal' or an achievement, isn't there—we're used to passing exams...

There is a moving on, yes, it is a moving on from one level of, we call it 'Spirit' only for the use and understanding of the word. But yes, if you have felt that you've attained the level that you wanted to on Earth, then of course you can move forward; if you move forward you do not come back. (Okay) You seem confused.

Ben: I think you were right when you said that I wouldn't necessarily understand in my human mind.

No—let us go to the beginning, when you have lived a life on Earth, and if I speak of the people within this room now, you have all lived in a past time, not once but *many* times. So, people want to know how long do you have to do this, before you can move on. That is entirely up to the *Soul*. You may stay on one level—let us assume that you have just passed—you would wish to stay behind to greet others, would you not, if you are a group Soul? (*Agreed*) Whether it be children or family, whoever you've had connection to. So that decision belongs to the Spirit or the Soul. But when you reach the point where there is no need or you cannot learn any more from that experience, you can move on—I mean move *forward*; and then you become lighter as a being—you become lighter and lighter and eventually, you will be united into that *Group Soul*, in the same way that animals do, but very much sooner than you would do.

Ben: So, will there ever be a time when everybody's reached that point?

Not altogether, no; there may be the destruction or the withering of the planet Earth, but that does not stop us being '*at Home*'.

Ben: Okay, thank you.

Does that help you?

Ben: I think it does, yes, thank you.

If you are not sure, please speak now and I will try to clarify it for you.

Ben: I think the struggle for me is just to accept the infinite of everything really.

Yes, I believe if you spoke to each one here individually, they would not be able to explain *eternity*. It's a complicated thing to understand.

Serena: If we take '*time*' out of it and just look at things that we do as experiences, (**Yes**) it's our choice to just keep experiencing, but not necessarily thinking I will grow if I do that; it might just be, '*Oh, I wonder what it would be like if...*'

Yes, but you have to have reached a point, a degree of Love within yourself, to become that lighter being and to move forward. You may not necessarily see it as you say, as an '*opportunity*' shall I say, it will happen naturally.

Ben: So, can some Soul's then take a step backwards as well, because we've spoken about

Hitler before in the past, and that he still is in a self-imposed darkness, because of what he did? **Yes, and he is the one who remains in that state until he is ready to recognise what has happened in the life that he has led.**

Ben: So, when you talk about getting *lighter*, is it possible to get *heavier*, or *darker*?

No, you would not get darker once you are in the Spirit realm; but what happens in the Spirit realm, if you have committed, shall we call them '*crimes*', for your understanding, if he had committed so many crimes, he could not become worse, and he has to recognise then what he has done and how many people have been affected by him. When he is ready for that there are beings ready to help him, but *he* has to take that first step. So, what people on Earth call '*hell*', is in fact the *hell* of their own thinking.

Ben: Somebody suggested to me once that he may have chosen in Spirit, the role of Hitler on Earth, to create opportunities for other forms of growth for other Spirits in their experiences on Earth. So, for example, he would have created an opportunity for people to have been persecuted and to experience what that's like as part of *their* growth...

That would never happen. (No, okay.) I will tell you now, that way of thinking would never happen in Spirit. He would remain in his own darkness, until he was ready to be forgiven by all of those who have been harmed. You have to be careful when you speak about what people do for their own benefit, or for the other's benefit; when you come to Spirit, *you* are responsible for *yourself*, in the same way as you are responsible here on Earth. You cannot change that; and not everyone was born to come and be '*evil*'; and let me tell you, I don't like the word '*evil*', but for the understanding of human beings, that is the best word to use. We know and understand in higher realms, that you have to understand *yourself* very well first, before you can become the person that you should be.

Sarah: You have said to us in the past about people who do '*bad*' things, or what we consider to be bad things here on Earth, as being misguided, (**Yes**) maybe that's how they have become the way they are, these, as you say, '*evil*' people, they're just misguided, they've gone down the wrong path and listened to the wrong people.

Yes, of course, that is what happens quite a lot in your world, that people...you all have choices, you all have your own thinking, your freewill; it is up to you whether you take the pathway for good or the pathway for not-so-good. No-one forces you and whilst you are living as a human being, that is your responsibility. But certainly there is a period of time, when you first return home to Spirit, where you can see what has happened in your lifetime, almost like people have described it, like watching a film—you will find everything and you will know instantly whether that was good or bad move. You cannot deny when you are in Spirit, what has happened in your life.

Now, has that helped you? The only other thing I will say to the gentleman please, when you are speaking of Hitler, was that he would be in a place with like-minded people, so there would be no reason for him to try to encourage them otherwise, because they are all in the same darkness with their thoughts.

Ben: So, where he is *now*, they are together? You will all...this applies to each and every one of you, you will be drawn to where you belong, with like-minded people, with those Spirits or Angels, or whatever, whatever help is needed, that is where you will be. And yes, that is where the word 'hell' has come from, it is not 'hell' as it has been described, but it is an understanding of dark thoughts. And they would not be allowed to be in contact with say someone who has led an ordinary life or a *good* life, shall we say.

Ben: So, if there's a concentration of darkness when they're all together, how do they get out of that, because is there any influence on them to consider what they've done?

They are influenced all the time, there are 'Angels' I call them, Angels in that world who are trying to help them all the time. The offer is there for them to change, but again it is their freewill, whether they accept or not. Once they have accepted what they have done, they then move forward into, you have heard it so often, *'move into the light'*. That is virtually what it is, it is moving on from *'not so good'* to *'better'*; there are stages of understanding. Does that help you?

Ben: Mm, thank you.

Paul: That's one of the big differences I suppose between Spirit realm and the Earth, where we come up against a real mixture of people,

whereas in Spirit like-attracts-like, sort of thing—people of similar minds.

Yes, it could not be any other way, it has to be, and let me say when we have been speaking of evil thoughts and all of that, most people who return *home to Spirit* are good and decent people, but as you know in your world now, there are always those who wish to do harm to others, and we know from teachings of teachers, that you do not harm one person ever, it is not acceptable.

Mark: Because the problem we have here is, when we put the sort of *'naughty, bad people'* all together in prison, we don't really give them much opportunity to grow in there, I don't think we do enough to help them (**Yes**) to change, to influence them for good really.

Yes, but as long there are people who are trying to influence, that again is up to the individual person, whether they accept it or not. You can try to help someone, but if they are not ready for that knowledge there is nothing you can do, but you have done your best to try to help them with good thoughts. Do you understand? (Yes.) It's not an easy subject and people always think why this or why that.

Di: It's not easy to send loving thoughts to those people who do all these bad things.

Yes, we understand this too, because you are human, but that is why I've said to you, you must love yourselves first, and when you love yourself you have no thoughts of—what is the word I'm looking for, you do not wish to be doing anything that is not right.

Di: That's right, so you don't want to think bad things about the bad people, you want to send good thoughts to them as well.

Yes, but we understand, we understand in Spirit that all of these things are not easy.

Sabine: How does it happen when somebody's sort of having bad thoughts or thoughts about something they do not really want to happen, like an accident or something like that, and by thinking it so much, they're actually creating the action; so somebody is going to take the action in order to hurt them; (**Yes**) but then that person probably wouldn't have done it if it wasn't 'called', or I'm not quite sure how that works out? **But that is, again I repeat myself when I say, it is up to the individual with the separate thoughts to understand himself.**

Sabine: Yeah, the one that ‘called it’, has to change his/her thought patterns. **(Yes)** But then the one that created the action, in order to go in harmony with what was being put there, the negative activity—for example, somebody is afraid of having an accident and then being so afraid of it actually had created one and somebody crashed into them...

Yes, there always will be these problems on the Earth, because again, we get to some deep, deep studies, when we are thinking about what people are thinking and what they are doing. As it stands, I feel that everyone should be responsible for their own thoughts, whether they are the right or wronged ones, they are still responsible for whatever is happening in their lives. You *can* create, and I have said it many times, your thoughts can create itself and cause things to happen, but that makes *you* responsible for the action.

Sabine: Right, even for the other one that didn’t mean to **(Yes)** but happened to be there.

Yes, it is a complicated subject and perhaps one we can talk about another time, but I feel for this time we have spoken enough.

Sara: These incidents do create learning, don’t they? On different levels in different ways, people think about what’s happened and then sometimes ask questions on a deeper level about why it happened; so, I can see it all creates learning, doesn’t it, **(Yes)** all of our incidents that we have.

It’s very difficult for the human mind, the brain, to understand some of the things we are saying to you, but what I wish to leave you with, my dear friends, is *start to become more aware of yourselves, what you are as a human being and what you are as a spiritual being, and only when the 2 are aligned, will there be peace and harmony with you.* That is the basis of living, that is where you learn your lessons, when your knowledge of yourself is so deep and so good. I hope you understood my words, because I know it is difficult to take in at times and makes you wonder, but in that wonderment, you will find the Truth and that is what I’ve always wished and try to do with you.

General thanks

Sara: Thank you so much, it was really very, very interesting.

Graham: Lots to think about.

Paul: More food for thought.

Sabine: Rereading, relistening and let it all sink in. **You can only do your best; if you feel an action is done with a good heart, then it cannot be far away from the truth. So, as I take my leave, I am so pleased to have joined with you again, my dear friends and until we meet next time, I leave you all cloaked in my Love and understanding of Truth and I hope that you leave this place this evening feeling a little more uplifted.**

Love and thanks

Notes:

Book about sleep referred to by Mark: ‘*Why We Sleep: Unlocking the Power of Sleep and Dreams*’ by Matthew Walker. The book explores sleep, explaining how we can harness its transformative power. Margaret Thatcher famously got by on 4 hours sleep, but this book suggests that this is unhealthy in many ways.

Sara’s question on the Rainbow body: This Tibetan technique connects with a question George asked on 29/01/1996:

George: It has been documented in Sanskrit writings, that certain Holy men are sufficiently in tune with their spirit-selves, to know their time of departure from this life, and can actually use spontaneous combustion, through a method of contemplating the solar plexus and they will use it as a method of disposing of their body at the appropriate time of death. I’m not sure if this is a particularly useful thing to do, would you have any comment on that for us and could you say if those writings are correct?

Yes, my friend I will speak. I did tell you when we spoke upon this matter, that this combustion, this name you have given to this burning, this action is not understood by those of you on this Earth plane as yet. I told you then and I will tell you now, that it is only a change of energies within the body, which makes this happen. When you speak of these men, who I must say have gained such insight and knowledge about themselves, then they would be capable of changing energy patterns within their own bodies. We have spoken briefly I believe, about how these people can leave their physical bodies behind, have we not?

Les: We have indeed.

We have spoken about many things. I have to say to you, I do not think that to leave the physical body in this matter, in this *manner*, is very good or wise. I do understand the reason *why* they do it—they think they are sacrificing themselves, that they can leave the physical being more quickly and more neatly, by reducing it to ash, because you see, in ash they see purity. You understand?

Les: Yes, the purification of the fire.

Yes, yes, but I would not totally agree with them, but I do understand why. Providing they do not hurt others with their ideas, then it cannot be wrong for them.

Levels in Spirit realm: Salumet has spoken about this previously: 19/02/2001

You know that when you leave these physical bodies, when you come to our side of life, you will gravitate to that plane of existence which is suited to you spiritually. It will belong to the vibration from which you come that you will go to it.

22/01/2007:

...when you come to our world, you will automatically gravitate to how you have lived your lives and what you bring with you. And, much as I dislike saying it to you, there are many who come to our world bathed in darkness. Until such time as they recognize within that they no longer wish to be that way, only then can the Love which we give to them in our world be felt...

Salumet has also explained previously that there is no 'Hell': 15/07/2013

I am here to tell him: there is no such thing as 'hell', in the sense that he recognises it. No one person remains separated from the Love of that Great Spirit for all time. Everyone who passes into Spirit is cared for and loved—even those who have wronged themselves in any lifetime, are *never* forgotten...No one punishes you except yourself.

The following new website links may also be of interest:

Lost Souls: <https://www.salumet.org/44-lost-souls>

Rescues and Soul retrieval:

<https://www.salumet.org/67-rescues-and-soul-retrieval>

And for more on Hitler, see: Famous historic people:

<https://www.salumet.org/22-famous-people-alive-and-historic>

Healing – dis-ease: <https://www.salumet.org/32-healing>

Evolution of the Earth and universe:

<https://www.salumet.org/20-evolution-of-the-earth-and-unive>