

## **SALUMET – 13th January 2020**

We began as usual with healing prayers, before Salumet joined us for the first time this year—  
*audio link:*

[http://www.salumetandfriends.org/app/download/10529439/2020\\_01\\_13+Salumet1.mp3](http://www.salumetandfriends.org/app/download/10529439/2020_01_13+Salumet1.mp3)

Graham: Good evening Salumet and welcome.

**Good evening.**

All: Good evening.

Paul: Great to have you back.

**I am always happy to join with you beacons of Light. The light that you give grows brighter each time I come, and for that, you know we are always grateful. Times in your world seem hard to most of you at this moment in time, but what I want you to recognise is that this Earth is growing in many ways. You speak of fires and other disasters; to you they are my dear friends, but try to see it from the fuller picture. There have always been since the Earth began, what you call, ‘many disasters’ and all quite natural for the world that you live in. What you must do is to continue what you are already doing, thoughts to those who can help you, thoughts to the Angels who do such great work and will come to your aid at any given time.**

**I will speak with you, but first, I would like to welcome the new face within this group.**

Eve: Thank you.

**It is always nice and good to know that people are constantly looking for the truth, and all of you my dear friends, are able to take that truth and to pass it to others when you can—therefore I thank you once more. Now if you have any questions for me this time, please do so.**

Paul: I’ve got a few, but if anyone else has any, (*Pause*) if not I can start. One reader mentioned they’ve read on the internet, they think it is the energy you mentioned previously: A company called IBM has discovered a way to make a new battery from seawater that seems to be far better than the lithium batteries that exist; we were wondering if this is the one that you talked about, or is this a different one?

**I will tell you that this instrument I am using was having a conversation with the gentleman across the room about energy and such in the seas, but I would like to say, any new interest in the seas can only be good. I have said that much energy can be taken, it is one of the elements in your world which can be used and used for progression in the world of energies. So, my**

**question, or answer I mean to you, is that yes, all of these things are possible; but like many things, it takes mankind a little while to put all of the facts together and to begin to use what is appropriate for the time.**

Paul: Good, so perhaps it’s all connected anyway. **Yes, there is much to be discovered,** (There is more to come) **more to come, yes.**

Paul: Well, that’s very exciting and this is a good start anyway.

**It is one of the positive aspects of your lives that you can begin to focus upon. I know at this time many people are concerned about the happenings in your world, but I say to you positively, my dear friends, do not be afraid, look upon it as new beginnings all around the world, even although there are so many what you call ‘atrocities’.**

Paul: Yes, we know I think you’ve said these things are transient.

**Yes, you must send Love to all, you must send your Love to all things upon the planet; it is not the only planet which is going through some trauma, but you must always be *hopeful*, you must always be *positive*, because if only you could see the brightness of your spiritual lights, I have said this on many occasions, but I feel I need to reiterate it, you must always *think brightly* with good thoughts and *know*, not just hope, KNOW that all can be well.**

Paul: And it certainly does seem to bring out a lot of goodness, a lot of giving in humanity.

**That is the positive outcome of all of these troubles, that if you are positive, then, *all* things become positive.**

Paul: And perhaps there’s some learning about how we interact with nature in the future, how we live more harmoniously.

**Mankind will always find it difficult, because he wants to dominate nature; nature is a strength on its own, it includes all the animals and the people upon the planet, not only the few who wish it to be better, you understand? (*Agreed*)**

Paul: Yes, we’ve got a long way to go.

**Yes, I have never promised you that it would be ‘okay’, that is your word, straight-away, that is not the case, it takes time, it takes dedication of every spiritual being to get things working in full harmony.**

Paul: Yes, at some point anyway, we’ve got potential to live with much cleaner energy, much cleaner fuels...

**Yes, and I hope you have understood when I have told you that many children coming will bring that new Love, that new energy, and I believe that already that has started.**

Paul: Right, I was thinking it's about around the time, 4 years we've talked about (**yes**) that some—1 or 2 may already be born.

**Yes, yes you will always have different age groups, but I speak of children on the whole, and tell you that their loving energy can bring many changes.**

Paul: I think already we've seen a few examples, (**Yes**) There's a young Swedish girl (*Greta Thunberg*) who's making quite powerful passionate speeches about the environment and the planet, maybe she's a little bit young, but... **That young lady is a very special Spirit I can tell you. Her spiritual energy really does not belong on the Earth.**

All: Wonderful!

**But she is here to help to uphold, to uplift and to be of example to others.**

Paul: Right, I'm sure she's already had a huge impact and if others like her can...

**And do you not ask the question, if she is able to do it as a young human being, now, why cannot there be many more?**

Paul: There's definitely a powerful ripple around that one, I think.

**The Love that emanates from that young woman is boosted often by those who come from Spirit; she is almost like, how you would say, 'a battery being charged' and then gives off the energy which that has.**

Sara: And she must be very well protected I would imagine.

**She is a special human being, but we need to have some who you would call 'Leaders'.**

Paul: Right, and they're the ones that are just about being born, some of them now?

**Yes, there will be a different aspect of living when these children come to Earth.**

Sarah: She talks a lot about climate change, and you did say to us we needn't worry about it, it was a natural thing, (**Yes**) but if you take for example Australia, I think it's probably coming round a little bit now, to all the coal industry, so that is effecting the climate, is it not, using coal? **There has always been matters of Cause and Effect within your world, remember that first and foremost. These things are not new, there**

**have always been what you term 'disasters', what we in the Spirit world, would call 'change'. We do not look upon these things as disasters, because always there comes good from these occasions—*always*; mankind suddenly stops and wonders what is happening. Of course, the climate changes, I have never denied that, but you mustn't blame everything in one direction, you must look always to the larger...**

Sarah: So, the climate change is partly human activity, but also natural?

**Yes, yes, there is always balance in your world, or that is what you should strive for, and of course we must say mankind has not always been wise in the choice that they have chosen, therefore that is why you have droughts and fires and all of these things, but always keep an open mind my dear friends, always be assured that Spirit is constantly working for and with you.**

Paul: Yeah, I think it's sort of irrefutable that humans have had *some* effect, (**Yes**) even visiting cities, they're a few degrees warmer, the polluted cities are often, because of the haze of pollution around them.

**Yes, but try not to judge, my dear friends, because you do not have the full picture, therefore, when you condemn something you bring to it that negative aspect, yes.**

Mark: So, it's perhaps better to be positive about the initiatives that are being taken, (**yes**) like try to encourage public transport usage, and countries that are trying to tackle the problem in a proactive way.

**Yes, you will always have people come together to try to make things better—that is the positive aspects of all of this. And I know when you are living in this world, on this Earth, that it is not always easy. But if your mind, and when I speak of your *Mind* I speak of Spirit, when the MIND is in the right place then all else will follow. You understand?**

Agreed

Sara: So, we give credence to the good positive changes?

**Yes, which have been brought around by the 'tragedies', as you call it.**

Sara: And I find that I don't particularly want to tune into too many atrocities, but what I like to do is send Love to the planet or to leaders, (**yes**) ask for guidance, you know, for them, because I don't

consider myself a politician, and I wouldn't want to be, but I do try to just keep myself buoyed up with the work that I want to do and I just pray or ask for help. **(That's all you can do.)** Yes, because it depresses otherwise, if you tune in...

**Yes, if you focus for too long on negativity then that's what will transmute, yes you are doing the right thing my dear friends, by being positive, by asking for help from Spirit—we already are always helping, always have and always will, if not on this planet, then somewhere else, but that is a much, much bigger picture which I don't feel you are ready for.**

Paul: And you've said about 'People Power' in the past, **(Yes)** some of these what we call 'tragedies', bring people together, and that's the next step is it, come together so that we all become a part of the solution?

**Yes, without that tragedy you do not get the build-up of the positive, which is the people who change things, the politicians, as the lady says, but the ordinary human being has as much power as governments, if they so desire, just by using their MIND.**

Paul: Wow, that's a huge thought.

**Yes, I always seem to be asking you to think about something, but I would be worried if I had to come to you and say there is nothing to do.**

*(Chuckles)*

**I can tell you now, that won't happen.**

Graham: One of the changes that's occurring on our world at the moment, which is being observed in countries like Japan and Germany and possibly even in this country, is that the population is now beginning to go down; **(Yes)** and you did say a few years ago that in the next 1000 years there would be tremendous changes for the good **(Yes)** and I just wondered if depopulation, as there are probably so many of us on the planet at the moment, it is a little bit of a stress on the planet—I wonder if this is something that will progress into the future?

**If it is necessary for the betterment of the human race, then of course it will occur and I can say to you, yes, populations will, because the places upon your Earth who are, 'overrun' is the wrong word, and I am struggling to find your word...**

Di: Full up?

Paul: Bulging?

Sarah: Overpopulated?

**Yes well, I'll let you choose the word—all the people and the problems have come about by 'overbreeding', is that the word? (Agreed) So yes, it has been a result of people starving, no water, all of these 'atrocities', as you call them.**

Sarah: And war as well, that often decreases the population.

**Yes, you have famines, you have disease, you have death, all of these things work to keep population down.**

Graham: But it seems that if our population does just go down naturally, as in what we call, perhaps rather unfairly, third world countries, it seems that children are almost an asset, that there are many children that can work and support the family unit, whereas in the so-called first world countries, it's not necessary to have so many children and it seems into the future, a gentle process of depopulation, which will help the world enormously I think in the future.

**It will come to all peoples, people develop and grow at their own pace and yes, the small children in these countries do seem to 'suffer', although I do not like to use that word, they are growing spiritually, do you understand?**

*(Affirmed)* **This is always a difficult topic, when people are 'dying', as you say, that things are 'wrong' somewhere. You must allow for some evolution of the planet to be natural, but it is always difficult when children are involved. I find that most human beings become rather 'depleted in their senses', shall I say, when it involves small children. Small children ARE SPIRIT, remember that—they are Spirit and they have a knowledge, perhaps forgotten by some, but most children still have some memory of coming from Spirit. So, remember those words when next you feel so sad about those children.**

Di: I think it's very helpful that we know that those children chose those lives themselves as well, **(Yes)** for that experience; I think that's very helpful to not get so overly emotionally involved.

**Yes well, the human being is built with emotions, not always good, but those same emotions help them to help others. (Yes) Yes, now...**

Sarah: But when there's natural disaster, that's one thing, but quite a lot of the starvation in the world is caused by governments being greedy and having stuff for themselves and not passing it on to the people in their countries.

**Yes, no matter the causes, you must know that the truth is *Cause and Effect*, in many places; and I know you all understand what I am saying. Cause and Effect will always exist while there are imbalances. So, you must remember that also, yes.**

Paul: And sometimes it goes back generations, (Yes) or to other incarnations...

**It may be a country, it may be an individual, but Cause and Effect always has to be answered for. Now...**

Paul: Have you got time for one more question? **I will take one more, thank you.**

Paul: I apologise if it's already been asked once before, but some people say sleeping in different directions at night, some people say head in the south is best. I don't know if you're able to say if it's important, which direction we sleep at night?

**I have spoken and understood all of these things. I would say yes, it is all to do with energy lines and how acquainted you are with them of course. But what is more important is that each individual—let's take sleeping, sleeps in the way that is best for them. So, I would not be too concerned that you are not sleeping in the right direction; the fact that you can sleep and return to Spirit is much more important. (Okay) But yes, I understand your question and I know some people are very passionate about these things, but don't be concerned, because your Spirit, which after all is what the human being houses, will always find enough sleep to continue.**

Paul: We do move a lot in our sleep anyway, (yes) so I guess we'd wriggle into a better...

**You go to the position that is best for yourselves, yes.**

Paul: That clarifies—so we probably don't need to move our bed—that's good.

**If it makes you feel that is the correct thing, then there is no harm, but all I say is that the Spirit will rest wherever. (Thank you)**

Graham: Is there any advantage in sleeping in a pyramid?

**Yes, again, we've spoken of this on a few occasions and it is all to do with energy that forms within these shapes. (Okay, thank you) Now, if you are happy, I have enjoyed my time with you. (Enthusiastic agreement + thanks) I hope I have clarified some points for you. (Agreed)**

Paul: Definitely, it's always something to treasure when you come.

Mark: You're a great teacher—we're very lucky to have you, thank you.

Sabine: Very grateful.

Graham: We always feel very reassured.

**I am very happy that you have all grown so much. As I say, you do not see each other's light, and it does shine brightly. Continue your good works, that is all I have to say to you. Remember that I am always with you at all times, I always will try to help and encourage you. So, until we meet once more, I will take my leave.**

*(Love and thanks)*

*When Eileen returned, she shared some clairvoyance for Sarah, mentioning a problem behind her knee. She also mentioned an ornamental plate and that it was her late mother who was enquiring. Sarah replied that this particular plate had been auctioned before she left England, along with numerous things that there simply wasn't space for anymore. Eileen saw that her mother was smiling and clearly forgave her for selling the plate. (Eileen joked after that she probably had another version of it in Spirit realm anyway...) Sarah added that she had 3 photos of her mother with her still and had also put up some little angel decorations of her mother's, during the festive time. Eileen clearly saw that her dear mother was really touched by this.*

Notes:

1. New energy from the seas:

*Salumet has said that a new energy will be discovered from our oceans and stated last year (10/06/2020) that this will become public knowledge in 2020. One of our readers (Thanks to David in Tasmania!) sent these links and Salumet was asked about them this evening. It seems this may be connected, Salumet indicates still more to come, so definitely we seem to be on the cusp of some wonderful new discoveries:*

<https://www.ibm.com/blogs/research/2019/12/heavy-metal-free-battery/> (All from seawater)

*Here's a 3 minute U-tube Video on it:*

<https://www.youtube.com/watch?v=UEQuAF6FUW0>

2. Planetary 'disasters': *Salumet has spoken much on this topic previously: 19/05/2008: Again, we hear your healing thoughts, we hear you talk of the many disasters in your world. I would like to remind you my dear friends, not always to dwell upon those happenings in your world that create so much disturbance. I would wish you daily to remind yourselves of the beauty and the love which*

surrounds you all. Even in your darkest moments, seek out the beauty and the light of earthly life. Each one of you, my dear friends, is blessed in this way. That is not to say your lives at times can seem harsh and cruel, but it is your individual responsibility to maintain that aura of light, that Love which is round and about you at all times. Seek always the beauty of life.

*(Further transcripts on this include: 1/08/1994, 18/11/1996, 12/12/2005, 11/05/2015)*

**3. Special children to come:** *These were first mentioned on 17/10/2016, but Salumet has always urged us to listen to and give as much Love and Truth to children as we can. Salumet refers to Greta Thunberg, saying: That young lady is a very special Spirit I can tell you. Her spiritual energy really does not belong on the Earth.*

<https://www.youtube.com/watch?v=0ZsHtpk0XII>

**Cause and Effect:** *Salumet has spoken about Cause and Effect many times, which is also known as Karma: Yes, 'Cause and Effect,' that is karma and what should happen is that when you return to Spirit, that karmic debt should be cleared, but sometimes it is brought back with people into another lifetime, because they do not allow it to be made free. (21/09/2009)*

*Much more on Karma was said on 8/09/2003. These may also be of interest: 27/05/2002 – National Karma, 16/11/2009 – more on past lives and karma, 19/09/1994, 1/10/2001, 17/12/2001, 27/01/2003, 22/08/2004, 21/08/2006...*