

## **SALUMET – 18th November 2019**

We began as usual with healing prayers, before the conglomerate being, who we call Salumet, spoke—  
audio link:

[http://www.salumetandfriends.org/app/download/10418183/2019\\_11\\_18+Salumet1.mp3](http://www.salumetandfriends.org/app/download/10418183/2019_11_18+Salumet1.mp3)

Graham: Good evening Salumet—welcome

**Good evening.**

All: Good evening.

**As always, it is good to join with you all again my dear friends.**

Di: Thank you, it's good to have you back again.

*Agreed*

**This will be my last connection to you until your new year. (*Agreed*) I hope you understand why it is necessary to pull away just a little; I want you, my dear friends, to realise and understand the growth that has taken place within yourselves. It is good that you spread the truth of Spirit, and for this, we are always grateful to you, because without your help, it would not be possible for us to deal with so many things. I hope that this past year has brought to you a greater understanding of yourselves, that you now know and understand what you are becoming; when I say 'closer to Spirit', I don't mean it in the way that you would, you're not coming here. (*Giggles*) But by being closer you are recognising your true self. That is why we've had on many occasions, instances of recognising your own abilities; I hope my dear friends that you have felt this also, for I can assure you, our view of you all, no matter the number, we are so pleased with what you have achieved.**

Paul: It feels like everything's falling into place.

Graham seems to be reorganizing all the words to hopefully reach *more* people. I think we all feel the growth, I'm sure we all feel the growth inside us. (*Agreed*) We just want to put it out there as much as we can as well—inside and outside.

**Yes, there is a lot of information in your world, but of course with Earth and the inhabitants of Earth, having such strong freewill, they do not always make it easy for themselves. So, I would wish you to completely understand that as part of this Earth planet, how great the work is that you have done and are still doing.**

Paul: I suppose, we can't know where it all ripples out to, (**No**) but all I know is it's a very pure 'loving ripple', a pure concentration of Truth.

**Yes, and of course, it is the responsibility of each one of you to *maintain the knowledge* and to live life by those words of truth.**

Sara: That's the greater work, really.

**Yes, you have to expand, you have to allow the energy that you have become, to expand and grow, to change and allow *all* to know that this is happening.**

Paul: Yes, we need to like, 'embody' the *teachings*, in our daily lives I suppose—embody our spiritual essence.

Sara: I think it helps others to be more convinced if we are living the teachings.

**Yes, you are examples to others, that is the purpose of these groups, as well as what we began with was rescue work, and that is good that this should be done, but also, as important, is that you, as a group and individually also, allow yourselves to transmute from human beings, into the precious Spirit that you are. I cannot say enough, or thank you enough on behalf of Spirit, because you already know that you have been part of something of good. Would you wish to ask of me any questions that you have this time?**

Graham: I was wondering if I could ask a question about leadership (**Yes**) in our world. As I understand, when I've read books and so on, that when people become more evolved spiritually, through their many lifetimes, eventually they get to the stage where they leave materialism behind, the seeking of power behind, all these things are no longer of any interest as they shed these layers; (**Yes**) but, I can see a bit of a problem with that in the sense that our planet needs people who are spiritually evolved to lead, but those people that do become leaders are probably not quite so evolved. **But how can you tell that?**

Graham: Well, we're not allowed to judge, I know. (**No**) But...

**But you cannot say whether another human being is more evolved than another. Not by knowing, not by seeing, but perhaps by expanding your own energy and knowledge, maybe just then you could make some reasoning of it; but you see, what I am saying to you, that you have to fully understand your *own selves* as Spirit and how much you, as individuals have grown. Do you understand?**

Graham: Yes, I think so, yes.

**I hope it helps.**

Sara: I suppose it may be true that some people may not *seek* power, but are given it, it may be offered to them—they're not consciously seeking it.

**Of course, that is the problem with *all* of life, that sometimes your freewill and perhaps the freewill of another person, could perhaps 'clash', I believe that would be a word you use; but the responsibly lies with *you* as an individual, it is then your responsibility to use your freewill for the good of**

others. Whether it is in a position of power or not, there are many types of human beings in this your world. It may be that the person who is not particularly liked by others, is a Spirit that would shine freely in another area of life. So, no, you cannot judge another, I still say to you that is not the way to go.

Graham: Yes, it's been a very difficult one for us to grasp, but I think we're getting there slowly. **I feel this is what is happening, that we have to take things more slowly and that you have to exude your lives in fact, not just yourself but life as a whole, you have to live it as you would if you were here in Spirit. Does that make sense to you?**

Paul: I think so, it *does*...

**You will never be angels—even when you come to Spirit, you will not change that much to begin with.**

Di: It's quite difficult Salumet when you're trying to help somebody and you give some advice and they see it as a judgment, I find that very difficult to put things to people and I'm honestly not judging, I'm just trying to help them to have a better way in life, but they take it as a criticism and think you're making judgments. If you've got any advice on that? **Yes, it is because they are not ready for that advice. (So, it's best to just to...) You can say what you feel of course, you must always have an open heart, but you cannot—in a way it is judging another, in saying they do not appreciate or understand your words. You understand?**

Di: Yeah, it's because you kind of see people heading for disaster and it's...

**Yes, but it may be part of their life plan, you cannot say, cause each of you have come to this planet to work, whether you recognise it or not, and as people, as a group of people, you are doing good, every week in this group, but more than that, every minute of your lives should be exuding goodness and Love and help where needed without criticism.**

Di: I guess it's best just to pray for people like that. **Yes, yeah not everyone is ready even yet for the truth; we still have quite a long way to go, although in your world, there is an expansion of knowledge and understanding of spiritual matters.**

Di: Thank you Salumet.

Graham: I actually feel that there is an acceleration, I don't know, but I think the world was stuck for a long, long time, but now, particularly now I feel as though people are talking in different ways, it almost seems to be accelerating.

**I will say to you my dear friend, look to the babies and the small children of your world at this time, and yes, acceleration is a word that is very useful to them, because they have come with a purpose.**

Paul: Yes, it was very exciting to hear about the children to come (**Yes**) as well as the ones that are already here.

**Yes, there's always been on the Earth planet people fighting against one another and the lack of understanding to another; there has always been those problems, but all we can do is to show by example what good people and good lives that you lead; I cannot put it to you any simpler than that.**

Paul: Leading by example is the best teacher of all probably than words...

**And we are always awaiting your prayers for others, because each time you send those thoughts out, that energy is transmuted for the good. You understand what I am saying? (Agreed) Good.**

Paul: Yes, we had the exercise you gave us, I think it was this year on being aware of the energy as we send out our prayers to others, (**Yes**) and I think it's good to continue with that—to *feel* that energy.

**Yes, it is up to each individual to find his or her own way through life. So many people call us and ask: 'What is life meant to be?' 'Why are we here?' Those are questions that they should be asking of themselves, because you *know* the answers; you do know why you have come, even if it is not obvious or available to you.**

Sabine: That's the thing, if it's not *available* to you, it makes you feel a bit stuck—*where is the information?* (**Yes**)

Sarah: We have a saying, "Life is what you make it", and I think that's true...

**It is a very good saying.**

Paul: I've been thinking a little bit about, it's a bit over 3 years now, since George passed to Spirit, and he never quite finished his last book on the ETHER. We feel it needs to be finished and published, but I'm not sure if any of us quite have that particular expertise that George had. It's just the conclusion that was left unfinished, I think sometimes he'd ask *you* for a final say, a final bit of input. I don't know if you'd be happy to perhaps help with the conclusion to the book, or maybe we can find a way of getting George to finish it from your side?

**I will see for you what he wishes to do; I cannot answer without first speaking with him. I would**

probably say that he would find it not so important now, because he has different knowledge; so it may be that he would not want it finished in any way, but I will find out for you and someone, even perhaps George, as you call him, will bring that information to you.

Paul: Thank you very much that would be wonderful—thank you.

**You have to remember of course that when you come to Spirit that all of the things that you think and worry about no longer matter; when you come to Spirit, they do not have the same importance as when you are on Earth.**

Paul: No, I can understand that...

**Yes, you understand, so whatever his answer, it will be what he wishes.**

Paul: Anyway, we are happy to finish it, *if* he wishes it published...

**I'm sure within a short time, he will probably come to you, come close and explain what he wants; if not, there will always be someone willing to speak for him.**

Graham: It's a good book, he put an awful lot of effort into it and he got so, so close, but he just wasn't well enough to finish it, so it would be nice to do something for him if we could.

**Yes, of course he was inspired a lot of the time, but I know that you all know that. (Agreed) But when you come to Spirit, all of your ways of thinking gradually change; but he has only been with us quite a short time in your timing. Again, you know that 'Time' is a little difficult to convey to anyone—it is not an easy topic.**

Paul: You just don't have time at all in Spirit, it seems. **(Yes)** A lot of people try to raise questions about that. People find it very hard, **(Yes)** the concept of no time.

**It is complex and I would say to you all that there comes a time of acceptance and tolerance and you just allow that type of knowledge to await you for when you are ready for it—you understand?**

Paul: Yes, I understand that. We can't possibly grasp everything with our human, **(No)** we have to accept that there are certain things that are a little bit beyond us at the moment, and 'Time' is one of them. Someone else was asking about freewill and I think you've answered this one before, but I couldn't find it in the transcripts, but this idea that because Time, Past, Present and Future are all One,

the past and the future...**(It's all connected...)** Yes, and that's why some Seers are able to see the future, because it's already happened. **(Yes)** But then some people say, so how does freewill work, if it's already happened, if my future has already happened, how can I, where's my freewill gone, to choose not to have that?

**Your freewill has already taken place. If they can see into the future, then they have exerted their freewill. You understand?**

Paul: Right! Yes!

**Their freewill has been used up, if I can put it that simply.**

Graham: Yes, that does make sense. *(Agreed)*

Paul: Yeah, that had confused me a bit, thank you! **So, do you understand what I am telling you now?**

Paul: I do—the penny's dropped, as they say!

Sarah: I remember you telling, Mark that he was going to have a boy and then he had a girl and there was something...maybe it was better for him to have a girl, I can't remember what it was.

Paul: Well, Salumet didn't say, it was another that 'saw' the boy, I think and the boy did come, of course, but they didn't see that there was a girl *prior* to the boy—I think it was something like that?

Sara: Probably just a timing issue. *(Agreed)*

**Yes, I understand what you are saying, but rarely, very rarely, the sex of a baby is noted; but because of freewill, even babies in the womb can change their minds. That is why you get this kind of mix up; I think that is the easy way to explain it.**

Sarah: Could that be also Salumet, there are some babies that are born neither male nor female, **(Yes...)** is that because they've changed their mind in the womb?

**It could be that one does and one doesn't, therefore there is confusion at the joining, the union; there can be more than one reason; but that is a timing issue. (Yes) Yes, but life for you human beings on Earth can be very complex and I know sometimes and I know of you in this room, who spend time thinking and wondering and still do not come up with an answer. (Chuckles) Yes, but I just ask that you all continue to think and work, to Love one another and even strangers in a kindly way; you will benefit from those thoughts, those deeds.**

**Now, have you any more questions before I leave you? (Pause) No? You know everything? (Chuckles)**

Paul: I've been pondering/brewing up a—I feel there might be a book inside me at some point; I've thought about all the wonderful messages we've had about dying and death and the Spirit realm. It's such a wonderful place and yet there's so much fear in the world about it. **(Yes)** I've thought about a book about dying, which isn't dying at all, it's going Home, of course. Do you think that could be something I should tackle?

**If you have the feeling and you feel inspired by someone to write, then of course I would encourage it. All I would say is that the more simple the explanation, the more readable it becomes. (Yes) For examples of people who have gone and perhaps even returned to give their Love and some messages; sometimes these books are more complicated and...but if you feel inspired, then I suggest you take that up.**

Paul: Mm, thank you that's good advice, yes.

**And obviously to ask if there is anyone there who wishes to help you with this project; you can never have too much knowledge.**

Paul: No, that's right, there's so much help available.

**Yes, there are many books, but fresh thinking always brings a little more.**

Paul: Yes, I think that's an area that could be—could be a fun book to tackle, in a different sort of light.

**Yes, and your own experiences are useful for other people, but you will always still have those people who are not ready to listen; it is something we try to help with all of the time.**

Di: I think it's better in that case, if we just pray and someone from Spirit maybe helps the people we're trying to help.

**Yes, you should be able to use your own decisions, whether that person is ready for the knowledge or not.**

Di: Thank you yes, that's really helpful.

**Now, as always, my dear friends, it gladdens us to see how much good work you do, and I know that sometimes it must *feel* as if you want a lot more information, but your world is complex and in the same way the human being is complex, and that's why your freewill is often questioned. Sometimes there is no *one* straight answer to your question. So, I say to you, look inwards, continue to meditate and I look forward, as always, to see you next time and see what has happened between**

**now and then. So, my dear friends, I leave you with all of my Love. (General thanks)**

Paul: And the best of our Love goes with you Salumet, back to *your* home.

**Yes. I will be happy to join with you after your winter celebrations. (More thanks + farewells)**

Notes:

Prayer exercise: Salumet gave an exercise on 25/03/2019 when he said: **Next time you wish to send thoughts for anyone, include yourselves in the reaction of the words.** *The following week we shared our thoughts about this exercise and it was generally felt that it helped us become more aware of the changes in the energy when sending healing prayers/thoughts. And this evening Salumet added: ...we are always awaiting your prayers for others, because each time you send those thoughts out, that energy is transmuted for the good. So, it would seem that healing prayers are an effective way to change/transmute energy. Perhaps the humble prayer is actually true and powerful alchemy/magic, transmuting negativity, not into gold, but into something much better: purer forms of Love.*

The children to come and those already here:

Children of Peace: 17/10/2016: **Throughout the world these children will appear. They will become known for their peace and their skills of being able to talk and calm. Let there be no mistake that this is a great gift from Spirit, but I wanted all of you, my dear friends, to know of this knowledge now... There will be in every country throughout your world one of these children...**  
21/01/2019: **You can start, my dear friends, if possible, to help the young people and the children of this earthly world, to try to inspire them to goodness and to thinking of others; to help them to understand the beauty that surrounds them and the people that surround them at all times. I have told you that the children who will be coming soon will bring a great change to your earthly world. There will be seen in these children a beauty and a strength not yet seen, and after all, they will be the ones to continue to help with the expansion of all knowledge. So, take note, my dear friends that you must take any opportunity to help young people, to listen to them, and to speak to them only the Truth of the Spirit. It is indeed a heavy burden for those of you who at times feel despair of your world, but again I say, do not despair, allow the Love that you feel at times when you are together, allow that strength and Love to support you and uplift you all of your lives. It may seem a simple task as I say, but indeed it is not, and we in Spirit, my dear friends, are giving you a challenge for this new year. I know that each and every one of you will uphold the knowledge that you have been given and I know that for each one of you, there are such great blessings ahead...**

