

## SALUMET GROUP EVENING

3rd June 2019

*After healing prayers, our good friend and gatekeeper Cho spoke—audio link:*

[http://www.salumetandfriends.org/app/download/10104336/2019\\_06\\_03+Cho.mp3](http://www.salumetandfriends.org/app/download/10104336/2019_06_03+Cho.mp3)

**Hello.**

All: Hello Cho.

Sabine: Good to have you tonight.

***I tell you that your teacher (Salumet) is coming next time.***

All: Great, thank you.

Paul: We are a bit low on numbers tonight.

***Well, it does not matter, but always nice.***

Sabine: I'm sure you have nice things for us tonight.

***You have nice things tonight, because, all of you are going to be used individually, (Right.) So no sleeping.***

*Chuckles*

Sabine: Not even for Ben?

***For nobody. Just relax and see what happens with each of you, and do please speak up when you have something, okay? And for a little while, I think the lady I speaking through will be used quietly. I don't hear any cheers.***

*Giggles*

Paul: Sounds good—so, similar to last week then, we'll...

***Yes, you can sit and not do anything, you have to work.***

*Agreed*

***You need to develop more as individuals as well as in one group. Yes.***

Paul: Yes, right, it is important to voice anything that comes.

***Yes, and if you have anything for another member, please say so.***

Paul: Right.

***So, I leave it in your hands, because our little lady is not here. (Lilian)***

Paul: Right yes, I'm sure you know she's got a little operation tomorrow, on a cataract.

***It's very kind you tell me, but I know.***

Paul: Yes, I thought you would.

Sabine: I'm sure you will be with her.

***Yes of course.***

Sabine: Thank you Cho.

***Do your very best this evening and I will sit quietly once I have left this lady, okay?***

*Agreed*

***Ciao.***

All: Ciao Cho.

***Before I leave completely, there is a name of Rosemary, Rosemary? One of you may connected to.***

Paul: Me and Sabine know a lady called Rosemary.

Sabine: We know 2 Rosemary's...

***Well that is very good, but you have to find out what it is all about.***

Sabine: Okay, thank you.

***Then one spoke through Sara, who has not had many speak through her before—audio link:***

[http://www.salumetandfriends.org/app/download/10104361/2019\\_06\\_03+Andrel+via+Sara.mp3](http://www.salumetandfriends.org/app/download/10104361/2019_06_03+Andrel+via+Sara.mp3)

***I wish to speak.***

Graham: You are very welcome.

***I am your friend.***

Graham: That's lovely to know.

***I wish to get used to this instrument.***

Paul: Right yes.

Graham: She'll be very pleased to get used, I know.

Paul: We can understand you pretty clearly, but it will get easier as you continue. Yeah.

***That is good.***

Paul: Can you tell us your name?

***My name is Andrel.***

Paul: Ah, thank you. You are welcome to our circle.

***Thank you.***

Graham: Is there anything you would like to share with us?

***I wish to speak about the colour of yellow.***

Graham: It's many people's favourite colour.

***It is an uplifting colour, it can help you to feel more cheerful.***

Graham: Yes, I can imagine that, it's such a bright colour.

***And, to find more joy.***

Paul: Is this something that you had a lot of knowledge of when you were on Earth Andrel?

***Not so much, but, I am more aware now.***

Paul: Was it one of your favourite colours?

***It was a colour I liked. But I come to tell you about it, because I see the benefit for you.***

Paul: So maybe we could wear a little bit more of this colour perhaps?

***It's good to include it; all colours have their strength and their use, but this helps with the feeling of light and it can also help with openness.***

***(Pause) I will take my leave now.***

Graham: Thank you for coming.

***Thank you for listening.***

Graham: You have done very well, you have come through very clearly.

***Thank you.***

Graham: Will you be visiting again? You're always welcome.

***I would like to.***

Graham: I'm sure your instrument will be very happy.

Paul: And next time it would probably be easier.

***Thank you.***

Paul: Thank you Andrel.

***It's my pleasure.***

Next, one spoke through Sarah, via the Skype link to Australia—audio link:

[http://www.salumetandfriends.org/app/download/10104363/2019\\_06\\_03+Guide+via+Sarah+-+yellow.mp3](http://www.salumetandfriends.org/app/download/10104363/2019_06_03+Guide+via+Sarah+-+yellow.mp3)

***Good evening.***

All: Good evening.

***I wish to just call in and let you all know that this colour yellow is one of the colours that combines you all. You know that you have a special bond.***

Paul: Yes.

***And the colour yellow is one of the prominent colours that link between you all.***

Sara: Interesting.

***It is one of those colours that can change from a bright light to quite a dark sombre yellow and this light is indicative of the mood between you all. On an occasion where you all beat together, this light is so bright that it would dazzle you if you could see it. There are times when sadness and other conflicts within yourselves appear, this is when the colour can descend to an almost brown colour. So I would say to you, if you are feeling in one of these moods, try and be aware of this bond between you all and the wonderful bright light that can shine and lift you from your present, shall I say 'unhappiness'.***

Paul: Almost like a sunshine bright light, I suppose.

***I would say it is more luminous than that; it is not a solid colour, it is quite opaque—not opaque, the word loses me—transparent.***

Graham: See through, yes.

***And the brighter the colour, the more transparent it becomes.***

Sabine: So what does this colour yellow mean for this link between all of us?

***It is a colour that can easily change, and the brightness of the yellow is something that is within your bond, it is a linking colour—a linking colour for you people.***

Graham: Yellow is similar, it merges into green and I've always thought of green as being the colour of love.

***I would not say that green is prominent in your case, it is just a pure yellow that can change that can from one to the other. I am not aware of green being love, but that does not mean to say that it is***

***not the case; I am just here to tell you of the yellow link that you have.***

Sara: Is it a link of the mind, so we're all connected by our searching minds?

***It is the bond that you have been told that links you. Your mind of course is part of Spirit, but this is the love-bond that connects you all, you all in this group and those who have been connected with you in past-lives.***

Sara: That's interesting.

***So now, I will take my leave and hope that you found this information useful.***

Agreed + thanks

***Notes:***

Colour: Salumet arranged for someone to speak about colour/auras (26/06/1995)—see link:

<http://www.salumetandfriends.org/app/download/5029552/26th%2BJune%2B1995.pdf>

Salumet spoke about colour in relation to thought energy (23/07/2001)—see link:

<http://www.salumetandfriends.org/app/download/5029859/23rd%2BJuly%2B2001.pdf>

Meditative journey focusing on colour, via Sara. (26/01/2009)—audio link:

[http://www.salumetandfriends.org/app/download/5030927/2009\\_01\\_25%2BSara%2Bjourney.mp3](http://www.salumetandfriends.org/app/download/5030927/2009_01_25%2BSara%2Bjourney.mp3)

Seeing colours: A guide via Sue gave a nice exercise re colour (10/06/1996) ...***If you can just appreciate one colour every day & concentrate on it, you will be amazed at how vibrant it would become. I suggest you attempt this exercise...***

In response to a question about silver/metallic colours, Salumet said: (06/11/2009) **Firstly, let me say to you that the colours in your world are influenced by the person seeing them. That is the first thing I wish to say. The more spiritual or sensitive you are, you will have different feeling or vibration for that colour. Silver is not too far from white, which is the purest energy you might have. Is there a reason for your question?**

Sara: My friend with whom I work, asked me today, because she's lately been very drawn to silver and metallic gold/metallic shades...

**Yes, metallic colour is nothing but fragments of light on a base of shade. I would say the silver colour, if it is of metallic influence, is one which is good and can be used for soothing the mind. The dull shade of silver is rather too close to the colour of grey, which is a non-colour. But, because she is experiencing the 'metallic', as you call it, I prefer to say that it is imbued with fragments of spiritual light. They are good colours to use...**